

keeping in touch with Doorstep

AUTUMN 2003

THE
IAIN RENNIE
HOSPICE
AT
HOME



Awarded for excellence

DEDICATE A TREE IN THE TRING MILLENNIUM WOODLAND



PLANS FOR THE PLANTING OF 1500 MORE TREES at the Millennium Woodland site at Duckmore Lane, Tring are well in hand. If you wish to dedicate one or more trees, please return the form we sent out with our Summer edition or ring us on 01442 890222 for a further copy. If you have access to the internet, don't forget that you can make a dedication on-line at www.irhh.org.

Everyone is invited to come along to help plant the saplings over two weekends in February 2004 the 7th/8th and 14th/15th between 10am and 4pm, so please make a note in your diary.

STOCK UP WITH WINE AND CHAMPAGNE!

WITH THE FESTIVE SEASON approaching, now is the time to place your order for wine and Champagne. BP has once again invited the IRHH to take part in the Beaujolais Champagne Challenge and supplies of an extended range of quality wines and champagne will be brought back as part of the annual Challenge sponsored by our friends at BP. The enclosed leaflet gives full details of how to order. You can order by the bottle and every bottle means a donation of at least £3.50 to the IRHH. You can also order on-line at www.irhh.org.



Try Before You Buy

We are holding a number of Wine Tasting events in September and October (details in What's On) or, if you prefer, why not hold a free Wine Tasting at your home or office? You provide the guests, we supply everything else. Call Robert Breakwell rbreakwell@irhh.org on 01442 890222 for details.

DAME JUDI DENCH AND GEOFFREY PALMER TO STAR IN "FOND AND FAMILIAR"

WE ARE THRILLED to announce that Dame Judi and our patron, Geoffrey Palmer, have kindly agreed to perform locally in aid of the Iain Rennie Hospice At Home and Abbeyfield Great Missenden & District Society. Plans are being made for a performance of "Fond & Familiar", a selection of readings arranged by John Moffat, on a Sunday evening next March. The venue and ticket details have yet to be confirmed but demand for tickets is likely to be very high, so we have opened a priority booking list for Iain Rennie supporters. By registering now, you will receive advance information about the performance and an opportunity to purchase tickets before they go on sale to the general public. To register, please contact Suzie Lalé slale@irhh.org on 01442 890222 as soon as possible.

Welcome to your Autumn Doorstep which is going out to 6,000 IRHH supporters! Inside this issue:

HAVE AN IAIN RENNIE CHRISTMAS! *We've got plenty of ideas to help make your Christmas go with a swing.* **PAGES 6 & 7**

FUNDRAISING HIGHLIGHTS. *We report on an action-packed summer and some stunning events.* **PAGES 5, 7, 8 & 9**

NEW SHOPS OPEN. *We report on the opening of 2 more IRHH shops.* **PAGE 6**

INFORMING DECISIONS. *Meet Mark Hughes, Chairman of IRHH's award-winning Community Consultation Group.* **PAGE 10**

WHAT'S ON? *Full details of Christmas events, Light Up A Life and lots more.* **PAGE 11**

GLORIOUS GOODWOOD

IRHH Hon. Treasurer, STEVE GRANGER, is coached round the historic race track at Goodwood by volunteer Mobile Information Unit driver, Chris de Lisle. Steve and Chris represented the IRHH at "A Good Cause At Goodwood", an annual charity event which supported us this year.



Part of my job is to ensure that all initiatives which will enhance our nursing service are examined. I am taking this opportunity, through Doorstep, to write about the crucial element that communication plays in our work and about one area of future development which will have a significant impact on us all.

I believe that the skills of our nurses are exceptional and we underpin these by offering continuous education and staff support schemes to develop them further. As the nurses work autonomously, good communication is crucial to the effective management of patient care. Many of you will know that our nurses meet weekly to plan and monitor the work that they do, but much of the updating of the information takes place over the telephone – hence our hefty telephone and mobile phone bills!

The NHS is currently developing a system to provide a centralised database for accessing patient information. Without going into too much detail, this advance will improve communication of all patient data between agencies. It will have an impact on organisations such as ours as we will be required to update our IT facilities to accommodate the change. The Cancer Networks are willing to fund some of the IT requirements and we will be seeking to augment this through sponsorship and gifts in kind. In reality this is an exciting opportunity for us to support our nurses by providing them

Iain Rennie's Director of Nursing, SUE VARVEL, writes:



with equipment which will not only improve patient care but also enable the nurses to maximise their use of time.

The improvements to patient care will be achieved by better access to patient records, access to pathology reports, X-ray and scan reports, an instant contribution to patient records by all medical professionals involved in patient care and an access to a range of NHS resources. The additional IT resources will benefit everyone working in and using the IRHH service.

We have carried out an extensive IT review over the past year to which nursing staff have contributed. The plan has identified the investment that we need to make and we have recently gone out to tender.

Website Links

One other communication initiative which is now complete is an updated

Links page on our website www.irhh.org. This is thanks to some very effective work carried out by a young volunteer, David Skepper, which will give visitors to our website direct access to lots of useful information about cancer and other illnesses, bereavement, support for carers, complementary therapies and much more.

Midsummer Magic

I wish to say how much I enjoyed "A Midsummer Night's Ball": a fairy tale event in the picturesque setting of Hall Barn in Beaconsfield.

Under the joint chairmanship of Nicky Pritchard and Steve Grudgings, working with the Beaconsfield Fundraising Group, the magical feel of a Midsummer Night's Dream was truly captured. For the IRHH this dream was further enhanced as the evening raised a spectacular £30,000! My grateful thanks go to everyone who helped to make a dream come true.

Thank You!

On behalf of everyone at Iain Rennie, I'd like to thank you for your interest and support. If you haven't already joined the growing number of people who donate to us regularly by standing order, why not complete the form below?

Sue Varvel

CUT ALONG THE DOTTED LINE AND RETURN TO IRHH, FREEPOST, 52A WESTERN ROAD, TRING, HERTS HP23 4BB

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Regular Donor Gift Aid Declaration and Standing Order Form

HELP US TO RECLAIM TAX PAID ON YOUR DONATIONS!

If you pay income or capital gains tax we can probably reclaim 28p for every £1 you donate. This substantially increases the value of your gift.

DONOR DETAILS

Title _____ Forename(s) _____ Surname _____

Address _____

Postcode _____ Telephone _____

I want the Iain Rennie Hospice At Home (IRHH) to treat all donations I make from the date of this declaration until I notify IRHH otherwise as Gift Aid donations. I am a taxpayer.

