



# DOORSTEP

keeping you in touch with the Iain Rennie Hospice at Home

SEPTEMBER 2005



**WELCOME TO OUR  
BIGGEST EVER  
ISSUE!**

**INVESTORS IN PEOPLE**  
The IRHH achieves coveted  
IIP status. **Page 2**

**MEETING MARGARET**  
Helping people through  
treatment, both physically  
and emotionally, is an  
important part of the work of  
the Iain Rennie nurses. **Page 3**

**TIME IS PRECIOUS**  
We launch a new appeal to  
local companies. **Page 5**

**BEAUJOLAIS CHALLENGE**  
Order some wine or come  
along to a Tasting. **Page 16**

**EXCITING AUTUMN  
EVENTS** How to get hold of  
tickets for the world  
premiere of "Noah The  
Musical" and Prunella Scales  
as Queen Victoria, and many  
other events. **Pages 6 and 16**

**HEAD OFFICE**  
52a Western Road, Tring,  
Hertfordshire HP23 4BB  
Telephone: 01442 890222  
Fax: 01442 891276  
Email: info@irhh.org

**SOUTH BUCKS OFFICE**  
Gillian King House, Hodgemoor View  
Three Households, Chalfont St Giles  
Buckinghamshire HP8 4LS  
Telephone: 01494 877200  
Fax: 01494 875820  
Email: gkhouse@irhh.org

[www.irhh.org](http://www.irhh.org)

Reg. Charity No. 297847

## GALA PROM PRIDE



**T**he Iain Rennie Hospice at Home reached the zenith of its 20th anniversary year with a spectacular Gala Prom at RAF Halton on Saturday 9th July. The vast space of Halton's Drill Hall, adorned with flags, was filled to capacity by the voices of a thousand people joining together as one to sing "Land of Hope and Glory" and "Jerusalem" to celebrate two decades of caring by the organisation which proudly bears the name of its first patient, Iain Rennie.

The RAF generously provided access to parts of its wonderful and extensive grounds and the lawns were dotted with picnic tables, rugs and hampers and parties of people soaking up the atmosphere.

The programme of music was led by the Ealing Symphony Orchestra under the baton of John Gibbons who also acted as Master of Ceremonies for the evening. There were superb contributions from the Wycombe Orpheus Choir, St Augustine's Choir, a Scottish piper and the Gateway School Choir and performances from soloists Anna Leese (soprano) and Andrew Staples (tenor). The evening ended with the audience on its feet for a frenzy of flag waving and enthusiastic singing.

It would be impossible to imagine a more fitting way to mark the focus of the Iain Rennie Hospice at Home's twentieth anniversary. We were honoured to have the charity's President, Moira Rennie, her two sons and other members of her family with us along with the Mayor of

### **RELIVE THE GALA PROM ON CD**

The performance has been recorded and is available on a double CD which is for sale at £10 inc. postage. To order, please telephone Tring office 01442 890222 or Christine Nisbet 01494 812458

Dacorum, the Mayor of Tring and the Commanding Officer at RAF Halton, Group Captain J Harrison.

Our wholehearted thanks goes to everyone who contributed to the success of this stunning occasion. But, most of all, we applaud and congratulate IRHH Honorary Vice Presidents, Richard and Christine Nisbet and all the members of the IRHH High Wycombe & Amersham Fundraising Group who, in producing this marvellous event, reflected the huge professionalism of the whole Iain Rennie organisation and the vital service it provides for patients and families across the Chilterns.

Please visit [www.irhh.org](http://www.irhh.org) for more details and pictures.



See inside for more news and pictures of events marking our 20th Anniversary



## The Chief Executive, Rowena Dean, writes....

**D**uring the last few weeks we have been assessed as an organisation for the National Investors in People accreditation and I am really proud to report that we have received an excellent and very complimentary report. The assessor visited Gillian King House, Tring and the Retail and Shops department and all three locations were highly commended.

You can read a more detailed report on our website but in particular the assessors praised our organisation for the way that volunteers are integral to everything we do and for the openness and transparency that exists within IRHH. We involve our staff and volunteers in every aspect of the organisation and we are committed to developing every member of staff and volunteer we employ. IRHH has an exceptionally well-trained and knowledgeable workforce who are consistently developing the Iain Rennie culture – I am just so pleased that the skills, commitment and energy of our people have been recognised in this way.

This edition of Doorstep reviews the events that took place recently to mark the 20th anniversary of the Iain Rennie Hospice at Home and to celebrate the 20 years of nursing care offered to people throughout our area. Many of our supporters have attended the Gala Prom or the

Thanksgiving Service over a weekend early in July. Others came along to our AGM, which this year looked at the service, where it has come from, its current structure and what issues lie ahead for us.

We are very grateful to our High Wycombe and Amersham Fundraising Group who provided the highspot of the 20th Anniversary weekend by organising the spectacular Gala Prom at RAF Halton.

On the following day we returned to RAF Halton for the IRHH Thanksgiving Service and Celebration of Care. Led by nurses and representatives of five faith communities, over 250 people, who each had an association with the organisation, came together to mark this important occasion. The service had been prepared by IRHH staff and volunteers and a choir of around 75 local people added their voices to the audience. Messages of love, hope, peace, and recognition were heard from speakers and two of the original nurses who cared for Iain Rennie read a poem written for the occasion by Maggie Parkins which is reproduced on page 3.

We were honoured to welcome Moira Rennie and members of her family who attended both events.

Despite the added security following the attacks in London just two days before, the RAF worked with us to ensure the events went ahead and we are very grateful to them for their support and patience.

You can read more about the 20th anniversary events and see photos on our website at [www.irhh.org](http://www.irhh.org).

CUT ALONG THE DOTTED LINE AND RETURN TO IRHH, FREEPOST, 52A WESTERN ROAD, TRING, HERTS HP23 4BB



## Regular Donor Gift Aid Declaration and Standing Order Form

### HELP US TO RECLAIM TAX PAID ON YOUR DONATIONS!

*If you pay income or capital gains tax we can reclaim 28p for every £1 you donate. This substantially increases the value of your gift.*

#### DONOR DETAILS

Title \_\_\_\_\_ Forename(s) \_\_\_\_\_ Surname \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Telephone \_\_\_\_\_

*I want the Iain Rennie Hospice At Home (IRHH) to treat all donations I make from the date of this declaration until I notify IRHH otherwise as Gift Aid donations. I am a taxpayer.*

Signed \_\_\_\_\_ Date \_\_\_\_\_

#### STANDING ORDER

To: The Manager \_\_\_\_\_ Bank \_\_\_\_\_

Branch Address \_\_\_\_\_

Postcode \_\_\_\_\_

Please pay The Iain Rennie Hospice At Home £ \_\_\_\_\_ every year/month (delete as appropriate) starting on \_\_\_\_\_ (date) until further notice.

Barclays Bank plc (Windsor Branch A/c No. 10523208 - Sort Code 20 97 09) PO Box 1368, Windsor, Berkshire SL4 1PG

Customer Name \_\_\_\_\_ Customer A/c No \_\_\_\_\_ Payment Ref \_\_\_\_\_

Customer Address \_\_\_\_\_

Postcode \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

*Please return this form to the IRHH Tring Office*



**Helping people through treatment, both physically and emotionally, is an important part of the work of the Iain Rennie nurses. AMANDA KING went to meet MARGARET ALFORD to talk to her and her husband about how the care they receive from IRHH helps them to get the most out of life with cancer.**

## Meeting Margaret ...

I had noticed that I was getting rather plump." Margaret remembered with a wry smile, "I thought I was eating too much, and started having more fruit."

Rather than shedding a few pounds, as she had hoped, Margaret ended up being rushed into hospital suffering from severe sickness. Following a battery of tests, she and her husband Nick were given the devastating news that the doctors had found a tumour and that she had cancer.

"I had an operation which cured the sickness, and then chemotherapy." Margaret explained. "But the chemotherapy didn't work: I had a scan which showed that the tumour was growing. We opted for another session of chemotherapy and are just waiting for the results from that. The chemotherapy is dreadful. Six days after the treatment, you lose your hair, your feet start to tingle and you get ulcers".

