



**Iain Rennie**  
HOSPICE AT HOME

**25**  
Years of  
Patient Care

# DOORSTEP

SPRING 2011

incorporating Getting Involved



**Cover girl: Fern Britton  
backs new bike ride**

**How your support helps patients and families locally –  
keeping you in touch with Iain Rennie Hospice at Home**



**W**elcome to our new-look Doorstep! We've incorporated all our fundraising news from Getting Involved in a move to cut costs and make it easier for you to access all relevant information. We'll be producing two issues a year from now on, so do keep an eye on our website or sign up to our monthly e-news bulletin to keep up to date with all that's going on.

Many of you will know by now of our exciting plans to merge with Grove House Hospice, subject to approval by the Charity Commission and members' consent, following the successful integration of our clinical services last April.

This collaboration extended the Iain Rennie model of care further into Hertfordshire, and has already given 100 more patients access to 24/7 hospice at home nursing care, as well as saving both charities over £100,000 through cost sharing.

The boards of both charities believe that a merger would be in the best interests of existing and future patients in our combined catchment areas - and I'm delighted that we'll be working even more closely with our Grove House colleagues in order to provide better care to more people.

We know that many people with conditions other than cancer currently miss out on our care and do not have the quality of life we know is possible. The merger will help us reach them - and alleviate the waiting list pressures we're currently managing as patient numbers increase.

We will continue to use both the Grove House and Iain Rennie Hospice at Home names and logos in their respective areas to help ensure that both charities maintain their strong local presence, support and community roots.

Supporters will be able to choose where their donation is spent, and our volunteers will continue their invaluable work under the Grove House or Iain Rennie names to support patients and families.

We will be working together to establish the best way to configure the new charity, working with staff, volunteers and supporters. Other plans remain unaffected by the announcement: our pilot project trialling a more effective night service for patients and carers will continue (see page 4 for details) and our fundraising team will complete their move to a new office in Tring in early spring. Thank you to everyone who has supported us in this long-awaited and much-needed relocation!

**ROBERT BREAKWELL**  
Chief Executive



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Reg. Charity No. 297847



**Out of hours pilot should reach more patients**  
Page 4

**Could you spare some time to volunteer?**  
Page 6

**Have some fun with our FUNdraisers!**  
Page 10

**In loving memory: our new tributes page**  
Page 13

**Hear how our shops are doing**  
Page 14

**Dates for your diary**  
Page 16

#### Acknowledgements

Sincere thanks to the following for assisting with the fundraising team's office move:

- The landlady of Icknield Business Industrial Estate; Camelot for office furniture; Saab for office chairs and meeting table; Tufts Flooring for carpet tiles; Welovekitchens.com for kitchen units; Aylesbury Vale District Council for various items; Storax for racking and Smitten Transport.

Thank you to our featured photographers, many of whom supply their time, skills and photos completely free of charge: Gillian Barnett, Suzanne Britton, Maud Eager, Joel Michell, Anita Ross-Marshall / Bucks Free Press, SKM Studio, Veronica Stewart

Front cover photo: Fern Britton and Rennie Bear try out a tandem loaned by Bucks County Council's Cycle Aylesbury scheme, who are supporting our new Cycle Challenge along with Reactivate Bucks.



## 25 YEARS COMMEMORATED

Two professional photographers, Paul Lunnon and Lewis Fletcher, gave their time free of charge on 4th September to record our Silver Celebrations in the Park. Their stunning photographs are set to music and split into chapters to create this beautiful memoir of the day and of 25 years of patient care and choice in the Chilterns. The DVDs play on most computers and DVD players and cost £10 each. Please contact the IRHH fundraising team to purchase your copy on 01442 890222 or [fundraising@irhh.org](mailto:fundraising@irhh.org)



## THANK YOU FOR THE MUSIC

The popular Spirit of Tring concerts are back with 'The Great British Proms' on Friday 3rd June and 'Mamma Mia - The Music of Abba' on Saturday 4th. Book your tickets via [www.irhh.org](http://www.irhh.org) and we will receive 10% of your ticket price.

## MAKE MOTHER'S DAY ...

...with an Iain Rennie virtual gift. We launched this new range of gifts for Christmas 2010 and with your help raised more than £1,200.

Choose from nursing, bereavement support, complementary therapists or a fundraising event with a contribution of your choice. We will send you a card including the value, plus an example of where your gift will help, for you to pass on to the recipient. Visit our on-line shop.



## SANTA LETTER SUCCESS

- Our new festive fundraiser, which gave supporters the chance to order a letter from Santa for a small donation, raised £1,500. More than 200 people signed up to the scheme and placed orders for personalised letters from Father Christmas. Income was split between IRHH and the Pepper Foundation, which funds our paediatric nursing team.
- Over the Christmas period, it's not unusual for Iain Rennie nurses and Pepper children's nurses to provide around 1,000 hours of nursing care in patients' homes. Your support for our Santa Letter has helped make Christmas special again for many patients and their families.



Our Christmas Treats raffle raised a fantastic £8,586 - beating last year's total and this year's target. Thanks to everybody who took part - and congratulations to our winners. See [www.irhh.org/raffle](http://www.irhh.org/raffle) for a full list of the fortunate few!

## ACCESSING THE IAIN RENNIE NURSING SERVICE

To qualify for our nursing care, you need to be registered with a GP surgery within our catchment and have been diagnosed with a life-limiting illness. In most cases, patients are referred to us by their GP or District Nurse. However, a friend, family member or the patient themselves might wish to contact us directly.

One of our nurses will visit you at home to assess your needs. They will talk to you about what you want, and with input from you and your family, develop a care plan in conjunction with the Primary Health Care team.

### How to make a referral

Call one of our offices between 9.00am and 5.30pm Monday to Friday  
01442 890222 (Tring office)  
01494 877200 (Chalfont St Giles office)  
- and we will arrange for a senior Iain Rennie nurse to contact you as soon as possible.

For a more detailed explanation, please visit [www.irhh.org/referrals](http://www.irhh.org/referrals)

*IRHH nursing team meeting*





## Pilot scheme could mean better care for more patients



*Congratulations to Sue Varvel, IRHH Director of Nursing, who graduated from the University of Lancaster with a masters degree in Hospice Leadership in December. Doorstep reported on her research in a previous issue, and Sue presented her findings in person at IRHH's annual conference. Her dissertation entitled 'A Model for Hospice at Home' cements her position as a fount of knowledge for hospices wishing to set up an at-home element to their service.*

In mid-November last year, IRHH launched a six-month pilot to trial an improved out-of-hours service for all patients and families. The first phase, in the south of our nursing area, is nearing completion as Doorstep goes to print. In February the second phase commenced in the north of our patch.

Chief Executive Robert Breakwell explains: "The pilot project is trialling a three-shift working pattern, which should enable our nurses to visit more existing patients during their extended working day - and take on more patient referrals."

Traditionally, 'out-of-hours' has meant after 5pm, which has limited the capacity for IRHH to take on new patients towards the end of the typical working day. In the pilot programme, Iain Rennie nurses have been able to plan visits to new patients as part of their shift, up until 10pm at night. We are still operating our out-of-hours call-out service, but nurses work a night shift rather than simply being on-call.

Ginny Allen, Iain Rennie Clinical Nurse Specialist adds: "The new approach we're piloting will give patients more confidence to call us at any time. Our 24/7 call-out nursing service has always been at the heart of the IRHH ethos since we launched 25 years ago. We know it gives patients and their carers great peace of mind."