Signed _____

Date _____

STANDING ORDER

To: the Manager _____ Bank _____

Branch Address _____

Postcode _____

Please pay The Iain Rennie Hospice At Home £ _____ every year/month (delete as appropriate)

starting on _____ (date) to _____

Barclays Bank plc (Windsor Branch A/c No. 10523208 - Sort Code 20 97 09) PO Box 1368, Windsor, Berkshire SL4 1PG

Customer Name _____ Customer A/c No _____

Customer Address _____

Postcode _____ Signature _____ Date _____

Iain Rennie nurse, Liz Gresham, is a very happy woman once more. On 21st June this year she married again, having been a widow since 1998. Her new husband is Ronnie Lewin whose wife, Elaine, died tragically of cancer in the year 2000. Elaine was only nursed for a short time by the Iain Rennie Hospice At Home team, but they gave much needed help and support to Ronnie and Elaine throughout a heartbreaking time for the family. After his wife's death, Ronnie still found that he needed a lot of support, advice and comfort from the Iain Rennie nurses. They gave him this unstintingly. Liz Gresham was just one of this team of IRHH nurses that cared for Elaine and was well able to understand, both personally and professionally, how he felt. She herself was still getting over the sad loss of her own husband, Richard, in 1998.

It was in 1997 that Richard was diagnosed as having stomach cancer, "but," said Liz, "he wouldn't give in to it. He was desperate to live to see the first of our three daughters, Catherine, get married. He was mentally very strong and continued to go into the office, but in pushing his body to the limit, the cancer spread. Very soon his gut perforated and he died, very quickly, from septicaemia.

"So you see he was never really ill from the nursing point of view. He went to work every day and I did as well. Had he needed nursing, I would have probably asked my Iain Rennie colleagues to help us.

"As it happened, he just came home from work one day looking dreadfully ill and on the Tuesday before he died, he insisted that he went to say goodbye to his doctor at Mount Vernon Hospital. The next day, we managed to get to the hospital on our own. I was very touched, however, to discover later, that the Iain Rennie nurses had organised full transport to get us there and back, so that Richard and I would have their full support for the trip. Richard died that evening.

"Even though I was part of the Iain Rennie Hospice At Home service, so that they knew me well, their thoughtfulness in finding out what Richard and I really needed was very moving. It showed me that the Iain Rennie team try really hard to understand their patients' individual needs."

Liz worked for the Iain Rennie Hospice

HAPPINESS FOR THE SECOND TIME



LIZ GRESHAM tells Colleen Richardson how she coped with the death of her first husband while working as an Iain Rennie Nurse

At Home as a specialist nurse for fifteen years and has only left the team recently. When she has settled down in her new house and marriage, she told me that she might return. This time, however, it will be as a volunteer.

Liz did her training at Barts Hospital and later, when she and her husband moved away from London, she worked as a school nurse. Soon afterwards, her three daughters were born so she had ten years out of nursing, although, when the youngest went to school, Liz did some nursing in nursing homes and also for nursing agencies.

When Liz finally joined the Iain Rennie Hospice At Home she told me what she loved about the organisation most was the real, basic bedside nursing that was required. She felt that she had found a niche in nursing that she really liked.

"How did you feel, going back to nursing cancer patients, after Richard died?"

"Well everything in my life had changed after Richard's death," replied Liz. The one thing that was going to be the same was Iain Rennie. I felt a bit like a boat at sea without an anchor or rudder. Going back gave me a reason for getting out of

bed in the morning. I tried not to let people know of my own loss, but, because we lived locally in Beaconsfield, of course people did know about Richard. My fear was that patients would not be able to talk freely to me in case of upsetting me. But then I thought: I shouldn't be going back to work if I'm so fragile."

I asked Liz to tell me of some of her nursing experiences during her long service at the IRHH.

"Well," began Liz, "I've always thought that it was such a privilege to be allowed into people's own homes, especially at a time when they are probably at the lowest emotional point in their lives. Usually I felt very welcomed.

"I think one of the very important factors for us to remember, as nurses, is that when you go into people's homes, you should always be aware that you are a guest. One of the differences about looking after people in their own homes, as opposed to looking after them in a hospital, is that the control is with the patient and their families. This means that they can do whatever they want to do, whenever they want to do it. In my own case, with Richard, it was very good for all of us that he died in his own home."

"How do you think the Iain Rennie Hospice At Home is doing now? Has it changed since you began there?"

"Well, it has become a very much more professional and widely recognised organisation during the time I have been with them. Everyone is very well trained and highly qualified. I am sure it will go from strength to strength. I think the policy decision to appoint fundraisers has been a good one. Volunteers, by themselves, cannot raise the sort of money that the IRHH now requires."

Since the sad death of Richard, much has happened to Liz. Catherine has a two-year-old boy called Matthew, her second daughter, Nicola has married and her first baby, Ella, was born this May. Her third daughter, Sarah is now also married – a month after her mother married Ronnie Lewin.

Liz certainly deserves her new happiness, and I know she has a lot to look forward to, with her increasing family, her new husband and with her love and caring attitude towards people in general.

AUDIT UPDATE

Audit activity has included:

Interviews with selected patients from all four adult teams and families of the children for whom our paediatric team are helping to care.

Problems highlighted included:

- Difficulties patients encountered getting to hospital appointments
- Families' and patients' unmet needs with help with practical tasks around the home such as gardening, ironing, and the care of pets
- A lack of befrienders and social activities for adolescent patients



These issues will be used by IRHH to influence the future recruitment of volunteers, and shared with our colleagues

Our thanks go to all who participated in the interviews describing their experiences of all the services they have encountered during their illness. We are committed to sharing the results of these interviews with a wide cross section of our professional colleagues.

AN AUDIT OF THE FIRST ASSESSMENT VISIT TO A PATIENT

Problems highlighted included:

- Incomplete documentation in patient's notes
- A lack of available patient information packs at one of our offices

These findings have been widely distributed to all appropriate IRHH staff, and the audit will be repeated in 18 months.

Future work in 2003 will include

- Audit of bereavement support services
- Professional satisfaction survey
- Audit of the use of Graseby Syringe Drivers
- Audit of the management of Bowel problems
- Audit of received comments, compliments, and complaints
- Patient satisfaction survey

If you would like further details about any of our audit work, please check our website, www.irhh.org, or contact Sarah Wallington-Smith, Clinical Audit Facilitator, sarahw-s@irhh.org on 01442 890444.

MIU UPDATE:

Our Mobile Information Unit has been out and about throughout the summer months spreading the word about the IRHH and raising funds. Particular highlights were the Craft Fairs at Great Missenden and Tring Park and the Bucks County Show. Volunteer MIU Organiser, JOHN CLARK jclark@irhh.org, would love to hear from anyone who would like to join the team of volunteers who man the unit at events throughout the year. You can call him on 01442 890222.

IRHH Church Links

Could you help us by keeping your congregation up to date with news from the IRHH? We have a growing number of Church Links who put up posters, replenish leaflets and generally act as a point of contact for church members on behalf of the Hospice At Home. If you can help, please contact Rozina Ahmad rahmad@irhh.org on 01442 890222.

COMINGS&GOINGS

Welcome to: SALLY BIRCH, Shops Manager for Beaconsfield & Little Chalfont; JANET SWINBANK, Fundraising Secretary; MARGARET OTTAWAY, Specialist Support Nurse with the South Bucks Team; TARA WHITE, Healthcare Assistant with the Ridgeway Team; JUNE MCKENDRICK; TONI POWER, volunteer assistant manager at Hemel shops; DIANA ATKINSON and ALICIA ROGERS, joining the team of volunteer receptionists at Gillian King House; DAVID MATTINSON who has been co-opted to the IRHH Council of Management.