Margaret and her husband Nick were sat in their living room, reliving the events of the past year, watched over by their faithful dog, Nell. As if the situation wasn't bad enough, the couple are still recovering from the trauma of Nick suffering from throat cancer the previous year. The doctors discovered growths on his voice box and Nick was given 20 days of radiotherapy treatment. Although his voice is still a bit croaky, and he still has to travel to Oxford for check-ups, Nick has fortunately made a good recovery.

"You quite often get cancer running in families", Nick commented, "but it is unusual for both spouses to get it. The past year or so has just been one thing after another."

Despite the obvious strain that both illnesses have caused, Margaret and Nick's kindness, consideration for others and quiet humour shine through and they were very keen to express their gratitude for the help they are being given.

"The people from Iain Rennie Hospice at Home are marvellous", Margaret commented. "They get things done."

"The wonderful thing is that they come to see you here. When you are feeling ill, you don't have to go out to the doctor's surgery. On their first visit, they had a chat with us, and checked that the medication was right. Now, they visit once a week and also ring during the week to check how we are. And if we have a problem or are worried, they are there 24 hours a day – you just ring them up".

"The nurses are so cheerful and always sit and talk things over. They always seem to have time for you although you know they are busy people."

Margaret also attends Stoke Mandeville Hospital for appointments with her consultant and visits the Aylesbury Hospice as a day patient. "IRHH always sorts out the transport to get there." she said. "We don't have to arrange anything because the hospital, hospice and IRHH all work together as a team".

"IRHH send a volunteer once a fortnight to help me do the shopping. We go round Tesco in Tring and get all the heavy and awkward things like cans, dog food, frozen food and washing powder. She is a very nice lady, Ann. They are all lovely."

Margaret and Nick try to live as normal a life as possible. "Nell is very good company." Margaret commented. "I can get a bit deaf because the Velcro on my wig gets in the way of my hearing aid. So Nell will bark if the telephone rings and I don't hear it. We try to go out for a little walk each day with her. It gives you a reason to go out and we have met lots of people who stop to say hello to us because of the dog."

As we sat in Margaret and Nick's living room, the song, "Raindrops keep falling on my head", drifted in from the kitchen. Concerned as they are about what the future might hold, Margaret and Nick exchanged a smile and a laugh. "That is our parrot," they explained. "He sings that when it is about to rain!"



## ONE MAN

One man and his wish to die at home  
 Changed our world it should be known.  
 To begin, five nurses made the team  
 So Iain and Moira had their dream.

Is it not amazing that ordinary mortals  
 Nurse the pain and help it go?  
 Nurse the body to help it know  
 That care is something elemental,

Is sensitive, not sentimental.  
 Is it not amazing that ordinary mortals  
 Plan and share and help and hold  
 The collecting box on streets so cold,

Plant the tree, organise the shop,  
 Or run the Marathon until they drop?  
 Is it not amazing that ordinary mortals  
 Work together in such a way

That care is given night and day?  
 Support rings round, comfort is there.  
 Nurses too need good care.  
 And now it's yours when needs arise

For death is really no surprise.  
 To die in love and not alone,  
 Not with a stranger, never known.  
 Instead, with mum or dad, you or me,  
 To share the wondrous mystery.

Isn't it thus?  
 The many faces of the diamond make it shine more brightly

*Maggie Parkins*

## ANNUAL GENERAL MEETING

**The IRHH AGM took place on July 13th and nearly 100 members and supporters joined us at Tylers Green on a very hot evening.** After the official business was concluded, Moira Rennie spoke to the audience about how the service started with Iain and their family. She said how proud Iain would have been of the organisation today and the fact that over 6,500 people had had the same nursing care that Iain received in 1985. Moira has maintained her support for IRHH over the 20 years and is an active and valued President. Director of Nursing, Sue Varvel, outlined the service as it is today, demonstrating that significant growth has not dimmed the original philosophy of care. As an organisation we are committed to caring for people at home and supporting their families through a high quality, skilled model of care.

IRHH Chief Executive Rowena Dean looked at the issues facing the hospice movement as a whole and IRHH in particular: "There are many tough challenges facing us in

the next few years but our strength is founded in our people – all the people associated with the service – our staff, volunteers, our communities and not least, our patients and families. Everything that was important to Iain Rennie and his family in 1985 is still important to this organisation today and will continue to be in the future."

Supporter and ITV Sports Commentator, Peter Drury was unable to attend the AGM as our guest speaker but had prepared a short presentation on video which can be viewed via our website. This was a wonderful, anecdotal and very relevant look at his experience of IRHH when our nursing staff cared for his father.

Poster Presentations as well as slides of archive material were on display at the AGM and these will form part of a more permanent archive.

You can access the IRHH Annual Report and Accounts and our Annual Review on the website at [www.irhh.org](http://www.irhh.org).

## THANKS TO PETER AND BRENDA BERNERS-PRICE

**IRHH Vice Presidents, PETER and BRENDA BERNERS-PRICE hosted a magical evening at their home in early July.** Not only did 100 guests have the privilege of enjoying their stunningly beautiful garden, but they were also treated to a gourmet dinner set in a marquee in the heart of the garden. As a result of their generosity and legendary hospitality, their guests have, so far, made donations to Iain Rennie of over £20,000.

Peter, as chairman of the 20th Anniversary committee, and Brenda, in her role as chair of the Faith Community Group which masterminded the Thanksgiving Service and Celebration of Care, have been at the heart of the success of our special year and we thank them for all they have done, and continue to do, for us.



## A TRIBUTE TO NORMAN STANLEY

**It is with great sadness that the High Wycombe & Amersham Fundraising team announce the sad death of their friend and colleague, "Stormin' Norman", who died on May 21st.** His enthusiasm, talent, fun and hard work will all be so sadly missed, not only by his friends on this committee and throughout IRHH, but by his beloved family and friends in many places throughout the world. Having travelled extensively, Norman decided to help swell the coffers of IRHH by visiting clubs, WIs and meetings to speak and show slides of those adventures. He was a very popular and accomplished public speaker and over the past nine years had raised many hundreds of pounds from these talks, to add to the thousands he helped this committee to raise for the charity he loved: IRHH.



## DAME CICELY SAUNDERS

**The Hospice world is mourning the death of DAME CICELY SAUNDERS, founder of the modern hospice movement.** All of us at Iain Rennie Hospice at Home would like to acknowledge the work of this amazing woman and to give thanks for the legacy that she has left behind her. Her work has made such a difference to people in the UK and abroad and she has been an inspiration to the many people who have followed her in the hospice movement. She will be greatly missed.



## THE IRHH ANNUAL CONFERENCE: A GUIDE ON A LONELY PLANET - SUPPORT IN THE WORLD OF PALLIATIVE CARE

The Iain Rennie Hospice at Home held its Annual Conference at the Postgraduate Centre at Stoke Mandeville Hospital on Wednesday 11th May 2005. The conference focussed on some of the current developments in Palliative Care and issues that are facing professionals working in this specialised area.

David Praill, Chief Executive of Help the Hospices, proved an excellent Chairman for the day and contributed a perceptive and entertaining continuity to the programme of exceptional speakers this year.

You can read a full report of the conference at [www.irhh.org](http://www.irhh.org).



### September sees the launch of a major IRHH campaign to harness support from local companies.

We know that "Time Is Precious" for active local business people, but the words have a deeper meaning for patients and their families receiving care from the IRHH. We hope that many firms will respond to our appeal by pledging £500 a year to pay for a week of nursing care. A special Recognition Pack will go to all companies who sign up and there is a special "Time Is Precious" web page with full details and online sign-up facilities which can be accessed from [www.irhh.org](http://www.irhh.org). If you work for a local business, please do what you can to encourage the decision makers to sign up. If your company doesn't receive a pack, please call us on 01442 890222 or download all you need from the website.

We would like to thank The Grass Roots Group of Tring [www.grg.com](http://www.grg.com) for generously sponsoring the full cost of the "Time Is Precious" appeal.

### HOSPICE SUNFLOWER THANKS

We had a fantastic response to our Sunflower Appeal this year with a record number of people signing up to make a regular gift by standing order, and a large number of donations. Thanks to everyone who showed they care by wearing their sunflower with pride.