Sue Varvel, IRHH Director of Nursing and Clinical Services, explains: "Prior to the pilot, Iain Rennie nurses on call worked a standard eight-hour shift during the day, doing a sleeping on-call overnight with their pager nearby. If they were called out for longer than three hours that night, then they would be unable to work the following day, further limiting their availability.

"As patient numbers and out-of-hours calls increase, the current system is becoming increasingly difficult to manage. The pilot scheme introduces a night shift, with a nurse supported by a Health Care Assistant working in tandem overnight. We can plan more effectively, and have more nurses available day and night, enabling us to make more proactive patient visits, whilst developing our responsive 24-hour call-out service.

"This more clearly delineated shift pattern could also boost nurse recruitment, which is important to us as patient numbers continue to rise significantly.

"The pilot has worked well for our South Bucks and Wycombe nursing teams, but their patterns of referral are very different to those of our Ridgeway and Dacorum teams in north Bucks and Herts. We are really interested to see how the pilot system works for these teams with fewer referrals, but longer-term patients."

The pilot will be fully evaluated for effectiveness alongside the associated costs to enable us to plan for patients and families who will need our services in the future. We will report on its success and next steps in the next issue of Doorstep.



## Leading specialists in healthcare at IRHH conference

A record 132 delegates attended our 15th annual conference in October. Some of the country's leading specialists in cancer and end of life care spoke on the theme of quality under the title: To Live Until You Die - Quality care towards the end of life. Visit [www.irhh.org/conference](http://www.irhh.org/conference) for a full report.

Next year's conference will be held at Green Park Training and Conference Centre, Aston Clinton, on Wednesday 12th October 2011. Early bird bookings secure a 10% discount. Contact Angie Bradley on 01442 890222 or email [abradley@irhh.org](mailto:abradley@irhh.org) for details.



# patients & families

## SIBLING SUPPORT

Our Family Support Team held its first-ever sibling support group in the autumn for brothers and sisters of young patients cared for by the Iain Rennie Pepper nurses.

Seven siblings aged between seven and 16 gathered in Amersham Community Centre on 9th October, where they threw themselves with enthusiasm into the various activities on offer. Having made their own name badges in a messy, ice-breaking craft session, the youngsters paired up and interviewed each other before introducing their partner to the group. Family trees created from photos gave even greater insight into each other's different lives and shared experiences, while a lunchtime discussion generated a poster to illustrate the agreed ground rules of the group. Creative thought-provoking activities were interspersed with giant Jenga and Connect Four games and a visit to the park and play area.

Karen Neill, Children's Support Facilitator, explained: "It was a chance for the children - and their parents to a certain extent - to share their thoughts and make new friends. We wanted the children to relax and have fun, but also to take comfort from shared experience and peer support.



"By sharing thoughts from the 'worry box' we were able to discuss concerns and coping strategies, whilst Pepper nurse Sarah could answer any questions about their siblings' conditions."

The second sibling support group took place on 15th January, and more are planned.

"Iain Rennie's social support groups have helped me so much. I was in a terrible state after my husband died, but going to the



group made me feel I could cope. The great thing is, everyone knows your situation and there's never any pressure. Being with others going through a similar process helps you cope with painful anniversaries and emotionally difficult times like Christmas or birthdays." *Former Iain Rennie carer, Rita, pictured above right.*

## SUPPORT MAKES SUCH A DIFFERENCE

We had an amazing response to our pre-Christmas plea for donations. The festive season is a particularly difficult time for anyone who has lost a loved one and towards the end of every year our Family Support team sees a huge surge in requests for help. During the Christmas period, the team will provide on average 100 hours of one-to-one bereavement support. So we appealed to supporters, asking if people could spare a small donation to help with this vital aspect of our free service to local families as demand increases.

You responded in your hundreds, and your generous contributions topped £7,500.

### Family Support Facts:

- The team comprises six trained counselling and support staff and 25 highly-skilled volunteers.
- These volunteers offer one-to-one bereavement support in families' homes.
- In the last financial year, volunteers covered 6,500 miles making bereavement support visits.
- Four months initial training for bereavement support volunteers costs around £2,500.
- The team need to recruit 15 more volunteers to meet the rising demand for the service.
- Staff host monthly social support groups in various venues for carers bereaved six months or more.
- The team plan to introduce one further support group during 2011.



Above: Bereavement support volunteer Gill Coulshed uses her previous experience as a teacher to help teenagers and adults of all ages through the grieving process. Gill says "It is such a rewarding role to see people getting on with their life again."

We are now recruiting for more bereavement support volunteers to meet an increasing demand for our free service to patients' families.

Please contact Rozina or Jane on 01494 877200 if you could help. Full training is supplied and all mileage costs reimbursed.

# volunteering

Name: AMY MAWSON  
Age: 29  
Lives: Tring  
Day job: Chiropractor  
Volunteers as: eBay lister

## How long have you been volunteering for IRHH?

I started volunteering in August and spend one afternoon a week with the IRHH ebay team.

## Why did you decide to volunteer?

I graduated six years ago as a chiropractor and I work from a practice in Great Missenden. I love my job but I had the time and the inclination to give something back to a good cause. I've supported charities before but never by volunteering. I always assumed it would mean working in a shop and I wasn't sure that would be for me. But as an avid eBay user in my own spare time, I thought I would be at least half-qualified for this role!

## What does your volunteering role involve?

As 'listers' it's our job to upload photos and write descriptions about all the items that are donated and selected to sell on our eBay site. These can range from handbags and shoes to plates and cameras and paintings. We have other volunteers with specialist interests who can advise us about the value of a donated item - and the general rule of thumb is that if it could raise more money through eBay than in one of the charity's shops, it comes our way!

Some items are more time-consuming than others. The key is to include as much information as possible. If a collectible item is damaged, then it's far better to mention this, as it doesn't deter the collectors - whereas an inaccurate description could lead to a return and request for a refund.

I spend a lot of time researching items through search engines, which helps me to put together a detailed and accurate description. Sometimes I don't even know what the item is, but I have developed an unshakeable faith in the selectors as I can't believe how much some items are selling for! But give me shoes and I can list those like lightning, one pair after another! I'm part of the target audience and I know exactly which words will clinch the sale!

## What do you enjoy most?

For me, it's great because it's a completely different environment to my workplace, and it challenges me in other ways. I find it interesting and rewarding: I love coming in each week and seeing what my listings have fetched. I am constantly astounded by what people in the know will pay!

- We need more eBay listers like Amy. If you could help, please get in touch.



**SAVE THE DATE!**

Our annual  
volunteers' party  
will take place on  
8th June



Do you have a qualification or experience in Aromatherapy, Reflexology, Massage or Craniosacral therapy?  
Patients and carers benefit hugely from treatment; side effects are reduced and sleep patterns improved.

## VOLUNTEER VACANCIES

We are currently seeking

- Bereavement Support Volunteers - see page 5
  - eBay listers for Retail and Trading
  - Van drivers and drivers' mates
- Collection box promoters - see page 12

Contact Rozina or Jane on  
01494 877200

# volunteering

Name: LAUREN BARBER

Age: 16

Lives: Flackwell Heath

Day job: Student, Beaconsfield High School

Volunteers as: Shop Volunteer

## How long have you been volunteering for IRHH?

I started volunteering at the Iain Rennie shop in Flackwell Heath just over a year ago, which spurred me on to apply to IRHH for work experience.