Other new volunteers who we would like to welcome are: CAROLINE SMITH, RENEE JONES, JACQUELINE KEITH, SUZANNE BUTTON, CATHERINE COLLIER, MADGE BENNETT, TINA AITKEN AND JANICE HAWKINS

Special thanks to: our new volunteers at the new shops in Little Chalfont and Beaconsfield. Both shops have benefited from help given by: DELIA and CHRIS BURLEY, BRIGITTE KEMP, JACKIE ZAZIEMSAI, VIKTORIA BULL, MARY PARKER, JACQUELINE TURNER, SHIRLEY SCOTT-ISON, DEAN TANNER, JOHN BODIMEADE, JOYCE BLAXLEY, JEAN WALKER, ROSEMARY MASON, MARY MACHIN, SHARON LODGE, TRACEY FLETCHER, DIANE TYLER, VALERIE CROSS, SHAN PEARCE, RITA COLES, PAT O'CONNELL, SHARON HALL, NETTIE ROBERTS, GINNIE JENKINS, LIZ GRAMMENOS, JOYCE STEVENS, JEANNE LAWRENCE, ANN TOWNSEND, LYNN BROWN, BRONWYN SHARP, DIANA TURNER, BARBARA CULLIMORE, JOY FEAST, JACKIE SMITH, MARIE CARSWELL, MOLLY BROWN and GEORGINA TAYLOR.

Goodbye to: ANTHEA HILL, Specialist Support Nurse with the South Bucks team; ALISON GAUNT, Specialist Support Nurse with the Ridgeway team; STEVE GRUDGINGS, our Fundraising Manager who is leaving us to take up the post of Head of Fundraising at St Luke's Hospice In Harrow; MIKE HILL, IRHH patron, who has left the area to become Bishop of Bristol.

Congratulations to: JULIE MOFFAT (née FARRIS), a Support Nurse in the South Bucks team, and MALCOLM who were married on 5th April.



Staff and volunteers gathered to wish volunteer Nursing Secretary, Stephanie Thompson a happy 70th birthday. Stephanie has been working as a volunteer at IRHH for over ten years.

HAVE YOU JOINED THE HOSPICE LOTTERY YET?

Just £1 per week helps the Hospice and gives you the chance to win £1000! Call 0870 3300218 for details.



Is Your Will Up To Date?

Making (and regularly updating) your will is vital if you want to be sure that your estate is handled in the way you decide. Inheritance tax is

also a major concern for many people. If you are thinking of leaving a legacy to the Iain Rennie Hospice At Home, we are happy to offer free help and advice. We also offer a free will writing service. Please contact Robert Breakwell rbreakwell@irhh.org for details.

Higher Rate Tax Payers

As the deadline for submitting self-assessment tax returns draws nearer, don't forget to include any donations made to charities as higher rate tax payers can claim additional relief on these gifts.

THE HOSPICE LOTTERY NEEDS VOLUNTEERS

Due to the phenomenal success of the Hospice Lottery which now has over 9,600 weekly players and is on target to raise £60,000 for the IRHH this year, Marion Bryant, our Lottery Director, is looking for volunteers to help with general administration at our office in Tring and is also recruiting paid canvassers and collectors in all areas. If you can spare some time then we'd love to hear from you. Please get in touch with Marion by email on hlottery@nascr.net or call her on 01442 824640.

HAVE YOU JOINED YET?

If you want to support local hospice care and be in with a chance to win £1,000 every week, please call the Lottery Office on 01442 824640 or sign up on line at www.hospice-lottery.co.uk.

FUNDRAISING VACANCIES

If you, or someone you know, is considering working in fundraising, we would like to hear from you. Call Robert Breakwell on 01442 890222 for details.

News From Our Fundraising Groups

- The HEMEL HEMPSTEAD GROUP had an enjoyable day on the 27th June helping the Hemel Hempstead Community Policing Team at their Charity Golf Day at Mentmore Golf & Country Club. The Group are now busy planning stalls at the Dacorum Charity Fair at West Herts College on the 1st November and the Victorian Evening & 'Light up a Life' Celebration on the 22nd November.

- Our thanks go to the FARNHAMS GROUP for participating in Tea at Three on Friday 20th June, raising £103.00 and for organising a successful Cream Tea Afternoon on the 15th August with proceeds of over £230. The Group are now busy planning a Cheese & Wine Evening in the Autumn.

- The ASTON CLINTON GROUP have been busy organising stalls at events throughout the summer, including fetes at Wilstone and Wigginton and the Aston Clinton Horticultural Show raising over £700. Our thanks go to the Group for all their hard work.

- The COLESHILL GROUP is busy getting ready for the Autumn with plans for a Coffee Morning in early October, a Halloween Party on 31st October and Carol Singing. Once again, the group is busy producing and taking orders for their much sought-after hand-made Christmas Crackers.

- Plans are being made by the SPEEN SUPPORTERS GROUP who raise money for the IRHH and four other local hospices. Events include a Mexican Evening, Christmas Card Sale and their Grand Christmas Quiz.

- The HIGH WYCOMBE AND AMERSHAM FUNDRAISING GROUP organised two wonderful concerts starring Terry Lightfoot and his band on the 5th July 2003 at the Lancaster Arts Centre which netted a wonderful £5,200. The group would like to thank the staff at RAF Halton who helped to make this event such a success

The group has also been involved in The Penn and Tylers Green Fun Run, Amersham Market and Chesham Flag Day. They are finalising arrangements for their coach excursion to the Christmas Markets in Holland and Germany - see the enclosed leaflet for details.

Tickets are now on sale for the group's popular, annual Wildlife Evening at Colehill on the 25th October. They are also organising a Christmas sale at Little Chalfont Village Hall on the 7th November and a very special Musical Event at Penn House. See What's On for details.

- "Stunning" was the word used by nearly everybody to describe "A Midsummer Night's Ball" organised by BEACONSFIELD FUNDRAISING GROUP. This fabulous event raised £30,000 and our congratulations go to

everyone who put so much effort into organising such a magical occasion.

Before the year ends the group have two street collections in Beaconsfield to mastermind, a repeat of their successful Craft Fair, and they are helping to organise the bucket collection at the Beaconsfield Festival of Lights (with thanks to the Rotary Club of Beaconsfield).

Then, of course, there is their hugely popular Burns Night just after Christmas to look forward to.....

- MR KITE'S BENEFIT BAND continue to work hard to raise funds for the IRHH and The Pepper Foundation. If you would like to book them, email bookings@mrkite.org.uk or call Alistair Hodgson on 01442 875011.

We would like to thank all the members of the band for their hard work and, in particular, for providing great music for the Dacorum Mayor's May Dance and the Spring Ball for St Mary's School Association.