### COMINGS & GOINGS

**Welcome to:** ANNA WILLIAMS and JESSICA LEATHERS, Specialist Support Nurses with the Wycombe team; PETER HOLLIDAY, IT Support Manager; LINDA PETRONS and JENNY MOLONEY, job sharing Fundraising

Secretaries; MICHAEL WILLIAMS, Wycombe Shop Manager; CHRIS COXELL, Retail &



Linda, Peter and Jenny

Trading Volunteer; SUSAN THACKER, Volunteer eBay Co-ordinator; MERYL BROOKS, Fundraising Admin Volunteer; STEPHANIE SINGER and HEATHER ENSOR, Volunteer Receptionists at Gillian King House; and all our new Volunteer Shop Assistants at Wycombe. We also welcome two new trustees, STEVE CUTHBERT and BRUCE NEWMAN who were elected at our recent AGM.

**Goodbye and thanks to:** JANE THOMPSON-BURT, Specialist Support Nurse with Ridgeway team; JENNY SMALL, Admin Volunteer at Tring. CHRIS BURROWS, IT consultant. After 8 years, CAROLINE WHITEMAN has retired as a trustee. The Council held a small reception to thank Caroline for her huge contribution to IRHH, particularly within Shops & Trading and the Hospice Lottery, and presented her with a small gift as a mark of its appreciation. Caroline took the opportunity to comment on the huge changes that have happened during her time at IRHH. In particular, she has seen the number of shops grow from one to nine.

**And some new babies:** Congratulations to LYNN GROUT, Paediatric Bank Nurse who gave birth to baby Reuben; RACHEL TOWNSLEY, Ridgeway team nurse, and baby Emma and LINDSAY ARMITAGE, Play Therapist, and baby Ferdie.

### LET'S TALK "20 YEARS OF CARING"

Our special 20 minute presentation has received excellent reviews and our team of speakers is ready and willing to visit your club, group, congregation, fellowship, school or company to tell the story of the Iain Rennie Hospice At Home and share our vision for the future. You are warmly invited to book one of our "Let's Talk 20" presentations by contacting Hannah Asquith [fundraising@irhh.org](mailto:fundraising@irhh.org) on 01442 890222.

## WORLD PREMIERE OF NOAH THE MUSICAL

This show for all the family will launch with a Gala Premiere Evening on 10th September at the Pendley Court Theatre in Tring for IRHH guests only, commencing at 7.30pm – an occasion not to be missed! With all original songs and lyrics by Ian Gower and Rob Alderton, this new musical really is state of the ark! It has all the elements you would expect to tell this great story, a large boat, the animals two by two, a storm, a dove and of course the symbolic rainbow. The gala premiere of Noah the Musical will feature a cameo performance by former BBC weatherman, Bill Giles, and other celebrities will also be among our guests. The full £20 ticket price for this performance will go to IRHH.

We look forward to welcoming you aboard the ark, and you can order your tickets through our website or by phoning 01442 890222. Full details are in What's On and on our website [www.irhh.org](http://www.irhh.org).



## LONDON WELSH MALE VOICE CHOIR : SATURDAY 29TH OCTOBER



The Beaconsfield Fundraising Group are delighted to present the London Welsh Male Voice Choir who will be performing at the Royal Grammar School in High Wycombe. Formed in 1902 and now with over one hundred and twenty members, the choir has had the honour of singing at many of the country's most prestigious concert halls and cathedrals.

Don't miss the chance to hear this sell-out choir in our own territory. See 'What's On for details. Or call the Beaconsfield Fundraising Group 01494 672270 or 01494 672426.

## HOSPICE LOTTERY SUPERDRAW – STILL TIME TO WIN £5,000 IN CASH!

There is still time to buy tickets for the 2005 Hospice Lottery Superdraw which will be drawn on 26th October. If you need more tickets (price £1) to buy yourself or sell to friends and family, please call 01296 661662.

## CHEDDINGTON GOES STRICTLY BALLROOM

On Saturday 25th June, Cheddington came alive to the sounds of the Smokey Joe Swing Band. Local residents and IRHH supporters enjoyed a 3 course supper in the village hall and then danced the night away. A spectacular £865.70 was raised which exceeded the expectations of the organisers. We would like to thank Allan and Mary Glendenning, John and Linda Smith, Di Garner, Pat Banister and everyone else whose efforts led to such a successful evening.

## JOHN BLY AT WADDES DON

On Sunday 24th July, IRHH patron, John Bly, gave guests at a Charity Luncheon at Waddesdon the opportunity to learn more about the pleasures of the 18th century dining table. The event was organised by For Pure Pleasure who have supported the IRHH over many years and are known for their high calibre events. This event was to be no exception; the raffle prizes included lunch or dinner for two at the Rembrandt Hotel, Knightsbridge!



## SPONSORED CYCLE RIDE IN MEMORY OF BEVERLEY

On Saturday 14th May 2005, Tony Wheeler and eleven friends undertook a 35-mile cycle ride around Chipperfield to raise funds for the Iain Rennie Hospice at Home. Iain Rennie nurses cared for Beverley, a friend of Tony, in the last stages of her life, and the cycle ride was in her honour. Beverley's husband Dave also took part. The day has raised £4,292.



## LOTTERY TICKET SALES BOOST

To date, lottery volunteer AMINA BARKER has sold 1,841 tickets which is a truly wonderful achievement. The Hospice Lottery has continued to grow rapidly and raised a record-breaking £319,000 for the participating hospices in 2004. With over 16,000 people in the weekly draw, the lottery is well on the way to reaching its 2005 target of £420,000.

The lottery is always looking for willing people to promote the lottery in different places. We have tickets being sold in doctors' surgeries, companies, at events, in warden assisted homes and hospice shops. If you think you know of somewhere to sell weekly tickets, maybe at your club or society, or you would like us to give a talk to your group then why not give the lottery team a call on 01296 661662?



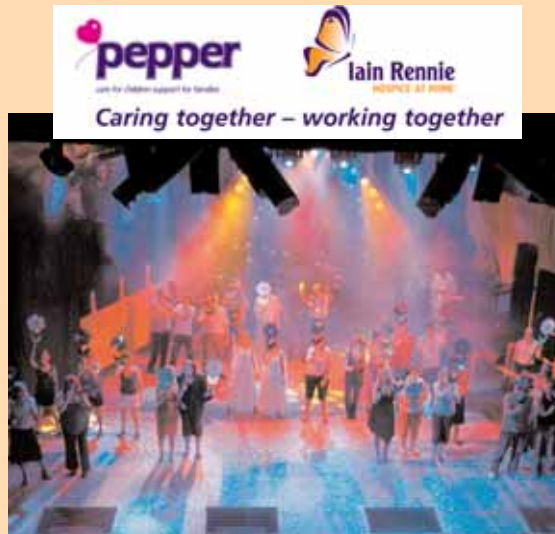
Lottery Volunteer, Amina Barker, receives a well earned bottle of bubbly.

## PEPPER HIGHLIGHTS

All of the money raised by Pepper goes to support the Pepper paediatric nursing team based within the Iain Rennie Hospice at Home and funded by The Pepper Foundation.

## ALL ABOARD FOR PEPPER!

The 17th annual Pepper Show got under way on 15th July and this year's show, "Pepper Summer of Rock", delighted audiences with its sunshine-filled journey to a Rock Competition aboard a red double-decker bus. As previous Pepper audiences would expect, the show was packed with great music spanning four decades of rock and pop.



## CHILTERN FUNDRAISERS LADIES LUNCH RAISES OVER £3,100 FOR PEPPER

Over 100 ladies enjoyed a wonderful buffet lunch in a marquee at the home of David & Vicky King, who kindly nominated Pepper as the charity to benefit from the occasion. Liz Clarke, Pepper Fundraising Co-ordinator, and Sonya O'Leary, head of the Pepper nursing team, were lucky enough to be guests of Chiltern Fundraisers on a perfect sunny day in late June. Sonya made a moving speech about the work of the Pepper nurses, described by guests as "from the heart". The lunch raised £3,070 and, including proceeds from the merchandise stall, the total raised was over £3,100 – a record result for the Chiltern Fundraisers group to whom Pepper and IRHH are very grateful.