## Why did you decide to volunteer?

I was completing my Bronze level Duke of Edinburgh Award. Participants must complete a period of voluntary service to fulfil the Award's requirements. My grandma already volunteered at the Flackwell Heath shop and she recommended it!

Voluntary work for Iain Rennie has now qualified me for other awards. I am able to put my time spent with the charity towards V50 and Vimpect certificates as part of the Vinspired scheme, which recognises the work of people who spend between 50 and 150 hours volunteering. It shows employers, colleges and universities what you can achieve as a volunteer, and has the backing of Dragon's Den star James Caan.

## What does your volunteering role involve?

I help take in and sort out stock donations, as well as collecting money and doing till work too. The Flackwell Heath shop will often take in 20 to 30 bags of items a day, although the record since I've been there is 84! These need sorting, pricing and shelving.

I then spent a week in October doing work experience with IRHH, working for three days in the Retail department helping with eBay and Christmas card sales, and for two days with Fundraising. This involved visiting local schools to help explain the Iain Rennie service to children, helping with the charity's Butterfly Fingers initiative and leafleting for the Santa Dashes. I dressed up as Rennie Bear which was brilliant!

I'm now completing a customer profiling of the types of people who shop at Iain Rennie, as part of a school project which will count towards my final grades. The ultimate aim is to get more young people to shop at IRHH by making it more appealing. I'm being the Iain Rennie version of 'Mary, Queen of Shops'! Traditionally younger people prefer brand-name high street stores and stay away from charity outlets. I hope to be able to report back soon.

• Most of our shops are constantly looking for more volunteers. Please let us know if you would like to join them.



Lauren takes on the role of Rennie Bear to raise awareness at Dagnall School.



Lauren helps out in our Flackwell Heath shop.

Volunteers of all ages help out in our shops. Congratulations to Mollie Gosling in our Tring shop who will be 90 on 1st May!



JIGSAW offers an insight into all aspects of IRHH, delivered by the senior management team.

If you're new to IRHH or would like to update your knowledge about the charity, then why not come along? Call our HR and Voluntary Services team on 01494 877200 to book your place.

WEDNESDAY 22nd JUNE, 10am- 12.30pm, Holmer Green Baptist Church

THURSDAY 20th OCTOBER, 10am -12.30pm, Red Cross Hall, Tring

Visit [www.irhh.org/jigsaw](http://www.irhh.org/jigsaw)

# fundraising reports



## LAST CALL TO RAISE £100,000!

We are delighted to report that sponsorship from our second annual Chilterns Three Peaks Challenge on Sunday 19th September could top the £100,000 target!

Head of Fundraising Helen Mariner says: "We have received more than £95,000 - but we know there was enough pledged to beat the £100,000 barrier! This would be an incredible achievement so please do chase those last elusive sponsors and see if we can reach that six-figure total. Thank you to everyone who took part, or who sponsored walkers, to our volunteer marshalls and to Arriva Buses for donating 10 double deckers with drivers on the day."

If you haven't already, please give us your feedback so we can make the 2011 event on Sunday 18th September bigger and better than ever. Email [fundraising@irhh.org](mailto:fundraising@irhh.org) or call us on 01442 890222. Visit [www.irhh.org/3peaks](http://www.irhh.org/3peaks) for a full report from the event.

Enjoyed our Chilterns Three Peaks Challenge? Can we tempt you with our India Trek or brand new Chilterns Cycle Challenge? Turn to page 11 for details.



## OUR FABULOUS FUNDRAISING GROUPS



### BEACONSFIELD

Transforming summer fruits into tasty jams and preserves with the help of friends, group supporters Judy Galvin and Amanda Slayton-Joslin piled high their popular stall at the Beaconsfield Iain Rennie Christmas Fayre in November and raised £930 of the £3,700 total from the event.

Ever-popular New Year events included a Burns Night and a Knitting Bee. The group is also hosting an Irish Night in March with a Charity Film Evening in June. See [www.irhh.org/whatson](http://www.irhh.org/whatson) for details.

### HIGH WYCOMBE & AMERSHAM

Last October saw another sell-out evening with Ian Keable making magic at Coleshill Village hall. The evening culminated in a £15,000 cheque presentation by Christine Nisbet representing the amount raised at the group's events throughout the year. The group is planning a fantastically fun quiz on Friday 15th April at Coleshill Village Hall.

### COLESHILL

Group member Sharon Hall organised a Ladies' Lunch with a style and fashion theme for 88 guests, raising a wonderful £2,830. Alistair Cameron from Ambers of Amersham gave a talk covering style icons from the 1940s to the present day, with fashions modelled by Karen Lowe. Stunning table decorations added a touch of glamour to each table.



### RHYME & REASON

Celebrating their 20th anniversary in 2010, this fundraising group comprising local poets and writers has raised £47,000 over their two decades of involvement. Each year, the group produces an anthology of poems, 'Anniversary' is the 2011 edition. The group has launched its annual poetry competition - this time with an additional short story element, judged by famous author Fay Weldon. Winning entries will feature in a new fundraiser in 2012 - an A5 desk diary on the theme of 'Time'. Visit [www.irhh.org/rhymeandreason](http://www.irhh.org/rhymeandreason) for details of how to enter.



Find out more at  
[irhh.org/fundraising](http://irhh.org/fundraising)

Call 01442 890222 for more details on any event listed.

# fundraising reports

## SPONSORED EVENTS - INSPIRATIONAL IDEAS

As well as our own Iain Rennie events where we ask participants to seek sponsorship - we have a whole host of supporters doing their own thing to raise funds! We've collated a few stories from our sponsored supporters to give you a flavour of what can be achieved.

### IAIN RENNIE NURSE RUNS INTERNATIONAL MARATHON

IRHH Bank-nurse Anne Banks (61) overcame injury to set a blistering time at the Chicago Marathon in October, securing her a place in the 2012 London Marathon. She plans to fundraise for Iain Rennie again - adding to her £2,000 total from sponsorship for her Chicago Challenge.

If you have a place to run in the London Marathon this year, why not join the Iain Rennie team? We can support your fundraising efforts and put you in touch with other team members for joint training runs. Meet our team on page 10.



### HEMEL MAN CYCLES CELTIC CHALLENGE

Bob Pybus raised an incredible £6,400, completing the infamous Edinburgh to Dublin Cycle Challenge in just three days. "The mountains in Northern Ireland were beautiful, but I have to admit I didn't realise there were so many!" he said.

### SON SPENDS ALCOHOL-FREE YEAR IN MEMORY OF HIS MUM

Daniel Pook raised over £700 by being sponsored to give up alcohol for a year. The 27-year-old said: "I wanted to do something to mark the 10th anniversary of my mum's death from cancer. During her final days with us, Iain Rennie nurses were there to make my mum's time as comfortable as possible and to comfort my sister, father and me. I don't know what we would have done without them."

### BEARD CHALLENGE RAISES FUNDS

Jan Gutteridge joined in his company's 'Grow a beard in a month' charity challenge. His four-week chin covering was judged to be the best and he donated his £50 winnings to IRHH!