- RHYME & REASON's 2004 anthology of poetry by Beaconsfield writers will be available from 29th September, price £4.00. The 13th edition will make a wonderful Christmas present. Look out for it in our shops or call us on 01442 890222 to order a copy. Our patron, Pauline Quirke, will be signing copies at W H Smith in Beaconsfield on Saturday 6th December.

SHOP TALK

New Shops

This summer has been a most exciting time for the Retail and Trading Department. At last we have fulfilled our long-held ambition to open more shops and July saw the opening of not just one but two! Little Chalfont opened first and Beaconsfield just two weeks later. The premises at Little Chalfont were in good order so we had a minimum amount to do. However the Beaconsfield shop was a different matter - here we were converting from a betting shop and needed to carry out a complete transformation. Thanks to our new manager, Sally Birch, a wonderful group of volunteers and some very skilled builders, electricians, carpet/floor layers and decorators, we opened in the shortest time possible and now have very smart premises.

Both shops are trading well and we continue to look for premises to add to our portfolio.

The opening of two new shops almost simultaneously required teamwork on a grand scale, and my grateful thanks go to all who have supported us. Mention must also be made of the Managers of the existing shops who have held the fort admirably whilst I have been somewhat distracted!

Tring 'Disaster'

Many of you will have been aware that during this period we also had to cope with what has become known as 'The Tring Flood'. The sight that greeted us early one Monday morning in June was not pretty - water had come through the ceiling from the flat above and had brought down a good proportion of the ceiling. Such was the volume of the water that it had gone through the floor of the shop and damaged hundreds of pounds worth of stock in the cellar.

We had to close the shop but five weeks later thanks to some amazing work by Manager Marian and her staff, as well as support from our insurers, the shop reopened. During this difficult time the volunteers continued to report for duty



Queuing - at Beaconsfield



Come on - let us in! At Little Chalfont



Made it! At Tring

and we saw the entrepreneurial spirit alive and well as volunteers sold lottery tickets on the pavement, recording record sales! It was a relief to us and the people of Tring when the refurbished shop reopened on Saturday 9th July.

Other Shop News

I am delighted to report that the two Hemel Hempstead shops, ably managed by June Coyle, have enjoyed record trade, showing double figure increases against last year. In Princes Risborough, the improvements to the shop floor and the facilities are paying dividends. The High Wycombe shop, situated where it is, can always do with some publicity. I am always amazed when people say they did

not know we were there! It is vital that all our supporters spread the word, people are always enormously impressed when they visit our treasure trove!

Auction Income

Since the last edition of Doorstep I have had a lot of interest in our income from auctions and some of the fascinating items we find when sorting through those hundreds of bags and boxes. How many times have you been to someone's house, admired a nice piece of porcelain or similar only to be told, smugly, that they 'picked it up from a charity shop for a pound!'

If you think you are going to find bargains like that in any of our shops, think again! Volunteer Peggy Bainbridge, our resident expert, carefully sifts through mountains of bric a brac every year. Not only does she do this in the Tring shop, but is also on hand to offer advice to the other shops when they find 'treasures' amongst the donations. In our new shops we are lucky to have secured a volunteer, Jackie Zaziemsai, who is not only a qualified auctioneer but also an expert in porcelain and other antiques. We are also very grateful to Stephen at Tring Auction Rooms and Simon at Amersham Auction Rooms as well as Bonhams for their expert advice.

I asked Peggy to tell me about some of the more interesting things she has found over the years and you can read more about this on our website www.irhh.org

Last year we raised in excess of £12,000 through the auctions. So although there are undoubtedly many wonderful bargains in our shops you are most unlikely to come across an undetected piece of Meissen or Clarice Cliff. Unless, of course, you know better.....

The Iain Rennie Van Has Arrived

A big thank you to everyone who supported the 'Van Appeal': we are now the proud owners of a Citroen Champ van. This has already had a very positive effect on the shops and trading operation and will be seen all over the patch.

Lesley Gorton

Retail and Trading Manager

IT'S THAT TIME OF YEAR AGAIN! 135,000 CHRISTMAS CARDS have been delivered and are sitting on the shelves ready to be sent out!

We think this year's selection of cards is the best yet and hope you agree. A brochure is enclosed with this issue. Please order early to avoid disappointment! For details of how to order please refer to the brochure. Don't forget you can order on-

line at www.irhh.org

For the first time this year we are also offering a personalised overprinted card service. The selection is equally suitable for business or private use. Please note that, unlike some of our competitors, there is no minimum order quantity and a massive 40p in every pound spent comes directly to Iain Rennie. If you would like to receive the Personalised

CHRISTMAS

Christmas Card brochure please return the slip enclosed with this issue. You can view the cards and order direct at www.charitycardsdirect.co.uk

Other Christmas merchandise includes: THE 2004 CHILTERNS CALENDAR full of



CHARITY GOURMET NIGHT AT FORNO VIVO – SUNDAY 12TH OCTOBER

If you enjoy Italian food, then make sure you don't miss out on what promises to be a memorable evening at Tring's award-winning restaurant. Forno Vivo has generously invited IRHH supporters to a special Charity Gourmet Night with the entire ticket price coming to the IRHH! Tickets are £30 per head. To book a table call Forno Vivo direct on 01442 890005.

Snooker Table On Offer

We have been given a top quality 6'6" x 3'6" snooker table complete with all appropriate accessories. We are inviting offers over £200. Please contact Robert Breakwell rbreakwell@irhh.org for details.

Irene & Joyce Are Preparing Another Quiz for 2003/4!

Copies of Irene Cammegh and Joyce Bailey's fiendishly enjoyable Quiz, price £1.00, are selling well. Entries need to be in next February. If you would like a copy, call into one of our shops or call the Tring office on 01442 890222.

IN MEMORY OF CARL

A fantastic £2,740.00 was received from MOLLY SAUNDERS in memory of her son, Carl, following a social evening at the Swan in Great Kimble. A huge thank you to everyone who donated prizes, gave sponsorship and helped to make the evening such a success.

£64,000 FOR WYCOMBE MAYOR'S APPEAL

A surge of donations, including a massive £28,000 boost from the BP Beaujolais Champagne Challenge, brought Ian McEnnis's year as Mayor to a record-breaking conclusion. He announced the total at a special reception before the IRHH Annual General Meeting on 9th July when our President, Moira Rennie, presented him with a framed montage of photographs illustrating his fundraising year. Next year's AGM will be held at Tylers Green Village Hall on Wednesday 7th July.



JOHN HOWARD FUN DAY AND KNOCKOUT CHALLENGE

Organisers estimate that over 3,000 people came along to the annual John Howard Fun Day on August Bank Holiday Monday at Gadebridge Park, Hemel Hempstead. For the first time, we held a Knockout Challenge competition as part of the Fun Day which was won by the Greenacres 1 team. Proceeds from the whole day, including the proceeds of a raffle at Asda, netted over £2,800.

SUPPORT FROM PAST WYCOMBE MAYOR

Three local charities including the Iain Rennie Hospice At Home received a very welcome boost to their funds from Sebert Graham, who was Mayor of High Wycombe in 1996/97.