## TRING FESTIVAL ART EXHIBITION RAISES £1087 FOR PEPPER CHILDREN'S TEAM

The Tring Festival Art Exhibition in June was held in aid of The Pepper Foundation. Organisers Julie Cade and Jenny Clabon have just presented the £1087 raised which will help to fund the Pepper nursing service based with the IRHH. The exhibition, held at the Walter Rothschild Museum, featured pictures and sculptures by a wide variety of local artists.

The exhibition was opened by the Mayor of Dacorum, Councillor Jane Hogg, who is supporting Pepper during her year as Mayor, and Robert Breakwell, who was one of the founders of the Pepper Show back in 1989. The Mayor of Tring, Mike James, and his wife Diana were also among the guests.



Councillor Jane Hogg, Mayor of Dacorum with Robert Breakwell

## FUN, FACTS & FIGURES

We could fill the pages of Doorstep with details of all the amazing fundraising activities that have been going on over the last few months. The following is just a selection, but a much fuller chronicle of F, F & F appears on our website [www.irhh.org](http://www.irhh.org) which is regularly updated. We wish to thank everyone who has raised money for us and regret that it has not been possible to include everything.

### Celebrations

- DEREK TOWNSEND celebrated his 70th birthday and asked for donations to be made to IRHH instead of gifts and raised £677.27 for us.
- MR BLAKE donated £20 raised from his 70th birthday party at the White Hart, Chalfont St Giles.
- FRIENDS of JANET ROWE of Hughenden have donated £230 (so far!) in lieu of birthday presents.

### Sponsored Events

- JJ STRINGER raised £239.65 in a sponsored headshave prior to his appearance as Buddha in "The King and I".
- REBECCA SCOTT completed the Flora Half Marathon at Silverstone and raised a fantastic £200.
- LAUREN OSBORNE & MARCUS DUBOIS completed the 16 mile Adidas Breakfast Run and raised a brilliant £393.01 in memory of Ali Forward.
- IRHH's veteran walker, GILL DAVIES, walked the 110 miles of the Dingle Way in Ireland and raised a wonderful £462.

- PETER TOWNEND cycled L'Étape du Tour – a classic 110 mile mountain stage of Le Tour de France – raising £330 in the process.

### Community Organisations

- The LIONS CLUB of BEACONSFIELD made a donation of £200 'to help cover the costs of the excellent work you do' for which we are most grateful.
- Thanks to HIGH WYCOMBE SCOUT AND GUIDE GANGSHOW which has raised £1,150 with more to come!
- Thanks to LEVERSTOCK GREEN WI who donated the proceeds of their March raffle - £25.
- The KINGSHILL VILLAGE SOCIETY donated £12 raised from a Coffee Morning held for their members.
- The ROTARY CLUB of HEMEL HEMPSTEAD donated £100 for which we are grateful.

## ANOTHER PERFECT PLOUGHMAN'S



The sun shone down on yet another wonderful Ploughman's Lunch held by Hazel Connor at her home in Marsworth. This annual lunch has grown in reputation since it began in 1993 and is always well supported. This year, a fantastic £592 was raised with guests being treated to a traditional lunch followed by a delicious raspberry meringue.

## BIG BAND SOUNDS

Dunstable Downs Rotary Club invite you to a night of toe-tapping big band music on Saturday 29 October. The sounds of Goodman, Herman, Glenn Miller and Count Basie will be performed by "Echoes of Swing". See What's On for details.

## FUN FACTS FIGURES

- The SOUTH BUCKS CIRCLE NO. 124 of The Catenian Association donated £250 raised through their Dinner Meetings over the last 12 months.
  - Members of the INNER WHEEL CLUB of BEACONSFIELD kindly donated £150.
  - HOLMER GREEN EVENING WI donated £58 - the profit from the Bluebell Walk Cream Teas.
  - Our good friends at TRING PATIENTS MEDICAL FUND generously donated £1,000 to mark our 20th Anniversary.
- Schools**
- WENDOVER C OF E MIDDLE SCHOOL donated £656.23 following 2 evenings of musical concerts held during May and sale of our lime green Care2Wear wristbands.
  - Thanks to DUNDALE PRIMARY SCHOOL & NURSERY who donated £50.

## Clubs, Pubs & Associations

- The CHINNOR JIGSAW PUZZLE CLUB donated £20 in April and a further £30 in June. Thank you!
- The FAT QUARTERS QUILT GROUP of Great Missenden donated £500 following an exhibition of patchwork and quilting last October.
- CHESS VALE BOWLING CLUB donated the proceeds of their raffle - £200 - following the opening of their new clubhouse by IRHH patron, Geoffrey Palmer OBE.
- LILLIAN & DERRY ROCHE and customers at The Old Bell Gate in Hemel Hempstead raised a grand total of £429 in a variety of ways, including raffle of a TV/Radio and a personally crafted walking stick which was subsequently auctioned.
- The CHESHAM & DISTRICT MODEL BOAT CLUB raised £70.46 at the Little Chalfont Village Day - and the children thoroughly enjoyed playing with the boats!
- The CHESHAM & AMERSHAM MENCAP SOCIETY donated £50 from their church service collection.

- The DENNYSIDE BOWLING ASSOCIATION and IVER HEATH BOWLS CLUB generously donated £1,450 following a special bowls match held in July.

## Churches

- Thanks to EDLESBOROUGH METHODIST CHURCH which raised £112.26 at a coffee morning held for us.
- Thanks to ST LEONARDS PCC who donated £222.35 in June.
- Many thanks to WIGGINTON BAPTIST CHURCH WOMEN'S OWN who donated £10.

## THE TANDEM THIRTY

30 brave supporters of the Iain Rennie Hospice at Home took to the skies of Bicester on Sunday for the experience of a lifetime – a tandem parachute jump. Jumping from over 12,000 feet and free-falling at speeds of 120mph may not be everyone's idea of a relaxing Sunday afternoon, but those who took part described it as a totally amazing, adrenalin-fuelled adventure.

Overall, a fantastic £12,000 has been raised through sponsorship and the Iain Rennie Hospice at Home would like to say a huge thank you to all those who were present on the day. Tandem jumps are available throughout the year – for more information please contact Joanna Dyson [jdyson@irhh.org](mailto:jdyson@irhh.org) on 01442 890222.



Sue Byrne freefalls from 12,500 feet.

## SOMERFIELD CHOOSE ASSOCIATION OF CHILDREN'S HOSPICES AS THEIR CHARITY OF THE YEAR

A team of six staff from Somerfield's Walton Court store did a 4 mile trolley dash around Tring. The team was welcomed by staff at the Iain Rennie offices at Western Road at 10.30 on the morning of Wednesday 29th June with the trolley full of goodies that will be used to raise funds for children being cared for by IRHH. Rowena Dean, Chief Executive of Iain Rennie Hospice at Home, who was amongst the reception party said "We are delighted at this innovative demonstration of support from our local Somerfield store". Across the UK a total of 40 teams did simultaneous trolley pushes. Visit [www.irhh.org](http://www.irhh.org) for more.



## ORCHESTRAL MANOEUVRES IN AMERSHAM FREE CHURCH

The audience at the Amersham Band's Memorial Concert on Saturday 28th May were treated to a musical extravaganza, with music ranging from Mozart to Lennon and McCartney. The concert was held in memory of past band members Jean Archer, Ralph Mulryne, Ian Nichol and Bill Lovell and at the request of their families, proceeds raised were split between the Iain Rennie Hospice at Home and the NSPCC.



IRHH Community Fundraiser, Joanna Dyson, was delighted to receive a cheque for £300 at the band's rehearsal night on Monday 13th June.

## GOLF ROUNDUP

### Golf Day Exceeds Expectations

Advanced Interior Solutions Limited, who are based in High Wycombe, celebrated 25 years in business by hosting a golf day for their customers, suppliers and corporate contacts. The event took place on 21st April at the Temple Golf Club near Hurley where guests were fortunate to enjoy beautiful weather as well as the stunning location.