You can read their full stories at [www.irhh.org/sponsoredevents](http://www.irhh.org/sponsoredevents)

## SANTA DASH SUCCESS

More than 400 Santas braved the cold for our third annual sponsored Santa Dash. The first event took place in Chesham on Sunday 28th November. More than 200 Santas ran in freezing conditions but bright blue skies and frosty ground provided the perfect backdrop for the festive fundraiser. BBC presenter and IRHH Patron Bill Turnbull started the Santas off and the Mayoress of Chesham, Jane Bramwell, presented medals as they finished.

The second Dash took place on 11th December at The Rye in High Wycombe - and another 200 Santas got into the Christmas spirit. This time TV star Fern Britton did the honours - starting off the race and presenting medals alongside Wycombe Mayor Jane White.

IRHH Community Fundraiser Clair Evans said: "We congratulate all our Santas for turning out in such good humour in such cold weather! We hope that these events will bring in around £16,000 between them - so thanks to our runners and their sponsors for their support."

*Near right: Bucks Building Society boss Ivan Gould and colleague Rajesh Patel raised £650 in the Santa Dash. Colleagues also volunteer in IRHH shops and helped out Santa with his Santa letter mailing!*



# fundraising and events



See our website [www.irhh.org/whatson](http://www.irhh.org/whatson) for all the latest news and details of forthcoming events

## RAISING A GLASS TO LOCAL PUBS



From firewalks to darts marathons, from quiz nights to cycle rides, our local pubs and their regulars are great supporters. Pub-related events alone last year brought in £13,000.

Community Fundraisers Joanne Hunt and Clair Evans are co-ordinating a new campaign.

Clair says: "This year we are launching 'The IRHH Pub Challenge' - encouraging pubs to get ahead in raising funds and awareness for a local cause."

Read all about the challenge and the pubs who already support us at [www.irhh.org/pubchallenge](http://www.irhh.org/pubchallenge)

## Wrapped With Love for Iain Rennie Hospice at Home



This new IRHH initiative aims to inspire people to get knitting to create beautiful and cosy wraps for our patients. Whether you are a near professional with a passion for knitting, looking to improve your knitting, or keen to learn to knit - why not get involved? A wrap can be knitted, crocheted, machine knitted, woven or patchwork lined: it's your choice and your creation.

As well as providing beautiful works of art with a practical function, Wrapped with Love carries a strong emotional message. We hope the scheme will bring a sense of community and companionship to people living alone as they come together to create these wraps for our patients. Why not enjoy your knitting over lunch or coffee to raise funds?

Visit [www.irhh.org/wrappedwithlove](http://www.irhh.org/wrappedwithlove) to find out more - or contact Jenny on 01442 890222 or [jmoloney@irhh.org](mailto:jmoloney@irhh.org) for your registration pack.

## MEET SOME OF OUR LONDON MARATHON TEAM!

Each year, IRHH has a team of runners in the world's premier running event - the London Marathon. If anyone has their own marathon place and wishes to support Iain Rennie, contact us on 01442 890222 to join our team! IRHH offers extensive help and support for fundraisers, including posters, sponsor forms and a great pre-race pasta party! Sponsor our team via [www.irhh.org/londonmarathon](http://www.irhh.org/londonmarathon)

**Who:** DAVID FORBER

**What:** Marketing Director, Coffee Nation

**Where:** Bolter End, Bucks

**Why:** Iain Rennie nurses cared for

my wife, Jane, 10 years ago before she passed away after a battle with breast cancer. I have previously run two half marathons, but this will be my first competitive attempt at the full distance. I'm running at least 15 miles a week in preparation, gradually stepping up the distance. I'm delighted that I've already raised over £4,500. I'll be organising a pub quiz night and also raffling a 2-week holiday in the Algarve.



**Who:** SARAH SAMBROOKS

**What:** Healthcare Assistant, IRHH

**Where:** Chinnor

**Why:** I'm running in memory of my dad, who died of cancer 22

years ago when I was five. He was a keen runner. I joined Thame Runners recently and have done a few shorter races. I'm attempting my first half marathon in January. I aim to raise £3,000 in aid of IRHH, where I am working as a Healthcare Assistant while I do my adult nurse training at Bedfordshire University.



**Who:** TANIA JOHNSON

**What:** Landlady, The Bell

**Where:** Tring

**Why:** I lost my nan Lilian to cancer, and my granddad, Rex, was diagnosed

earlier this year. Cancer can have a devastating effect on families and the support and the care that Iain Rennie nurses give is essential. They have helped many of my friends. I hope to raise £1,500 or more by holding events at my pub. If my run helps others get through hard times, I'll have achieved something special.



# fundraising and events



*It's 'goodnight' to Amersham but the walk will go on!*

Join us on Saturday 18th June for our final fancy dress fundraiser in Amersham. The party vibe will be stronger than ever as we wish a fond farewell to Amersham after three successful events where hundreds of women walked the town's streets in our annual Goodnight Walk.

Contact [fundraising@irhh.org](mailto:fundraising@irhh.org) or 01442 890222 to take part in the 2011 event.



## RIDE THE RENNIE WAY!

Our brand new Chilterns Cycle Challenge offers 10 mile, 35 mile and 75 mile routes all starting from Kingsbury Square in Aylesbury on 27th March 2011.

TV presenter Fern Britton is fronting the event and taking part herself: "I'm delighted to support IRHH's first-ever Chilterns Cycle Challenge," she said. "I already feel very involved in their work. Now it's time for me to get in some serious cycle training and sponsorship! Join me and make this first-ever event for Iain Rennie a huge success. If every participant raises £150 sponsorship - we'll each have funded an Iain Rennie nurse for a whole day - so you really can make a world of difference to local families."

Entry costs £15 for adults and £7.50 for children aged five to 16; under fives can ride for free. To register, call 01442 890222, email [fundraising@irhh.org](mailto:fundraising@irhh.org) or visit [www.rennieway.org](http://www.rennieway.org)



## FANCY A BREW?

Follow Fern and enjoy a cuppa with friends to raise funds.

**FRIDAY 29TH APRIL** - a right royal brew. Make the most of the extra bank holiday and host a champagne tea party.

**FRIDAY 24TH JUNE** - celebrate Wimbledon and the quintessentially English cuppa with a strawberries and cream tea theme.

## TAKE THE TRIP OF A LIFETIME

We have teamed up with three local hospices for a first-ever joint fundraiser. THE HIMALAYAN HOSPICE CHALLENGE offers intrepid travellers the chance to trek the breathtaking Himalayas, volunteer at a hospice project in Delhi and visit the stunning Taj Mahal. The trip takes place in October 2011, and we are asking all trekkers to raise a minimum of £2,950 in sponsorship.

Visit [www.trekindia4charity.org](http://www.trekindia4charity.org) or call Ruth Barber on 01442 890222 to book your place.





## COLLECTION BOX BOOST

Tring Rotary Club members and IRHH volunteers are helping volunteer collection box co-ordinator Terry Fryer by distributing boxes to pubs, shops and local companies, then collecting them once they're full up! We are still endeavouring to cover every business in our area and still seeking box promoters and collectors. If you can help, contact [tfryer@irhh.org](mailto:tfryer@irhh.org) or call 01442 890222



IRHH collection box volunteer with Tring Rotary's Andy Stephenson

## YOUR LEGACY CAN LIVE ON

We don't always know who has been kind enough to remember us in their Will until after their death, but one supporter wrote to us recently to thank us, saying she planned to leave IRHH a donation in her will. As an ex-pat living in Bahrain, this lady expressed the reassurance she felt knowing Iain Rennie nurses were with her father on the other side of the world. "I would like to praise Rachel, who was with him almost to the end. Her manner was most comforting and reassuring to all around her. I have never come across the Iain Rennie nurses before, but my husband and I are most impressed and will certainly include you in our Wills."