At a short reception in the Mayor's Parlour on Thursday 21st August, Iain Rennie's Appeals Director, Robert Breakwell, joined representatives from Pensioners' Voice and the Caribbean Elderly Hairoun Day Centre to accept a cheque from Sebert Graham's Mayoral Appeal Fund for £505.

All three organisations provide help and support in different ways for elderly people in High Wycombe and the surrounding area.

A DAY ON THE RIVER

Guests at the lunch sponsored by Michael Shanly Homes at this year's Thames Traditional Boat Rally at Henley enjoyed a wonderful day. The event raised £4,500. Our picture shows guests enjoying a cruise on the "Lady Florence".



IS COMING!

wonderful photographs taken throughout the Chilterns making an ideal gift to send to family and friends.

Delicious Iain Rennie CHRISTMAS PUDDINGS made from only the finest ingredients. You can taste them for yourself

as samples will be available at the Tring office and Gillian King House from October.

Why not order our CHRISTMAS STICKERS to use on your business or private correspondence instead of sending cards?

A third of all our cards are sold at various events from Wine Tastings to Christmas Fairs and Fetes so if you are having such an event in your area, we want to hear from

you. We can provide you with a stock of merchandise. We also sell a huge volume of cards though the 'Cards for Good Causes Shops' at Beaconsfield and Marlow. These shops are manned by volunteers, so if you could spare a few hours between October and December to help in these locations, please contact Lesley Gorton at Tring on 01442 890222 lgorton@irhh.org.

The imagination of Iain Rennie supporters knows no bounds and we are constantly delighted by the generosity and ingenuity of so many people. It's impossible to include everything here, but we hope we manage to give a flavour of what's been going on over the last few months.

Celebrations

- A huge thank you to everyone who allowed us to benefit from wedding, birthday and anniversary celebrations. Friends and relatives attending the wedding of JOHN & HAYLEY SANDERS donated £2,231 and SARAH & CHRIS LAPHAM's guests gifted £1,585. We benefited from three Golden Wedding celebrations: £260 from MR & MRS JONES, MR & MRS MORBY's guests donated £65 and MR & MRS BIGGS donated £400. MRS SCHOLES called into the office with £305 in celebration of her 'special' birthday.

Sponsorships

- PAUL WHITE entered the High Wycombe Rotary Club Pedal Push and raised £160. GILL DAVIES walked the last section of the South West Coastal Path and raised £185 and PHILIP TANCHAN entered the Moonwalk Marathon for IRHH and through sponsorship raised £585.50.

Gardens

- We are grateful to several supporters who opened their beautiful gardens to raise funds. Our thanks to MR WHITE, JOY CLARKSON and two members of Cheddington WI who between them raised over £1,250. SALLY WILLIAMS held her annual spectacular Garden Sale and IRHH was very fortunate to benefit to the tune of £5,000! The ladies at Cholesbury held their annual Cream Tea and allowed us to benefit once again – thank you for your donation of over £800. A very special thank you to HAZEL CONNOR for opening her house and garden for her annual Ploughmans' Lunch and for raising £748.

Clubs & Associations

- TRING & DISTRICT TANGENT CLUB continue to support us and sent £450 and the OASIS CLUB in Hemel Hempstead sent us £100. Thanks also to the FRIDAY CLUB at Wilstone for their donation of £32. LITTLE KINGSHILL VILLAGE SOCIETY have supported us again this year donating £100 and we received a donation of £50 from FLACKWELL HEATH LADIES CLUB. MARSWORTH STEAM & VINTAGE RALLY very kindly contributed £100 towards our funds following a successful Rally, CHALFONT & DISTRICT DARTS LEAGUE raised £100 and ASTON CLINTON

BOWLS CLUB raised £25. Thanks to the members of FOR PURE PLEASURE for their on-going support and donations of £1,600 and to AMERSHAM & DISTRICT SCOTTISH ASSOCIATION who raised £200.

Pubs

- Another big thank you to the customers of THE OLD BELL GATE in Hemel Hempstead for their continued support raising £1,400 selling calendars depicting caricatures of their customers! THE ROYAL OAK INN at Aston Abbots held a Fun Day and raised over £1,000, and the WHITE LION at Cryers Hill, High Wycombe donated £200 from their Charity Fund as well as THE HALF MOON at Wilstone who sent a donation of £280 and we extend our thanks to them all.

Schools

- Thanks to NORTHCHURCH ST MARY'S SCHOOL ASSOCIATION whose members organised a Spring Ball and raised £1,250.00 with support from our good friends, MR KITE'S BENEFIT BAND, who provided the music. Thanks also to JOHN F KENNEDY SCHOOL in Hemel Hempstead who donated £135 and we received a donation of £200 from the ROYAL GRAMMAR SCHOOL in High Wycombe from their Benevolent Fund.

Churches

- We very much appreciate the continued support and prayers of the churches within our community and extend our thanks to HOLMER GREEN METHODIST CHURCH; EATON BRAY METHODIST CHURCH; ST MARY'S CHURCH, RADNAGE; NASH MILLS METHODIST CHURCH; BEACONSFIELD TEAM MINISTRY; EDLESBOROUGH METHODIST CHURCH; LITTLE GADDESSEN PCC; CIPPENHAM FREE CHURCH; NASH MILLS METHODIST CHURCH FRIDAY FRIENDSHIP CLUB; ASTON CLINTON BAPTIST CHURCH and ST MARY'S PRINCES RISBOROUGH. Their combined donations exceed £4,000!

Masonic Lodges

- Again we have received support from local Lodges. HADDENHAM LODGE sent a most generous donation of £500 at the request of their Past Master. GADEBRIDGE LODGE gifted £100, STOKENCHURCH LODGE donated £1,500. We also received £200 from

EAGLE LODGE and £500 from TRING LODGE. Under the Master's List, the brethren of MARCELLIANS LODGE kindly donated £1,040. See page 9 for more masonic generosity.

Lions, Rotary and Inner Wheel Clubs

- Thanks to the INNER WHEEL CLUB of BEACONSFIELD for raising £100, HIGH WYCOMBE who raised £200 and AMERSHAM for their gift of £250. We would like to thank the members of the ROTARY CLUB OF BURNHAM BEECHES for donating £500 from the proceeds of another successful Donkey Derby. The ROTARY CLUB OF BOURNE END & COOKHAM donated £250. The LIONS CLUB OF WINDSOR kindly donated £1,000 in memory of one of their members and THE LIONS CLUB OF BERKHAMSTED presented £650.00.

Companies

- Thanks to JOHN SCOTT & PARTNERS of Chalfont St Giles and SOLGAR VITAMINS & HERBS in Aldbury who both sent donations. Thanks also to BOVIS LEND LEASING LTD who handed us a marvellous gift of £10,000 as a contribution from their Charity Golf Day. The Social & Sports Association of SILSOE RESEARCH INSTITUTE held a Garden Party and kindly sent a donation of £600.