A charity auction was held at the evening reception. Proceeds from the day vastly exceeded initial expectations and Liz Clarke, Community Fundraiser, was delighted to accept a cheque for £3,100 from Graham Peart, Managing Director of the company. This represented 50% of the total raised with an equal amount presented to the Agape school in India.

Despite some unpredictable weather, a number of Golf Days have raised some very welcome funds for the IRHH.

## ROTARY QUILT RAFFLE RAISES £2028

Members of the Rotary Club of Misbourne Matins presented the IRHH's Appeals Director, Robert Breakwell, with a cheque for £2,028 at their Breakfast Meeting at The Bull at Gerrards Cross on 25th May following a highly successful raffle. Club members had worked hard stitching the beautiful full size quilt which was then raffled. The draw took place at a Ball organised by the club on Friday 20th May and it was won by Tim Coombs who also joined club members for breakfast to receive his prize.



- The ROTARY CLUB OF BERKHAMSTED BULBOURNE'S 13th Charity Golf Day at Mentmore Golf and Country Club was as successful as ever with over £3,000 raised for IRHH. We send our thanks to Rotarian Phil Holliday who masterminded the day.
- Mentmore was also the venue when BERKHAMSTED ROTARY CLUB joined forces with the HEMEL HEMPSTEAD COMMUNITY POLICING TEAM for another very successful Charity Golf Day.
- BERKHAMSTED LIONS CLUB staged their annual Golf Day in aid of the Hospice of St Francis and IRHH at Whipsnade Golf Club with a 9 hole Texas Scramble and 18 hole Stableford and raised £1,500.
- David Thomas generously decided to support the IRHH during his year as Captain at MOOR PARK GOLF CLUB. His recent Charity Day was a great success and we were grateful for the opportunity to tell his guests about our work as they progressed around the course.
- The lady members of CHORLEYWOOD GOLF CLUB raised £66 for us in their Winter Eclectic competition as well as £352 for Pepper from their Bridge evening.
- The Ladies' Section of the GERRARDS CROSS GOLF CLUB collected donations of £140 following their annual competition to raise funds for the Iain Rennie Hospice at Home.
- Martin Cheshire of ALMAR PRINTING SERVICES in Tring held his annual Charity Golf Day for us at Leighton Buzzard and, with the help of his guests and colleagues, raised over £1,000.

## CELEBRITY FOOTBALL SUCCESS

The sun shone down at Chesham United Football Club, on Sunday 15th May, when over 1,000 people turned up to cheer on their favourite celebrities in the special match to celebrate IRHH's 20th anniversary year.

Under the captaincy of former England and ex Watford player Luther Blissett, the celebrity players included Ben Shephard from GMTV, actor Tom Craig (Tommy from Coronation Street), cricketer Alec Stewart and former Steps singer Lee Latchford Evans.

Awareness of the IRHH cause and more than £3,300 was raised on the day, with the Sky One Dream Team eventually winning 5-3 following a hotly fought penalty shoot out. More pictures and information at [www.irhh.org](http://www.irhh.org)



## TIM'S TRIUMPHANT TOTAL

Starting with a Charity Golf Day in March, IRHH supporter Tim Anders has been a man on a mission to raise funds for the Iain Rennie nurses during his year as Worshipful Master at the Temple Manor Lodge. With the support of family and friends and the generosity of the golfers and brethren of the Temple Manor Lodge, Tim has raised enough to cover the cost of a nurse for 18 weeks, during which time in the region of 450 patients will be visited.



Worshipful Master, Tim Anders, Vice Chairman of IRHH Trustees, Tom Johnson, and Charity Steward, Richard Hirst.

## FUN FACTS FIGURES

- The PAROCHIAL CHURCH COUNCIL at LITTLE GADDESSEN gave us a cheque for £200 in furtherance of the work of our organisation, along with best wishes from the parishioners.
- We thank the UNITED REFORMED CHURCH at CHESHAM which donated £100.
- THE CHURCHWOMEN'S FELLOWSHIP OF NETTLEDEN & POTTEN END donated £50.
- **Masonic Lodges**
- The IMMEDIATE PAST MASTER OF HUNDRED OF BURNHAM LODGE No. 5568 chose IRHH as one of his two chosen charities and donated £500.
- HUGHENDEN LODGE NO. 6308 donated £500 "to go towards the splendid work that you do".
- The PROVINCE OF BUCKINGHAMSHIRE WINDSOR END CHAPTER raised £145 from a raffle at their meeting in June.

### Out & About

- Thanks to JOHN FOX who donated £25 in March raised from a concert by his trio and again in June raised £25 following a concert given to the Jansel Sixty Club.
- IRHH volunteer, MRS. VALERIE PENN, and a friend raised £22.58 with a cookery demonstration and sale of kitchen equipment.
- BARBARA CROW raised £290.53 from the sale of Furry Friends and donations at The Chiltern Hospital.
- MRS S MORRIS donated £45 from the sale of her hand made greeting cards and notelets.
- We thank long term supporter and Complementary Practitioner, EMMA JAMES, who has kindly given £54 and 7 gift vouchers for therapies to use as raffle prizes.
- Thanks to SALLY KING who organised a makeup party, raffle and auction raising £206.
- PAT SALLY sold her freezer and donated £30 to us!
- MRS J B FULCHER organised a small coach outing to Windsor Races and raised £20 from the raffle she held.
- Thanks to MRS BRIGITTE KEMP who organised a fundraising day which included coffee & biscuits, a light lunch followed by a piano recital by her daughter finishing with bridge with tea and cakes. She raised a fantastic £400!
- JENNY YARROW held a light lunch for the HYDE PARK ESTATE ASSOCIATION who also donated the proceeds of their June Coffee Morning, raising a total of £121.
- Our grateful thanks go to the LYE GREEN RESIDENTS who kindly donated £250.

## FUN FACTS FIGURES

- MRS WESTON of Oldham in Lancashire organised a coffee morning for friends at the Greenfield Methodist church and raised £300 for Iain Rennie.
  - ANNETTE DODD runs a Fantasy Football league and enters a Cancer Charity team which came 6th and won £30 which she passed on to us.
  - SANDIE WITT & ZOE LEESE held a plant sale again this year and raised a fantastic £325.
  - MRS N BALSCHAW of Leighton Buzzard raised £44 from the sale of her cards.
  - MRS M BORLAND of Fife, one of our quiz supporters, together with two of her friends provided prizes for a prize bingo in Newport-on-Tay and raised £141.40 for us.
  - Thanks to ELIZABETH FIRTH and PADDY SANGER who held a fundraising lunch for 75 friends and raised £760.56.
  - SARAH and JOHN COPAS, plus a "team" of supporters raised a delicious £782.34 at their Strawberry Tea with Madrigals afternoon in July.
  - The LANE END CHARITY GROUP raised £235 from their stall at the Village Fête which they donated to us.
- Companies**
- Creators of fine chocolates, LYELLS of LONDON, generously allowed the IRHH to benefit from sales of Easter eggs to Cliveden Club members. We thank them all for a donation of over £600.
  - LYNDA HUNT of Heritage & Sons, Amersham, raised £240.47 from organising a quiz.
  - M'N'H PLANT OPERATOR & SITE SERVICES of Redbourn donated £50 for 20 quizzes – helping to make Joyce & Irene's 20th Anniversary Dream come true!
  - BAE SYSTEMS PROPERTY & ENVIRONMENTAL SERVICES at Westcott received the BAE Systems Charity Challenge Campaign award for fundraising as the site which raised the most money per person – a great achievement as they are only a small site with 80 people. They were given £3000 to donate to charities of their choice and they awarded £1,000 to IRHH. Thank you!
  - Staff at HAINES WATTS, Chartered Accountants, of High Wycombe raised £50 on a 'dress-down' mufti day.

## IAIN RENNIE 20TH ANNIVERSARY HORSE SHOW

The first Iain Rennie Horse Show took place on Saturday 21st May at Cowleaze Field, West Wycombe. We are most grateful to Sir Edward and Lady Dashwood for allowing us to use this splendid field. Despite the appalling weather, the event was a great success and we have decided to make this an annual event and the date, 20th May 2006, has already been set for next year.