To find out more about how a gift in your Will could help IRHH, contact Suzanne Britton on 01442 890222 or [sbritton@irhh.org](mailto:sbritton@irhh.org)

## LESSONS FOR LIFE

Following the launch of our Butterfly Fingers fundraising pack for primary schools, we're delighted that local youngsters have been baking cakes, dressing up and creating artwork all around the theme of caterpillars and butterflies to raise funds for Iain Rennie.

We've also been working with secondary schools, and are delighted to offer a partnership package with the help of former teachers, including:

- assemblies and PSHE lesson plans
- work experience placements
- volunteering
- enterprise schemes
- recycling and fundraising ideas
- media coverage

To hear more about schools' support, visit [www.irhh.org/schools](http://www.irhh.org/schools)



Pupils from Dagnall School and Beaconsfield High School

## IRHH COLLEAGUES AIM FOR 10,000 MILE TARGET

We're asking local companies to raise funds by taking part in our walking challenge. IRHH colleagues are setting the pace by wearing pedometers and racking up the miles as they go about their daily business in shops, offices and visiting patients and families.

IRHH Partnership Fundraiser Linda Petrons explains: "We're aiming for a combined total of 10,000 miles - but smaller groups might prefer a 500-mile target! Staff are seeking sponsorship and spreading the word about IRHH, hopefully encouraging other companies to follow suit." Companies already signed up include Jewsons (Amersham), Clydesdale Bank (Wycombe) and Marks & Spencers (Tring).

Contact Linda Petrons [lpetrons@irhh.org](mailto:lpetrons@irhh.org) or 01442 890222 for more details.

## GOLDEN GIFT

Robert and Shirley Phipps, great supporters of IRHH, celebrated their Golden Wedding in 2010 and donated £535 to us. Visit [www.irhh.org/thankyou](http://www.irhh.org/thankyou) to see who else has donated generously since the last issue of Getting Involved.

## HOSPICE LOTTERY PARTNERSHIP RAISES £78,000 FOR IRHH



HLP continues to raise phenomenal amounts of money. Last year each of the seven hospices in the partnership received £78,000. "I'm really proud that IRHH is a founder member of HLP and we value being part of the consortium. HLP members should never be in any doubt that their support has an important and direct impact on patient care." *Robert Breakwell, Chief Executive*

*Peter Tarbox of The Hospice Lottery team (left) introduced over 2,600 new members last year, generating an annual income of over £135,000.*

**SUPERDRAW2011**

This year's prize is a massive £7,000! Don't miss out - send your tickets back today!



## NEW MEMORIAL WOODLAND FOR AMERSHAM

Thanks to the support of Amersham Town Council, IRHH is delighted to have launched a fourth memorial woodland, this time in the beautiful bluebell woods at Hervines Park.

The planting day took place on 26th February, but it's not too late to get involved. Become a 'woodland patron' by making a donation to IRHH and a dedication to a loved one at [www.irhh.org/woodlands](http://www.irhh.org/woodlands). And join us at our woodland summer picnics: Date to be confirmed for Amersham and 5th September in Wendover. Contact Linda at [lpetrons@irhh.org](mailto:lpetrons@irhh.org) or 01442 890222 for details.

## TRUST SUPPORT HAS HUGE IMPACT

The RAF Benevolent Fund donates annually as a tribute to Iain Rennie patients with RAF connections. Their latest generous donation of £25,000 will fund patient care and nurse training as follows:

- £19,270 towards nursing service
- £3,840 to fund new and maintain existing syringe drivers, which help to make a patient's final days more comfortable
- £1,890 towards nurse training

## COULD YOU START A TRIBUTE FUND?



If Iain Rennie nurses cared for someone close to you, and you already fundraise or would like to start fundraising in their memory, then why not start a Tribute Fund? Partnership Fundraiser Linda Petrons has launched the initiative with her own fund in memory of late husband Joe. She says: "Tribute Funds are a way to celebrate the life of someone we'll always remember, while ensuring other people can benefit in the future from the same choice and care." Visit [www.justgiving.com/Linda-Petrans](http://www.justgiving.com/Linda-Petrans) or request a copy of our Tribute Fund leaflet for inspiration from [lpetrons@irhh.org](mailto:lpetrons@irhh.org).



**Light up a life**  
Remember a loved one,  
support a hospice

More than a thousand people attended Light Up a Life services, a

national remembrance initiative run in conjunction with Help the Hospices.

The services offer the opportunity for bereaved families to remember late loved ones by dedicating a light.

Light Up a Life is also a way to ensure other local families in need can benefit from nursing care at home in the future. Your generous donations made alongside heartfelt dedications raised £13,000 towards the Iain Rennie nursing service. On behalf of our current and future patients - thank you.

## A TRIBUTE TO LONG-STANDING SUPPORTERS

This special tribute acknowledges the hard work and dedication of IRHH Honorary Vice Presidents and long-term supporters Christine and Richard Nisbet as they 'retire' from their volunteer fundraising posts. Having been a driving force for the High Wycombe and Amersham Fundraising Group for nearly a quarter of a century, Christine and Richard have been instrumental in raising hundreds of thousands of pounds for IRHH over their many years of involvement with the charity.

Although the Nisbets will be standing down from the fundraising committee, IRHH will continue to be an important part of their lives and we look forward to seeing them both at future fundraising events, where their remarkable talents will be much-missed.

On behalf of all the Iain Rennie nurses, staff and supporters, thank you both for your imagination, hard work and dedication, which has been an inspiration to all. Read more about the Nisbets' IRHH career at [www.irhh.org/nisbet](http://www.irhh.org/nisbet)

- *Countess Howe (centre) with Richard and Christine*





## AS GOOD AS NEW

Two of our longest-serving shops were given a new lease of life last year as part of a rolling programme of improvement to our growing chain of charity shops.

Our two stores in Hemel - Bennettsgate and Warner's End - opened their doors to the public in 1999 and 2000 respectively, at that time the second and third shops in our burgeoning Retail & Trading operation.

During more than a decade of successful trading, the two shops have enjoyed great support from local residents in terms of volunteers, items donated and custom. However, both branches were in need of a thorough freshen up and facelift, including a new sign for the shops' frontage, interior display boards explaining the charity's mission, new flooring, fixtures and fittings.

Head of IRHH's Retail & Trading Lesley Blencowe said: "Our 11 charity shops are a visible presence for IRHH in our local community. We're very fortunate to enjoy excellent support from local residents, but we're conscious that many customers aren't aware of the full service that we offer as a charity.

"The refurbishment means the new and improved Hemel stores will provide an enhanced shopping experience for our customers as well as spreading the IRHH message. We want all our customers to be aware that their support helps us give patients in the Chilterns with a life-limiting illness the chance to be cared for at home."

Our Princes Risborough shop was the next in line for a new-look. As this issue of Doorstep went to print, the last licks of paint had been applied and loyal customers returned in force, spending an average of £800 per day in the first nine days of trading!



## Festive Thank You

THANK YOU TO EVERYONE who helped to sell our Christmas cards and gifts, either by spreading the word or by taking packs of cards and other Christmas gifts and goodies to sell at events. You helped us raise in excess of £50,000 from Christmas card sales this year, congratulations!