Last But Not Least

- Thanks to KEN and SUE WALKER who hosted a Bridge Lunch on behalf of IRHH for the Friends of Flaunden Church and raised £390; to the JACKIE PALMER STAGE SCHOOL for allowing us to benefit from the proceeds of 'Filmscape' held at the Wycombe Swan totalling £1,000; to the committee members of KINGSTON BLOUNT who presented us with a cheque for £800 being part of the proceeds from their annual May Fayre. The THAMES VALLEY CHAMBER OF COMMERCE invited us to share the proceeds of a Race Night at the Bell House and presented a cheque for £1,256. Thanks once again to LIZ FIRTH and PADDY SANGER for holding their annual summer Lunch and raising £510.85p. Thanks are also due to KATE WESTBROOK and JUDY ROWE who have raised over £100 through their Jigsaw Lending Scheme.

FLANDERS & SWANN DROP ANOTHER HAT - AND RAISE £2,950!

MICHAEL BERNSTEIN and COLIN STEVENS had audiences at The Court Theatre Pendley in the palms of their hands in "Flanders & Swann Drop Another Hat". Their homage to two great wits, composers and performers, Michael Flanders and Donald Swann, who were at the heart of the '50s and '60s revival of satire in the form of theatrical reviews, was recorded over two performances and the CD was released in June. Over 90 CDs have been sold with 50% of the proceeds benefiting the IRHH.



The IRHH would like to record its thanks to Michael and Colin for allowing it to benefit from two superb performances which were very much enjoyed by everyone present. If you would like to order a copy of the CD, please contact Rozina Ahmad rahmad@irhh.org on 01442 890222

PEPPER'S ROCK CIRCUS:

The curtain's down on the 15th Sgt Pepper Summer show and it was a huge success. Audience comments ranged from "The best show ever" to simply "Wow!" from a first time visitor who went away well and truly 'peppered'.

The circus theme was a brilliant inspiration and the set, lighting and costumes took full advantage to produce one of the most colourful and exciting shows ever. The theme was, of course, set alight with great music performed to perfection by the many musicians and vocalists who had rehearsed for weeks to get it just right.

And was it all worth it? Well definitely yes, as the amount raised is up 30% on last year with a total of around £46,000.

The Pepper Foundation (which organises the annual Sgt Pepper concerts) completely funds 7 posts at the IRHH on a continuing basis: 5 paediatric nurses, a Play Therapist and our Family Support Co-ordinator. We are enormously grateful for this substantial support.

• **TEA AT THREE:** Hospices throughout the UK joined together for Tea at Three on 20th June. A big thank you to everyone who sent in a donation and to all our supporters who held a Tea At Three event helping to raise a fantastic £1,411.

TV STAR GEOFFREY PALMER OPENS BOOK BROWSE



Star of stage, screen and television, GEOFFREY PALMER, was in Tring on Saturday 31st May to open a Book Browse in aid of the Iain Rennie Hospice At Home. Geoffrey is one of our patrons and a long standing supporter.

Iain Rennie's famous sale of bargain books, records, CDs & tapes took place at the Anglican Methodist Church Hall between 10am and 4pm. Geoffrey and his wife, Sally, had time for a good hunt for bargains and posed for photographs with hospice volunteers. More on our website: www.irhh.org.

CHARITY BALL:

ANGÈLE CASSIDY and SUE SEVERN organised a very successful Charity Summer Ball at the Riviera Restaurant, Watermead in Aylesbury on 21st June, raising funds for the IRHH and the Lennox Childrens' Cancer Fund. We were delighted to receive a cheque for £2,325 and our thanks go to everyone involved in organising the event and donating prizes to raise this sum. Our picture (right) shows Community Fundraiser, Rozina Ahmad, accepting the cheque from Angèle's daughter, Rebecca.



SHOOT ON TARGET

Following the enormous success of their St George's Day Shoot which raised over £22,000, we have received a further £650 from NORMAN and FRANCES GRUNDON: the proceeds of a raffle held on a golf trip to Portugal to celebrate the retirement of a number of senior executives from his company. We send them our sincere thanks.

We also wish to thank PETER CULLIMORE for organising a day at the world-famous ranges at Bisley to raise funds for us.

FREEMASONS SUPPORT HERTFORDSHIRE HOSPICES



Representatives from the six hospices in Hertfordshire attended a reception at the Tring offices of the Iain Rennie Hospice At Home on Tuesday 19th August. Along with colleagues from the Order, Keith Emmerson, Provincial Grand Master of the Mark Order in Hertfordshire, presented a cheque for £2000 from the Order to each of the hospices in recognition of the work that hospices do in caring for patients living with terminal illness. More on our website: www.irhh.org.

HIDDEN TALENTS

MARK HUGHES greeted me with a firm handshake and welcoming smile as he invited me into his office, from where he runs an operation for a major US Company. Despite his hectic work schedule, Mark also chairs the Iain Rennie Hospice at Home's Community Consultation Group (CCG).

The CCG is a key part of the IRHH's proactive strategy to deliver the best possible care to its patients and their families. Primarily made up of bereaved relatives of patients whom IRHH have nursed, the CCG meets 3 to 4 times a year providing valuable feedback on issues relating to IRHH and the services it provides from a carers point of view.

"My wife had breast cancer and died in June 1999." Mark began. "From the time she was first diagnosed we received help from IRHH and we got to know the nurses particularly well. Afterwards, they provided help and bereavement counselling to me and my daughter, who was only 5 years old at the time. Because of the IRHH, the whole experience was as positive as it could be, given the circumstances.

"About a year later our nurse, Wendy Trower, asked whether I was interested in

In the second of our series about IRHH volunteers who work behind the scenes, Amanda King meets MARK HUGHES who chairs the IRHH's Community Consultation Group



getting involved in a forum, made up of families that had been cared for by IRHH, that had just started. It looked interesting so I started to attend the CCG meetings as a Family Representative. Once the CCG had become established the group's facilitator, Sarah Wallington-Smith, started to look for the group to be chaired by a family representative and I took over the chair at the beginning of 2003.

"From the start, participating in the CCG was an interesting experience and it is a real

opportunity to put something back." Mark continued. "The group members are joined together by our common experience and there are a lot of similar opinions. Although when someone does has a very different 'take' on a particular subject it really makes you think!". Membership of the group is limited to two years. "New people freshen the discussions up", explained Mark. "As you move further away from the bereavement, you are not so close to things and IRHH itself changes. It is important that the discussions

are based upon the IRHH as it is now.

"Over the past couple of years we have discussed many topics. One covered Clinical standards and audit, which included the use of syringe drivers, so it can get pretty close to the coal face." At another meeting, we discussed the information pack that is sent out to patients when they are first referred to IRHH. By putting ourselves back in the position of still being a carer, we were able to comment on things that we would have wanted included, and others that we would not have appreciated."

The group's discussions are captured by the CCG's volunteer secretary, Mary Phipps, whose contribution is summed up by Mark as "wonderful", and distributed throughout the IRHH organisation.