The members' Marquee provided shelter from the rain and 100 members enjoyed a three course lunch and afternoon tea, as well as a ringside view of the action. Book early to be sure of a seat next year! Contact Lesley Gorton [Igorton@irhh.org](mailto:Igorton@irhh.org) on 01296 660130.

Many people contributed to the success of the day, too numerous to mention individually, but particular thanks go to all of the judges who gave of their time and expertise and to all our generous sponsors, especially Stuart Cook from The Equestrian Television Company, who was our unfailingly cheerful and professional commentator.



Charlotte Hilder and Diamond in the Novice Show Jumping Class.

## MILLENNIUM WOODLAND COMMEMORATIVE BOOK LAUNCHED

The outgoing Mayor of Tring, Cllr. Denise Rance, who has supported IRHH during her year as Mayor, launched a special Commemorative Book for the Tring Millennium Woodland at a



signing ceremony on Monday 23rd May. Signing the book was Denise's last official duty before handing on the chain of office to Cllr Mike James who was later elected Mayor. Cllr James will also be supporting IRHH during his year. She signed her personal message in the book which contains the names of everyone who dedicated trees in the woodland and lists those for whom trees were dedicated. The book will now go back on display in Tring Library along with the first volume which was produced following the original planting in 2000. Visit [www.irhh.org](http://www.irhh.org) for more.

## CHARITY ROCK CONCERT

The sounds of classic rock filled Wye Valley School on Saturday 25th June when the group "Burn" and local



support bands played in support of the Iain Rennie cause. A great night was enjoyed by all. Bob Leach, Mark Hall and Dave Kimber (right to left) present Sue Varvel, Director of Nursing, with the fabulous cheque for £1,250.

## SAPPHIRE SINGERS HIT THE RIGHT NOTE

IRHH Trustee Keith Paterson was thrilled to collect a real gem of a cheque for £1,000 from the Sapphire Singers on Friday 10th June. The singers are in their 19th year and perform in residential homes within the local community.



Keith Paterson IRHH Trustee receives £1,000 from Beris, Cherry, Chris and Geoff of the Sapphire Singers

## PLANNING A FUNDRAISING EVENT?

We are always pleased to provide practical help and support to anyone who wants to raise funds for us. Call us now on 01442 890222 or email [fundraising@irhh.org](mailto:fundraising@irhh.org).

## BUCKLAND PUB

The temporary conversion of Buckland Village Hall (near Aston Clinton) into a pub run by village volunteers over the May Bank Holiday weekend is a popular fixture in the local calendar. This year's event was particularly successful and the IRHH was delighted to accept a cheque for £1,820 from organiser, Phil Hedges.



## DONKEY DERBY

On Saturday 28th May, Hannah Asquith and Liz Clarke from our Community Fundraising team attended the Rotary Club of Burnham Beeches' 14th annual Donkey Derby. It was a sunny day but so windy that Winnie the Pooh, the star prize of our teddy bear tombola, risked being blown away. The adventurously named donkeys (including 'Cream Slice' by Fitness Fanatic out of Balanced Diet, and 'Hamlet' by Bill Shakespeare out of Cigar Box) weren't bothered by the wind, or by being ridden by children from Windsor Horse Rangers. We raised £168 and lots of awareness of our work in the south of the patch.

## ALL THE FUN OF THE PETERTIDE FAIR

The IRHH was honoured to be one of the charities benefiting from the annual Petertide Fair at St Peter's Church in Berkhamsted. The IRHH Mobile Exhibition Unit attended and our team of volunteers was delighted to be made so welcome.



## THAMES TRADITIONAL BOAT RALLY

65 guests of IRHH had a wonderful day out at the Thames Traditional Boat Fair at Henley on Saturday 16th July.

The marquee, kindly sponsored by The Michael Shanly Group, looked a picture, decorated with orange and purple balloons and adorned with beautiful flowers in toning colours.



Inside guests enjoyed a cooling champagne reception before feasting on a sumptuous 3 course buffet luncheon that looked superb and tasted even better! Around £5,000 was raised and a wonderful time was had by all. Please visit [www.irhh.org](http://www.irhh.org) for more details.

## JOHN HOWARD FUN DAY

Visitors to the John Howard Fun Day in Gadebridge Park on Sunday 12th June enjoyed live music, ice cream, burgers, live radio interviews, car boot sale, raffles, tombolas, cake stall, a dog display team, and majorettes all at the same event!

John Howard was an exceptionally brave man who was nursed for over two years by IRHH nurses. John died in January 2001 and in his memory, John's wife, Eileen, and a small committee led by Martin Crowhurst and Maureen Flint have organised an annual Fun Day. The fifth annual John Howard Fun Day raised just under £1,000.

## RECORD TURNOUT FOR FIFTH TRING MIDSUMMER FUN RUN

Glorious sunshine and soaring temperatures drew crowds of people to the fifth annual Tring Midsummer Fun Run organised by Tring Running Club in conjunction with the Iain Rennie Hospice at Home.

A staggering 573 runners entered a series of races of different distances for under 7s, under 9s, under 11s, under 13s and under 15s culminating in a 5km Seniors event. All proceeds from the evening, as well as sponsorship raised by participants will benefit the IRHH.



## RHYME AND REASON BOOK LAUNCH

The 15th edition of this wonderful anthology of stories and poems by new writers will be officially launched at a special evening to be held at the Fitzwilliam Centre, Old Beaconsfield, on Monday 3rd October. The evening will include readings and a Beaujolais Champagne Challenge Wine Tasting. Tickets are £5 each or £30 per table (maximum 8 people). Call Jo Dyson at IRHH on (01442) 890222 for more information.

Following the launch, Geoffrey Palmer will be signing copies of the new book at W H Smiths in New Beaconsfield on Saturday 10 December, between 10.30am to 12.30pm. Why not come along and snap up a copy!

Following very successful sales of the 2005 edition, Sandra Hurst of the Rhyme and Reason Fundraising Group presented us with a fantastic cheque for £2,500, at the Beaconsfield Awareness Day on Saturday 11th June. The Mayor of Beaconsfield, Archie Legg, was pleased to receive the cheque on behalf of the Iain Rennie cause, accompanied by Dominic Grieve MP, Tom Johnson, Vice Chairman of the IRHH Trustees and the Town Crier.

The proceeds raised by Rhyme and Reason are kindly donated to the Iain Rennie cause. The book costs £4.50 and is available from Joanna Dyson at IRHH, [jdyson@irhh.org](mailto:jdyson@irhh.org) or call 01442 890222.



## DONATING TO OUR SHOPS

Iain Rennie shops make a huge contribution to funding the IRHH nursing service. We rely on donations of good quality clothing, household goods, bric a brac, books, records, tapes, CDs, videos, toys and small electrical items in good working order. For more details about the types of goods we can accept, please contact Lesley Gorton on 01296 660130.

### TRING

01442 891006

### WARNERS END

01442 260696

### BENNETTSGATE

01442 219000

### PRINCES RISBOROUGH

01844 344130

### LITTLE CHALFONT

01494 549910

### BEACONSFIELD

01494 680789

### High Wycombe

01494 463657

### AMERSHAM

### (PEPPER SHOP)

01494 725932

**If you have a large quantity of goods to donate please ring the shop of your choice in advance to ensure there is space to house your donation.**

## RETAIL & TRADING SPECIAL EVENTS

### PRINCES RISBOROUGH EVENT IN A TENT

At the end of May retired local GP and IRHH supporter, Tony Maisey, offered us a marquee in his garden in which to stage an event. Brenda from Princes Risborough shop put on a Quiz Night and Auction and raised over £4,000 including a generous donation from Princes Risborough Rotary Club! Thanks go to Bill Giles, our gallant quizmaster, and Dick Williams, our splendid auctioneer.

### BOOK BROWSE

Peggy Bainbridge organised her famous Book Browse once again. It took place on Saturday 23rd July at the Anglican Church Hall in Tring. Customers enjoyed classical guitar music, homemade cakes and browsed through hundreds of books, CDs etc. As usual this event was a great success; our thanks go to Geoffrey Palmer OBE for his unfailing support and the Mayor of Tring, Cllr. Mike James, for doing the official opening.