## Calling all craftspeople

TO REACH OUR £1MILLION TARGET, the Retail & Trading team need to be ever more inventive! Our latest money-spinning idea is to offer local craftspeople the opportunity to sell their wares from our shops, either by renting a display space or by donating a percentage of their sales. If you know anyone who might be interested, please ask them to contact Lesley or Jackie on 01442 827699

## SHOP VOLUNTEERS' LEGACIES LIVE ON

We're saying farewell to long-standing volunteers Iris Austin and Peggy Bainbridge. Iris is 'retiring' after 13 years volunteering in our Princes Risborough shop. Peggy, who as volunteered for 19 years in our Tring shops, recently returned to her retail roots by manning a monthly stall on Wendover market. More than a decade ago, Peggy launched the IRHH Retail & Trading function from just such a stall! Read more about Peggy's legacy at [www.irhh.org/peggy](http://www.irhh.org/peggy) and see other recent comings and goings at [www.irhh.org/people](http://www.irhh.org/people)



# rags to riches

## HELP US TURN RAGS TO RICHES

This year the Retail & Trading team are tasked with translating your donations into £1million towards the Iain Rennie nursing service.

To do this, we need your help! Please keep up your generous donations of good quality items to sell in our shops - but don't forget that we can also make money from your damaged and dirty clothes. Recycled 'rags' fetch nearly £5 per 10Kg bag destined to lead a new life as j cloths or loft insulation.

When you bring in your bags of rags, just mark them up to show they are for recycling rather than for sale in our shops - and we can do the rest.

• *The value of recycling was illustrated by 13-year-old Anna Mattei (pictured) who used rags from the IRHH shop in Princes Risborough to make an evening dress for a Recycled Clothes Show at the Wycombe Swan.*

## FRUITFUL SALE ON EBAY

Thanks to our perceptive Holmer Green shop manager Pamela Hughes and our talented eBay listers, the Retail & Trading team scooped their highest ever sale price for a single item in January. A Crown Ducal orange squeezer raised an incredible £1,020.

Congratulations to Sheila Rapley (pictured), the volunteer who heads up our bag-making team. She has created more than 1,000 'Rennie Day' bags, bringing in over £3,000 for the nursing service. Who would have thought, when our creative 'bag ladies' first thought up this scheme, that it would be such a success? Thanks to everyone who has made or bought a 'Rennie Day' bag!



## For better, not worse

In the build up to the Royal Wedding on 29th April, we'll be making the most of the marriage theme by showcasing our finest wedding dresses kindly donated by Doorstep readers. If you would consider donating the dress from your special day so that other brides-to-be could benefit, we'd love to hear from you.



## Oil painting fetches thousands

An oil painting donated after a loft clear-out has ended up under the auctioneer's hammer in Tring, fetching a magnificent £8,500.

The landscape painting, "Hills Behind Marseilles", is by British artist Dorothea Sharp. After staff at IRHH realised its possible worth, they took it to an auctioneers for a valuation and then contacted the donor, Mrs Jean Blair.

"Mrs Blair kindly agreed that we should sell the painting and split the proceeds, with half going to IRHH and half to her," said IRHH Retail Assistant Tim Wilson. "But we had no idea it would raise such a fantastic sum." The painting was donated to the IRHH shop in Holmer Green.

Mrs Blair found the painting in her loft while she was clearing out her home in Holmer Green before moving away from the area.



**Friday 11th March**  
**7 for 7.30pm**

### **IRHH BIG QUIZ**

**Wendover Memorial Hall**

Join us for a night of brain tingling fun with celebrity Quiz Master Bill Turnbull. Teams of 8. Tickets £10, to include supper, bring your own drinks; available from the Fundraising Team on 01442 890222 or fundraising@irhh.org

**Saturday 12 March**  
**7 – 10pm**

### **SPRING DANCE**

**Red Cross Hall, Tring**

Enjoy a Social Dance organised by Harmony Dance. For beginners there will be mini-workshops including ballroom, latin and salsa; for improvers, an opportunity to practise your skills. Tickets £10, to include a glass of wine, or bring your own bottle; available from Harmony Dance on 01442 825577 or the Tring IRHH shop

**Friday 18 March**  
**7 for 7.30pm**

### **SING-A-LONG GREASE**

**Berkhamsted Collegiate School**

Join IRHH for an evening of fun and entertainment at our brand new sing-a-long Grease event. Prize for the best dressed guest! Tickets: £10 adults, £7 concessions; available from the Fundraising Team on 01442 890222 or fundraising@irhh.org

**Saturday 19 March 7.30pm**  
**RACE NIGHT**

**Hughenden Valley Village Hall**

A fun Race Night organised by High Wycombe Round Table with funds being raised for IRHH. Food will be included in the ticket price but guests are asked to bring their own drinks. Tickets: £8 adults, £4 children, £20 family; available from Graham Bradshaw on 07050 134161

**Saturday 26 March**

### **BLUES BROTHERS/ COMMITMENTS TRIBUTE BANDS - PEPPER**

**Centenary Theatre, Berkhamsted**

Pete Tobit and friends will be wowing audiences with their cover versions of the ever popular songs from The Blues Brothers and Commitments. Further details on 0845 6755566

**Saturday 26 – Sunday 27**  
**March 10am – 5pm**

### **SPRING ART EXHIBITION** **Chalfont St Peter Community Centre**

Organised by the Beechwood Artists, a percentage of the sale price of all items sold will be donated to IRHH. Further details at [www.beechwoodartists.org.uk](http://www.beechwoodartists.org.uk)

**Sunday 27 March**

### **IRHH CHILTERNs CYCLE CHALLENGE**

Join us for the FIRST EVER Iain Rennie Hospice at Home Chilterns Cycle Challenge. You can choose from a 10 mile, 35 mile or 75 mile route all starting in Kingsbury Square, Aylesbury. There will be entertainment at the start and finish so all welcome. Staggered start depending on route option. Adult - £15, Child (5-16yrs) - £7.50, Child (under 5) - free

**Saturday 2 April**  
**7 for 7.30pm**

### **70S/80S THEME NIGHT**

**The Jubilee Hall, Berton, Aylesbury**

This fun filled evening includes a quiz, themed games, raffle, and a disco. Prize for the most originally dressed 70s/80s guest. Tickets £10 to include a light buffet; bring your own drinks; available from Joanne Hunt on 01442 890222 or jhunt@irhh.org

**Saturday 9 April**  
**6.45 for 7.30pm**

### **CONCERT FEATURING ANDREW JARVIS**

**St Andrew's Parish Church, Chinnor**

The tenor tones of Andrew Jarvis, accompanied by the talented Margaret Marinkjovice, will grace Chinnor once again at this popular annual concert, introduced by Bill Giles. Refreshments will be available and a raffle will be held during the evening. Tickets £10; available from Betty Yendell on 01844 351669 or the Chinnor Spar Mini-Mart

**Saturday 9 April 8pm**  
**THE ROCKIN' BERRIES**  
**50TH ANNIVERSARY CONCERT**

**Amersham Rock'n'Roll Club**

Includes original lead singer, Geoff Turton, and Chuck Botfield, original lead guitarist. The line-up also sees Rick Price of The Move, ELO & Wizzard fame, The Swinging Blue Jeans and Mike Wilsh of The Four Pennies entertaining an always appreciative crowd. Tickets £13.50; available from The Record Shop, Amersham 01494 433311