"Despite the wonderful job that IRHH does, the organisation still needs to ensure it remains focused on the primary objective – care of patients – and to continue to improve that care, especially as the organisation grows," Mark commented. "If, through the CCG, we can help towards making the service even better and more effective then it feels really worthwhile."

WOULD YOU LIKE TO SUPPORT AND GUIDE THE WORK OF THE IAIN RENNIE HOSPICE AT HOME?

Your opinions are important to us and help us to plan the future of the Hospice At Home.

We have two consultation groups:

IRHH PATIENT THINK TANK

whose 10 members are patients and current carers. We meet 3 times a year in the afternoon for 1½ hours.

IRHH COMMUNITY CONSULTATION GROUP

whose 12 members are bereaved carers and volunteers. We meet quarterly in the evening for 1½ hours.

Both groups meet in Amersham to discuss and comment on a wide variety of topics given to us by the Iain Rennie nurses, fundraisers and administrators. The feedback we give provides valuable guidance and helps to improve the service that the IRHH provides. Any out of pocket expenses will be covered and we would love to welcome you to either of our lively groups.

For further information please contact Sarah Wallington-Smith sarahw-s@irhh.org on 01442 890222

Friday 19th to Sunday 21st September

Gaea Crystals of Wendover
Autumn Equinox Festival of Peace
 A 3-day festival with various events taking place during the day and evening including an auction of Crystals. Proceeds shared between the IRHH, Cystic Fibrosis Trust and War Child.
 10.30am - 10.00pm
 Tickets: Individual Event £5.00, All Day £12.50, Evening Concert £12.50. Contact Gaea Crystals on 01296 696789.

Friday 19th September

Chris Mullan Memorial Golf Day
 Bushey Hall Golf Club
 Charity Golf Day. Teams of 4 play 18 holes. Running buffet with entertainment. Please contact Marion Mullan on 01494 786132 for details.

Friday 26th September

IRHH Aston Clinton Fundraisers
IRHH Stall at Charity Market
 Church Square, Tring from 9.00am
 All welcome

Friday 3rd October

Wine Tasting Evening
 Naphill Village Hall at 7.00pm
 An opportunity to taste and order some of the quality wines and Champagnes which will be brought back from France by our Beaujolais Champagne Challenge team in November.
 Tickets £1 from Maureen Smyth on 01494 562011

Saturday 4th October

Angelus a Capella directed by Mark Johnstone presents
Indulgence
 A choral concert including works by Purcell, Parry and Palestrina
 St Michaels Church, Beaconsfield at 7.30pm
 Tickets £12.50 from Horizons Bookshop in Beaconsfield or phone 01494 675278

Monday 6th October

Wine Tasting Evening
 The Ballroom, Berkhamsted Village at 6.00pm
 An opportunity to taste and order some of the quality wines and Champagnes which will be brought back from France by our Beaujolais Champagne Challenge team in November.
 Tickets £3.00 from Ann de Morgan on 01442 879760

Friday 10th October

The Mayor of Dacorum's Charity Wine Tasting Evening
 The Gade & Bulbourne Rooms, Dacorum Civic Centre, Marlowes, Hemel Hempstead at 7.30pm.
 An opportunity to taste and order some of the quality wines and Champagnes which will be brought back from France by our Beaujolais Champagne Challenge team in November. Proceeds shared with Dacorum Community Trust.
 Tickets £5.00 from IRHH Tring Office on 01442 890222 or the Mayor's Parlour on 01442 228202.

Saturday 11th October

Berkhamsted Lions Club Community Fair
 Berkhamsted Town Hall 9.00am - 1.00pm
 Information displays from local voluntary and charitable groups including the IRHH
 . All welcome.

Sunday 12th October

Forno Vivo Charity Gourmet Night
Forno Vivo, The Old Post Office, 65 High Street, Tring
 Enjoy a great 3 course dinner plus coffee at Tring's most popular restaurant with the entire ticket price coming to IRHH. Book early to avoid disappointment.
 £30.00 per person. Please telephone Forno Vivo on 01442 890005 to book or call IRHH on 01442 890222.

Friday 17th October

The Mayor of Beaconsfield's Charity Wine Tasting Evening
 Hughes of Beaconsfield, 55 Station Road, Beaconsfield at Address at 7.30pm
 An opportunity to taste and order some of the quality wines and Champagnes which will be brought back from France by our Beaujolais Champagne Challenge team in November. 7.30pm - 9.30pm
 Tickets £5 from IRHH Beaconsfield Shop, 6 The Arcade, Beaconsfield or The Mayor's Parlour on 01494 675173 or call the IRHH Tring office on 01442 890222.

Sunday 19th October

An Exhibition of Paintings by Stuart Everall and his Students
 The Church Room, Potten End. 12.00noon - 4.30pm
 All donations and 70% of the proceeds of any students' paintings sold will be passed to IRHH in memory of the late Stuart Everall.

IRHH Annual Service of Thanksgiving
 St Peter and St Paul's Church, Tring at 3.00pm.
 Invitations will be sent to bereaved families but all are welcome.

Saturday 25th October

IRHH High Wycombe & Amersham Fundraising Group
Wildlife Talk
 Coleshill Village Hall at 7.00pm
 5th Annual Nature Talk. An event not to be missed. This year the guest speakers will be Rob Strachan, whose speciality is water voles, and Alastair Mackay, who will talk about the London Barnes Wetlands Centre.
 Tickets £10.00 including ploughman's supper from Christine Nisbet on 01494 812458

Friday 31st October

IRHH Coleshill Fundraising Group
Hallowe'en Party
 Coleshill Village Hall at 7.45pm
 Supper and dancing. Dress: black & white.
 Tickets £15 from Amanda McCallum on 01494 725083.

Saturday 1st November

IRHH Hemel Hempstead Fundraising Group
Dacorum Christmas Charity Fair
 West Herts College - Dacorum Campus, The Marlowes, Hemel Hempstead. 10.00am - 2.00pm
 IRHH Christmas Cards and merchandise will be on sale. All welcome

Friday 7th November

IRHH High Wycombe & Amersham Fundraising Group
A Christmas Sale
 Little Chalfont Village Hall 11.00am to 4.00pm
 All welcome.

Monday 10th November

IRHH Beaconsfield Fundraising Group
Christmas Craft Fair
 The Fitzwilliams Centre, Beaconsfield. 10.30am - 3.00pm
 12 stalls selling Christmas gifts for all of the family.
 Entrance £1.00

Friday 14th November

Pepper Events Limited
The Leopard's Tale
 25 years in the company of Africa's most enigmatic predator. Presented by Jonathan and Angie Scott from BBC's "Big Cat Diary". Berkhamsted Collegiate School, Kings Campus, Kings Road, Berkhamsted. Time to be confirmed.
 Please call 01442 890222 for details.