## MERCHANDISE

To celebrate our 20th Anniversary we have a lovely range of Iain Rennie merchandise including, Bone China Mugs, Butterfly Mousemats, Golf Umbrellas and, of course, Rennie Bear! In addition we have the perfect gift for Gardeners, Wine Lovers and Pamper Kits for that touch of luxury. Look out for us at IRHH events or order on-line at [www.irhh.org](http://www.irhh.org).



## SHOP REFURBISHMENTS

We were absolutely delighted when a team of volunteers from HSBC Bank descended on Warner's End to give the shop a fresh new look, with white walls and a laminate floor. The effect is light and bright and makes the shop feel much bigger. In addition, they raised nearly £300 to offset the costs associated with the project, and did a collection of donated goods for the shop. We are enormously grateful to Sally Keen and her team for all their hard work on this project.

More good news: a team from the Royal Mail is decorating Princes Risborough shop and John Lewis, Watford have agreed to refurbish the Tring shop. It is wonderful to see large businesses such as these supporting us in this way.

Various local businesses have generously agreed to sponsor new signs for some of the other shops: David Boggins, a local publican, has sponsored Bennettsgate, Amber Signs has sponsored the Tring shops and Martin Heath, Chartered Surveyor, has sponsored High Wycombe. We are still looking for sponsors for Beaconsfield and Little Chalfont.



## NEW SHOP IN HIGH WYCOMBE



On Saturday 2nd July, we opened our 9th shop at 112 Desborough Road, High Wycombe. Guest of honour was former BBC Weatherman and IRHH Supporter, Bill Giles. Shoppers enjoyed Bucks Fizz and nibbles as they searched for bargains.

We have been very impressed with the welcome we have received from the local community and are confident the shop will be a great success. We are, as always, looking for donations of good quality clothing, bric a brac, books, CDs, toys etc.. There is parking outside the shop, but be sure to get a ticket (10p) as the local traffic wardens are very keen! We have been fortunate to recruit some fantastic volunteers but are always looking for more.

## CHRISTMAS IS COMING!

### CHRISTMAS CARDS

Those who have seen this year's **CHRISTMAS CARD** range say that this is a great selection with something for everyone! Our 'new look' brochure is enclosed with this issue. This year's local scenes include a depiction of January's Care 2 Walk event at Coombe Hill, Aspects of Beaconsfield and a delightful watercolour of Aldbury, the original painted by none other than our very own Sarah Ferri, Assistant Manager of our Tring Shops.

### WHAT ABOUT PERSONALISED CHRISTMAS CARDS?

As last year, we will be offering a personalised, overprinted card service. The selection is equally suitable for business or personal use. This year a massive 51p in every pound spent comes directly to Iain Rennie. If you would like to receive a personalised Christmas Card brochure, please contact Lesley Gorton [lgorton@irhh.org](mailto:lgorton@irhh.org) on 01296 660130.

### HOW YOU CAN HELP

A high percentage of our cards and merchandise is sold at Iain Rennie events from Wine Tastings to coffee mornings and Christmas Fayres. If you are having such an event in your area, however small, we want to hear from you. We will provide you with all you need to run an Iain Rennie Christmas stall or table. All these events are manned by volunteers and we are looking for people who may be able to give us a few hours to help sell and pack Christmas cards. If you feel you might be able to help, please contact Lesley Gorton [lgorton@irhh.org](mailto:lgorton@irhh.org) on 01296 660130.

Another way you could help is by becoming a Christmas Card agent. This involves showing your friends and family samples of our cards and sending the orders to Tring for fulfilment. This is a great way to support us if you only have a little time or do not relish the idea of large boxes of cards! If you would like to become an agent, once again please contact Lesley at Dixon's Gap

### WHAT ELSE CAN YOU BUY?

**RENNIE BEAR** is the ultimate caring Christmas Gift. Give a good home to Rennie and you will be funding 20 minutes of nursing care in our 20th Anniversary year.

Due to popular demand, the **IAIN RENNIE CHRISTMAS PUDDING** is back; made with the finest ingredients and still only £5.50 for a 1lb pudding. Why not taste for yourself? Tasting samples will be available at The Tring Office and Gillian King House from October.



We are very proud of this year's **CALENDAR** – 'A Year in the Life of the Iain Rennie Hospice at Home'. Look out for pictures of many of our 20th Anniversary celebrations and at only £4.25 it makes the ideal gift for family and friends.



Watch out for **FLASHING**

**BADGES** - the 'must have' Christmas accessory! As usual our little furry friends will be available from our shops and offices for just £1.00. And keep Santa's little helpers happy by purchasing a **SACHET OF REINDEER FOOD!**



### HOW TO ORDER

You can buy cards from all our shops, at both offices, by mail order using the order form on the back of the brochure, at Cards for Good Causes outlets at Beaconsfield and Marlow and at various Iain Rennie events in the lead up to Christmas. You can also order online at [www.irhh.org](http://www.irhh.org) using our secure ordering facility. Order early to avoid disappointment!

### CARE 2 WEAR WRISTBANDS - the newest and most fashionable way to support IRHH!



Launched with the help of our Patron, Geoffrey Palmer OBE, in May, wrist bands have proved to be a great success story, raising over £15,000 in 3 months!

We were fortunate to be supported in this initiative by Gary Grant, Managing Director of the Entertainer Toy Shops, and our bands can be found on sale in all of his shops and other prestigious outlets such as Hamley's

in London. You can also purchase a band from any of our shops or offices and on-line at [www.irhh.org](http://www.irhh.org). Show your support for IRHH by wearing your lime green Care 2 Wear band!

### WELL DONE, JAMES!

We are very proud of James Harrison, Dixon's Gap volunteer, who won a gold and 2 silver medals swimming at the Special Olympics in Glasgow recently. We were also delighted that James was a runner up in the ACS Young Volunteer of the Year Competition. We now have over 170 volunteers across the shops and trading and we simply could not manage without them, THANK YOU!



## Mary Wiles Talks To HARRY HERRING, Volunteer Electrician with Retail and Trading Department at Dixons Gap, Wilstone.

*How did you first become involved with IRHH?*

Following the death of my wife two years ago, after a very long illness, I was at a bit of a loose end, and wandering around Tring one day, I discovered the IRHH shop. I noticed that, amongst all the treasures displayed, there were very few electrical items. On asking the reason for this, I was told that, because of current rules and regulations governing the sale of second-hand items, they could not sell anything electrical unless it had been checked by a competent electrician. As I am a competent electrician, I promptly offered my services!

*What exactly do you do?* Having retired from an extensive career in electrical engineering and electronics, including working as an electrical test engineer, I am able to check over donated items and ensure that they meet the statutory safety requirements before they go to the shops to be sold. Over the past nine months, together with another volunteer Cliff Critoph, we have checked over 1200 items, such as TVs, videos, lights, coffee makers, kettles, fans, vacuum cleaners, and computer hardware.

*Do you find the work rewarding?* Yes, I am very pleased to have found a voluntary job, which uses the expertise I have gained over the years, to help others. I usually go to Dixons Gap two days a week and enjoy working with the staff and volunteers there, and will hope to continue with this, as long the donated electrical items keep coming in.

*If you have any electrical items which you would like to donate, please deliver them to one of our shops, or to the office at Dixons Gap, where Harry and Cliff are waiting to check them out. Please note that there are certain types of goods, particularly larger items, which we are unable to sell. Always check with us by calling 01296 660130.*



## VOLUNTEER OPPORTUNITIES

We have a wide range of volunteer vacancies, details of which are available on our website or from ROZINA AHMAD, Voluntary Services Manager, rahmad@irhh.org on 01494 877200 who will be delighted to have an informal chat with you. Some of our current opportunities include:

**RECEPTIONISTS AT TRING OFFICE.** We have a vacancy for a Monday afternoon receptionist and also for receptionists to cover holidays etc. If you would enjoy meeting people and working in a friendly office please do get in touch.

**NURSING EQUIPMENT CO-ORDINATOR.** Would you be able to help our nurses by maintaining and overseeing the nursing equipment? This is based at our Tring office & would only involve about half a day a week.

**MONEY COUNTING VOLUNTEER.** Also based at Tring we are looking for volunteers to help count the large sums of money received from our street collections and fundraising events for just a couple of hours a week.