**Sunday 10 April 7.30am**

### **PEPPER SUNRISE WALK - HIGH WYCOMBE**

**West Wycombe Park**

Pepper Sunrise Walk, taking place in High Wycombe, walking around the beautiful West Wycombe Park. Family event with 1, 5 or 10 mile routes available for all the family to join in! Further event information on [www.pappersunrisewalk.org.uk](http://www.pappersunrisewalk.org.uk)

**Sunday 17 April**

### **VIRGIN LONDON MARATHON**

Come and cheer on our team of runners, who will be pleased to receive your support on the day. If you would like to sponsor the team, contact Fundraising on 01442 890222 or fundraising@irhh.org

**Friday 29 April**

### **'ROYAL' CHILTERNs BIG BREW**

Join us in raising funds by inviting your friends to a champagne tea party to celebrate the Royal Wedding. Contact Fundraising on 01442 890222 or fundraising@irhh.org for a Chilterns Big Brew Fundraising pack

**Sunday 1 May**

### **SPIRIT OF DACORUM: HISTORIC VEHICLE TOUR** **The Chilterns**

A 60 mile tour by 250 historic vehicles through some of the loveliest countryside in the Chilterns. Plenty to see and do for all the family at The Marlowes from 11am to 4pm. Vehicle starting points at Ashridge, Chipperfield, Tring and Markyate, culminating in a static display at The Marlowes, Hemel Hempstead. Further details at [www.spiritofdacorum.com](http://www.spiritofdacorum.com)

**Monday 2 May**  
**12noon – 5pm**

### **ALDBURY VILLAGE MAY FAIR**

**Aldbury Village, nr Tring**

An annual village fair involving the local church, school and other village organisations. A fun afternoon for all the family. Come along and support the IRHH stall.

**Saturday 7 May**

### **'THE RIDGEWAY CHORALE' MUSICAL EVENING**

**St John the Baptist Church,  
The Lee, Great Missenden**

A varied repertoire will provide an entertaining evening with the Ridgeway Chorale Choir, a Tring based Choir, and Glenys Groves Soprano. Tickets £10, under 16s £5; available from Mike Senior on 01494 837757

**Thursday 19 May**

### **CELEBRITY SPORTS DINNER**

**Pendley Manor, Tring**

With a delicious meal and auction of sporting goods, as well as being able to pitch your questions at a celebrity sports panel, this really is a popular event and should not be missed. Tickets £70; available from Chris Langford on 01442 891171 or email [c.langford@btconnect.com](mailto:c.langford@btconnect.com)

**Friday 27 – Monday 30 May**

### **THE BUCK, BUCKLAND VILLAGE**

Buckland Village Hall is transformed into a pub for the May Bank Holiday weekend. Manned by volunteers, the Buck will be open for drinks and homecooked food every lunchtime and evening. Evenings include light entertainment. Lunchtimes: Friday, Saturday and Monday 11am - 3pm, Sunday 12 - 3pm; Evenings: Friday, Saturday and Monday 6 - 11pm, Sunday 7 - 10.30pm

**Friday 3 to Saturday 4 June**

### **SPIRIT OF TRING CONCERTS** **Tring**

Friday evening: The Great British Proms and Saturday evening: Mamma Mia – The Music of Abba. Buy your tickets through the IRHH website and we will receive 10% of the ticket price. Just visit the What's On section of our website.

See our website  
[www.irhh.org/whatson](http://www.irhh.org/whatson)  
for full details  
of all events

# diary dates

**Thursday 16 June 7.15pm**

**CHARITY FILM EVENING**  
National Film School,  
Beaconsfield

An opportunity to enjoy 'Some Like it Hot' at the National Film School, whilst raising funds for IRHH. This 1959 classic comedy stars Marilyn Monroe, Tony Curtis and Jack Lemmon and is well worth watching! Tickets £15, to include a glass of wine and canapés; available from Annie Bennett on 01494 671638

**Friday 17 June**

**ROTARY CLUB OF  
BERKHAMSTED  
BULBOURNE GOLF DAY**  
Mentmore Golf & Country Club

An annual Golf Day comprising an 18 hole Stableford team event for amateur golfers who have official handicaps. For ladies, gentlemen or mixed teams of 4. Entry fee includes bacon roll and coffee on arrival, rolling evening buffet and raffle. £280 for a team of 4. To reserve your place, email Tom Ritchie on tom\_ritchie@email.com

**Saturday 18 – Sunday 19 June**

**GOODNIGHT WALK**  
Amersham

Join us for our annual Goodnight Walk. Further details at [www.gnwalk.com](http://www.gnwalk.com) or contact the Fundraising Team on 01442 890222 / [fundraising@irhh.org](mailto:fundraising@irhh.org)

**Saturday 18 June 1.30pm – midnight**

**MARSWORTH MUSIC  
FESTIVAL**

**Anglers Retreat, Marsworth**  
Music Festival at the Anglers Retreat pub in Marsworth. Plenty of music, beer and other attractions. Further details from the Anglers Retreat on 01442 822250

**Sunday 19 June 7.30pm**

**CELLO AND PIANO RECITAL**  
Berkhamsted Civic Centre

Helen Godbolt, Cello and Anna Le Hair, Piano will entertain with a programme to include Beethoven 'Cello Sonata in C, op. 102 no.1 and slow movement from Rachmaninov Piano and cello Sonata. Tickets £10, under 16s free; available from Helen Godbolt on 01442 891724

**Tuesday 21 June**

**MIDSUMMER GOLF DAY**  
Lambourne Golf Club

An ideal opportunity to entertain clients or reward employees whilst raising funds for IRHH. Team and individual competitions. Andy Gomersall MBE, England World Cup Rugby Star, will be present during the evening, which will include an auction. Starts with Lunch at 12 noon; Shot Gun start at 2pm £600 for a team of 4. Further information and to book, contact Steve Harris on 07702 815541 or Alan Pech on 07743 095803

**Wednesday 22 June**

**11TH TRING MIDSUMMER  
FUN RUN**

**Tring Park Cricket Club, Tring**  
Registration open from 5pm; junior runs start at 6pm, senior run at 7.30pm. Further details at [www.tringrunningclub.org.uk](http://www.tringrunningclub.org.uk)

**Wednesday 22 June  
10am – 12.30pm**

**THE IAIN RENNIE JIGSAW  
INFORMATION SESSION**  
Holmer Green Baptist Church

An interesting and informative session to find out more about IRHH. Details of the nursing service, fundraising and our shops are all included as well as a focus on how volunteers support our service. Everyone welcome - staff, volunteers, supporters. Free entry; to book a place please contact Suzanne Casey on 01494 877200 or [scasey@irhh.org](mailto:scasey@irhh.org)

**Friday 24 June**

**CHILTERN'S BIG BREW**

Enjoy the best of the British summer and Wimbledon by inviting your friends for afternoon tea, a coffee morning or a strawberry cream tea. Contact Fundraising on 01442 890222 or [fundraising@irhh.org](mailto:fundraising@irhh.org) for a Chilterns Big Brew Fundraising pack

**Sunday 26 June 1 – 4pm**

**TRING TENNIS CLUB FUN  
DAY**

**Tring**  
A fun session for tennis players of all ages and all abilities. Plenty to do, including free coaching and refreshments, including a BBQ. Further details from Nigel Kippax on [chairman@tringtennisclub.co.uk](mailto:chairman@tringtennisclub.co.uk) or 07768 723043

**Saturday 2 July 12noon – 4.30pm**

**ST MARY'S VILLAGE  
CARNIVAL**

**Edlesborough Green**  
This popular village event is well worth taking time out to visit. With plenty to see and do for all ages, why not pop along with your family for a fun filled afternoon? There will be an IRHH stall so come and say 'hello' - we would love to see you.