Saturday 15th November

IRHH High Wycombe & Amersham Fundraising Group
Musical Evening at Penn House
 7.00pm
 An evening with Michael Dewis (Baritone) and Verity Dewis (Flute)
 Tickets £35.00 including supper from Christine Nisbet on 01494 812458

Monday 1st to Thursday 4th December

IRHH High Wycombe & Amersham Fundraising Group
Visit To Christmas Markets In Holland & Germany
 See enclosed leaflet for details or call 01494 812458 or 01494 673388.

Saturday 6th December

Rhyme & Reason
Book Signing with Pauline Quirke
 W H Smith, Penn Road, Beaconsfield at 10am.
 Pauline will be signing copies of Rhyme & Reasons 13th poetry anthology, price £4.00
 All welcome.

Thursday 18th December

IRHH Coleshill Fundraising Group
Carol Singing, Quiz & Supper
 The Red Lion, Coleshill at 7.30pm

Thursday 5th February

Sports Dinner with Celebrity Guests
 Champagne reception followed by 3 course dinner, auction and an opportunity to quiz a panel of sporting celebrities.
 Pendley Manor Hotel, Tring.
 Please call 01442 890222 for details

LIGHT UP A LIFE DEDICATION

CEREMONIES
 Come along to one of our special Dedication Ceremonies and watch as thousands of tiny lamps are illuminated, each one dedicated for someone special. See enclosed leaflet for details of how to dedicate a light for someone special.

Hemel Hempstead Old Town
Dedication Ceremony at 6.30pm on Saturday 22nd November
at the beginning of the Victorian Evening

Tring, Church Square
Dedication Ceremony at 6.00pm on Thursday 27th November

High Wycombe, All Saints Church
Dedication Ceremony at 4.00pm on Sunday 30th November

Princes Risborough, Duke Street Garden
Dedication Ceremony at 4.00pm on Sunday 7th December
with thanks to Princes Risborough Town Council

Chalfont St Giles, IRHH Offices
Gillian King House, Hodgemoor View, Three Households
Dedication Ceremony at 4.00pm on Friday 12th December

Beaconsfield, St Mary's Church
Dedication Ceremony at 4.00pm on Sunday 14th December

Tylers Green, The Common
Dedication Ceremony during Carols On The Common
at 7.45pm on Monday 22nd December
 Refreshments will be served after all the Dedication Ceremonies except Hemel Hempstead.

SUPPORT THE IRHH BEAUJOLAIS TOMBOLA AND/OR CHRISTMAS CARD STALL AT THE FOLLOWING CHRISTMAS EVENTS:

Saturday 22nd November
Hemel Hempstead Victorian Evening
 Hemel Hempstead Old Town from 6.30pm

Friday 28th November
Tring Victorian Evening
 Tring Town Centre from 6.00pm

Friday 28th November
Berkhamsted Festival of Lights
 Berkhamsted Town Centre from 5.00pm

Friday 5th December
Princes Risborough Festival of Lights
 Princes Risborough Town Centre from 5.00pm.

Wednesday 17th December
Beaconsfield Festival of Lights
 Beaconsfield New Town from 6.00pm

Street Collections 2003: So far this year, street collections have raised £5,500 which us up £1,800 on 2002. We're really grateful to everyone who has helped to achieve this excellent result. If you can spare an hour we would love to hear from you. Contact Janet Swinbank jswinbank@irhh.org on 01442 890222.

4th October **Farnham Common, Chalfont St Giles & Chalfont St Peter**
25th October **Beaconsfield***
18th October **Little Chalfont**
6th December **Collection at Tesco, Loudwater, High Wycombe**
6th December **Beaconsfield Rotary Club Collection in aid of the IRHH.**

*Please note change of date.

INTERESTED IN FUNDRAISING?

We are always pleased to provide practical help and support for anyone who raises funds for us.

Please call us on 01442 890222 if we can help in any way.

FLORA LONDON MARATHON 2004: RUNNERS NEEDED

If you're thinking about running in next year's London Marathon and would like to run for Iain Rennie, we need to hear from you soon. As it becomes more difficult to get a place, we may be able to help as we have Golden Bond places available.

Runners who have supported IRHH in the past will tell you that the help and advice provided by our Volunteer Organiser, TONY YATES, is second to none. All our runners successfully completed the race in April raising over £30,000 for us. So call Tony on 01442 890222 or email tyates@irhh.org

OFF TO THE NEW YORK CITY MARATHON

KEVIN KENDALL will be representing the IRHH in New York in November as part of a team of UK runners supporting hospices. We wish him well. If you would like to sponsor Kevin, please send a cheque to our Tring office or visit our website www.irhh.org and follow the link.

TRING MIDSUMMER FUN RUNS

Youngsters line up for the Under 8s event in this year's Tring Midsummer Fun Runs organised by Tring Running Club. We would like to thank the organisers for another super event in aid of IRHH and all of the runners and their sponsors who have raised more than £3,000 so far with more to come..



HIT THE ROAD RAFFLE

The IRHH was delighted to have been offered a section of the new A41 Aston Clinton Bypass to use for a whole day before it opened to the public. As time was short, we had to think fast to come up with the idea for our "Hit The Road" raffle and decided to work with the Friends of Florence Nightingale House to maximise the benefits for two local hospices.

As Doorstep goes to press we are making final arrangements for the draw. The lucky winner will be driven down the new road in their choice of vehicle, and 50 runners-up will also be transported in a cavalcade of special, unusual or prestigious vehicles. Full details of the draw, the winners and the Cavalcade will appear on our website www.irhh.org.

HOME BOX COLLECTIONS: We urgently need help with Home Box collections in Aylesbury, High Wycombe and Hazlemere. It only takes a couple of hours twice a year to empty a small number of boxes. Can you help? If so, contact Suzie Lalé slale@irhh.org on 01442 890222.

GOLF ROUND-UP

ROTARY CLUB OF BERKHAMSTED BULBOURNE'S 11TH GOLF DAY RAISES £3,200



The Iain Rennie Hospice At Home's association with the ROTARY CLUB OF BERKHAMSTED BULBOURNE goes back many years, and the annual Golf Day at Mentmore Golf & Country Club is a high spot in our fundraising calendar. Our picture shows IRHH Chief Executive, Rowena Dean, accepting a cheque for £3,200 from Rotary President, David Brown

- GERRARDS CROSS GOLF CLUB is continuing its tremendous support and has, to date, raised over £2,000.
- THE ROY JEFFRIES MEMORIAL GOLF DAY raised £350.00 and our thanks go to family and friends who support us each year.
- ALMAR PRINTING held their annual Golf Day and donated £140.00 from their raffle.
- We were delighted to receive £650 from the LIONS CLUB OF BERKHAMSTED following their annual Golf Day at Whipsnade.
- The HEMEL COMMUNITY POLICE TEAM'S CHARITY GOLF DAY in June was a great success but the final amount raised has yet to be confirmed.



**THE
IAIN RENNIE
HOSPICE
AT
HOME**
REGISTERED CHARITY 297847

Caring for patients across the Chilterns

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Telephone: 01494 877200 Fax: 01494 875820
Email: gkhouse@irhh.org

Visit our website www.irhh.org



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