**MINUTE TAKING VOLUNTEER.** Would you be able to help us by taking notes and typing up the minutes for our Community Consultation Group meetings which are held three times a year, during the evening, at Amersham?

**SHOP ASSISTANTS.** We are very keen to hear from volunteers who have a few hours to spare and would like to help us raise funds in our shops. We are particularly looking for help in our new shop in High Wycombe, and also Amersham and Warners End, but all of our shops would welcome additional help.

**CHRISTMAS CARD PACKERS/SELLERS.** If you have some time to spare from September and would like to join our team of Christmas Card Packers, based at Dixons Gap, please get in touch. We are also looking for volunteers to join our team to sell Christmas cards at various locations throughout our area.

We are still recruiting for Volunteer Bereavement Visitors, Drivers (for our shops and to transport patients) and volunteers to help at events.

## TEAM CHALLENGES

We are extremely grateful to teams of volunteers from Dacorum Borough Council and HSBC in Hemel Hempstead. The team from Dacorum Borough Council answered our plea to redecorate our meeting room at Tring which was in need of brightening up! And the team from HSBC worked extremely hard to re-decorate our shop at Warners End. Do call in and have a look at the shop.

## JIGSAW INFORMATION SESSION

The next Jigsaw will be on Monday 26th September, at Dixons Gap, Wilstone, near Tring from 1.30 to 4pm. We normally run Jigsaw during the afternoon, but if you would be interested in attending an evening 'Jigsaw' please let Rozina know as we would be pleased to run an evening session next year if there is a demand.



## VOLUNTEER OUTING

Around 60 IRHH volunteers joined us on our volunteers' outing to Brighton in June. Everyone enjoyed the gloriously sunny day by the sea!

## DOORSTEP AND WHAT'S ON DATES

Contributions for the next edition of Doorstep are required by Friday 16th December.

Please note that there will be no folding/packing/stuffing on 1st and 4th October.



## WEATHERMAN BILL FORECASTS FUN

According to retired weatherman, Bill Giles, the outlook for sales of Joyce Bailey and Irene Cammegh's fascinating 20th Anniversary Quiz sheet is excellent. He formally launched the quiz, which is available from all IRHH offices and shops, price £1, after giving a talk in Princes Risborough. To receive a copy, send £1 and a stamped, addressed 9 x 6 envelope to Suzanne Britton at Tring Office.



## LIGHT UP A LIFE

The enclosed leaflet gives details about how to dedicate a light on one of seven Light Up A Life Christmas Trees across the IRHH area. By making a dedication, you will be honouring or remembering someone special in your life as well as supporting the work of the Iain Rennie nurses. We also hope to see as many people as possible at one of the seven Dedication Ceremonies when the thousands of tiny lamps on the trees will be illuminated.

## STARTREKKERS: MARION AND SUE HEAD FOR PERU



The IRHH's daredevil Director of Nursing, Sue Varvel, and Hospice Lottery Director, Marion Bryant, have committed themselves to raising £5,000 for us.

Our very own "Thelma and Louise" are planning to tackle the Inca Trail next March and, having already covered the costs of the trip, are looking for people to sponsor them. You can sponsor them by contacting them via our Tring office on 01442 890222 or by visiting their web page and online sponsorship pages via [www.irhh.org](http://www.irhh.org). The intrepid trekkers are also organising a "Super Quiz" on Saturday 24th September at the Misbourne School in Great Missenden to raise extra funds. Make up a team and come along. See What's On for details.

## A POSTCARD FROM RENNIE BEAR

Lewis Fletcher is the winner of our Postcard from Rennie Bear competition with this shot of Rennie after his freetail parachute jump strapped to intrepid IRHH Community Fundraiser, Liz Clarke.



And in July, Police Officer and IRHH supporter, Shaun Gidney from Aston Clinton, captured this picture of Rennie Bear emerging from No. 10 following a meeting with Tony Blair to lobby for increased government funding for hospices.



Both postcards win a Kodak Advantix camera.

## 20TH ANNIVERSARY TRADITIONAL FETE

Dixon's Gap

September 11th 2005 11.30am - 3.30pm

Tring and Hemel Hempstead shops warmly invite you to a day of fun and frivolity!

Beer Tent ... Tea Tent... Bouncy Castle ... Pony Rides ... Cakes and Produce Stall... Books and Bric a Brac ... BBQ and lots, lots more.

*Please come and support us! Maps available!*

## A BLOOMING SUCCESS!

We are thrilled to report that "Open Garden Across The Chilterns" has been a huge success. Our first ever official open garden programme featured 45 garden openings through the early summer. From small town gardens to large country estates, IRHH supporters have had a rare opportunity to explore the secrets of hidden and private gardens not usually open to the public. In total, the open garden programme 2005 has raised over £26,000 with a little more expected.



The scheme was only made possible by the hard work of all opening gardeners, and the volunteers who have helped serve refreshments, sell merchandise, manage plants stalls and more besides. Thanks are also due to Jack Morton Worldwide who designed our beautiful leaflet, free of charge, and to our sponsors who covered the costs of printing.

If you would be interested in opening your garden in 2006 for IRHH, please contact Hannah Asquith [hasquith@irhh.org](mailto:hasquith@irhh.org) on 01442 890222. We would like to make this an annual scheme and already have a few gardens signed up.

• A big thank you to the organisers of Amersham Flower Festival which was held in June who have supported us this year.

## Beaujolais - Champagne

CHALLENGE 2005

We are delighted to be working with our good friends at BP and Castrol on the 2005 Challenge. Once again, we will be importing a range of quality wines and champagnes which you can order by the bottle using the enclosed order form. Your wine will be with you in good time for the festive season. If you make a donation, you can also enter a competition to win a case of champagne! The sponsorship arrangements mean that the full price you pay for your wine comes to the IRHH so please stock up! Additions to this year's range include a fantastic pink Champagne, top quality, well priced Beaujolais Villages 2004 and a superb easy-drinking Beaujolais Blanc made from chardonnay grapes. Enjoy! Please call us if you would like to taste any of the wines as we have a number of Wine Tastings planned.

### FREE WINE TASTINGS

Our popular Wine Tasting season is now under way and ends in November when our annual Beaujolais Champagne Challenge event takes place. The formula is simple: you provide the venue and the guests (minimum 20) and we'll provide the wines and everything else needed for an enjoyable evening including a magnum of Crémant de Bourgogne to use as a raffle prize! If you would like to know more, call Robert Breakwell [rbreakwell@irhh.org](mailto:rbreakwell@irhh.org) on 01442 890222.



**TEA@3 THANKS** Cakes, scones, sandwiches and other delicious delicacies featured in the "great bake" that always makes up part of the Tea@3 celebrations! This year, in addition to the traditional afternoon tea, other events included tea with boules and a special tea fête in Chipperfield. Thanks to the generosity of those who both held and supported Tea@3 more than £6,000 has been raised.



## AN EVENING WITH QUEEN VICTORIA: A PORTRAIT IN HER OWN WORDS

Don't miss out on tickets for this event which takes place at 7.30 pm on Sunday 23rd October 2005 at Berkhamsted Collegiate School, Kings Road, Berkhamsted. See the enclosed leaflet for details of how to obtain tickets or visit [www.irhh.org](http://www.irhh.org).

This production, starring the much-loved British actress, Prunella Scales, has been an outstanding success since its inception at London's Old Vic in 1980. It has toured the world frequently (five tours in Australia alone), has been recorded by BBC TV, broadcast on BBC Radio 4, and was released on audio cassette. In all, over 400 performances in venues ranging from American concert halls to the more intimate surroundings of English stately homes.

The show is a portrait of Queen Victoria in her own words, drawn from her letters and diaries. The music, performed by the well-known tenor, Ian Partridge, and the pianist, Richard Burnett, is from pieces known and loved by this often surprising woman and underpins the entire entertainment. The programme, as you might expect from an actress who triumphed as Sybil in Fawlty Towers, is very funny, but above all it is a tour de force for a superb actress.



If you would prefer not to receive future editions of Doorstep or if any of your details have changed, please call 01442 890222 or email [doorstep@irhh.org](mailto:doorstep@irhh.org)