**Friday 8 July**

**CHARITY GOLF DAY**  
Magnolia Park Golf Club,  
Boarstall, Aylesbury

Teams of 4. The event will include dinner and an auction. Further details from Sean Stanley on 07590 547274

**Saturday 9 to Sunday 10  
July**

**MUSIC ON THE MOOR**  
Moors adjacent to London  
Road, Hemel Hempstead

From modern pop to classical tunes, this popular free festival will provide a variety of music for everyone to enjoy. Additional attractions will include an IRHH stall, so why not come along and see us? Further details at [www.boxmoortrust.org.uk](http://www.boxmoortrust.org.uk)

**Saturday 9 July**

**THE WIGGINTON FESTIVAL**  
Wigginton, Nr Tring

Now in its 3rd great year - 10 hours of entertainment for the whole family in an idyllic Chiltern setting! Live music for all tastes, Morris dancing, children's rides, farmers' market, classic car show, tug o' war, real ales, cream teas, hog roast and BBQ. A perfect summer event. Midday start. Check IRHH website for full details.

**Friday 15 – Sunday 17 July**

**PENN STREET VILLAGE  
BEER FEST**

With plenty of real ale, live entertainment and food, this will be another popular village event for people of all ages. Further details from the Hit or Miss website [www.ourpubs.co.uk](http://www.ourpubs.co.uk)

**Friday 15 - Saturday 23  
July**

**PEPPER SUMMER ROCK  
SHOW**

**Centenary Theatre,  
Berkhamsted**

The 23rd annual Pepper rock show is currently being planned. For more information, as it happens, please check our show website [www.peppershow.com](http://www.peppershow.com)

**Sunday 17 July  
10am – 5pm**

**CHENIES MANOR PLANT  
& GARDEN FAIR**

**Chenies Manor**

An opportunity to purchase excellent quality plants and decorative garden related items at one of the South East's premier plant fairs. IRHH will be running the plant creche at this event. Tickets £6 adults, under 14s £3; extra charge for entry to the house, open from 2pm

**Saturday 30 July**

**IRHH PRODUCE SHOW**  
Anglican Church Hall, Tring

A Show for people of all ages, with entries invited for flowers, vegetables and domestic produce. Prizes for the best judged entries. Pop along to the Show and admire the variety of exhibits. Further details and to register your entries, contact the Show Secretary on 01442 826265

**Wednesday 3 August**

**EASTWOODS PEPPER  
GOLF DAY**

**Ashridge Golf Club,  
Berkhamsted**

The 14th annual Pepper Golf Day to be held at Ashridge Golf Club. Shot gun start. Magnificent auction of sporting memorabilia included. Further details from Janet Edwards on [janetintouch@btinternet.com](mailto:janetintouch@btinternet.com)

See our website  
[www.irhh.org/whatson](http://www.irhh.org/whatson)  
for full details  
of all events

# diary dates



## Monday 29 August 10am – 5pm BEACONSFIELD COUNTRY FAYRE

Windsor End, Beaconsfield Old Town

Traditional family fun including horticulture, photography, competitions, raffle, stalls, craft tent, bouncy castle, bar, refreshments and plenty more.

## Monday 29 August 1 – 5pm BERKHAMSTED LIONS SUMMER FETE

Berkhamsted Cricket Club

Come and join in the fun with this popular annual summer Fete. Plenty of activities and things to do for all ages. Why not pop along and support the IRHH stall?

## Thursday 1 September 8am – 6pm THE BUCKS COUNTY SHOW

Weedon Park, Nr Aylesbury

With a variety of attractions to suit all ages, this popular one day Agricultural Show is not to be missed. Come along and see us at the IRHH stand. Further details at [www.buckscountyshow.co.uk](http://www.buckscountyshow.co.uk)

## Friday 2 September EIC GOLF DAY

Mentmore Golf & Country Club

Annual Golf Day to raise funds for IRHH. Includes a raffle and auction of items during the evening. Further details from Ian Styles on 01442 286910 or [ian.styles@eicinsurance.co.uk](mailto:ian.styles@eicinsurance.co.uk)

## Sunday 4 September From 2pm

### WENDOVER MEMORIAL WOODLAND PICNIC

Wendover Memorial Woodland

We hope you and your family will join us for cream tea at the Wendover Memorial Woodland. A very special occasion for you to remember loved ones who are no longer with us. Further details from Linda Petrons on 01442 890222 or [lpetrons@irhh.org](mailto:lpetrons@irhh.org)

## Sunday 11 September CHARITY GOLF DAY

Ellesborough Golf Club

18 hole Stableford competition for teams of 4. The day will include various competitions, a raffle, tombola and auction. Further details from the Golf Club on 01296 622114 or at [www.ellesboroughgolf.co.uk](http://www.ellesboroughgolf.co.uk)

## Sunday 18 September CHILTERN 3 PEAKS CHALLENGE

The Chilterns

Join us for our third Chilterns 3 Peaks Challenge. Further details at [www.c3peaks.com](http://www.c3peaks.com) or from the Fundraising Team on 01442 890222 / [fundraising@irhh.org](mailto:fundraising@irhh.org)

## Saturday 1 October 9am – 9pm TRINGCON BOARD GAMES CONVENTION

Marsworth Village Hall

A well established and popular one day event where the emphasis is on playing games. Tickets £10, includes buffet lunch, tea and refreshments; contact Keith on [TringCon@fwtwr.com](mailto:TringCon@fwtwr.com)

## Sunday 16 October PEPPER SUNRISE WALK - HEMEL HEMPSTEAD

Hemel Hempstead

Don't forget to put the Pepper Sunrise Walk date in your diaries to ensure you are able to join us for a beautiful walk on a sunny October morning through the Chiltern countryside of Hemel Hempstead, Potten End, Frithsden and Ashridge.

## Thursday 20 October 10am – 12.30pm

### THE IAIN RENNIE JIGSAW SESSION

Red Cross Hall, Tring

An interesting and informative session to find out more about IRHH. Details of the nursing service, fundraising and our shops are all included as well as a focus on how volunteers support our service. Everyone welcome - staff, volunteers, supporters. Free entry; to book a place please contact Suzanne Casey on 01494 877200 or [scasey@irhh.org](mailto:scasey@irhh.org)



**Iain Rennie**  
HOSPICE AT HOME

See our website  
[www.irhh.org/whatson](http://www.irhh.org/whatson)  
for full details of all  
events



## STREET COLLECTIONS

Saturday 12 March	TRING HIGH STREET
Saturday 19 March	AMERSHAM ON THE HILL
Saturday 9 April	HEMEL HEMPSTEAD
Saturday 30 April	CHORLEYWOOD
Saturday 14 May	CHALFONT ST PETER
Saturday 14 May	GREAT MISSENDEN
Friday 20 & Saturday 21 May	SAINSBURY'S, BEACONSFIELD
Saturday 11 June	HAZLEMERE
Saturday 25 June	MARLOW
Saturday 9 July	PRINCES RISBOROUGH
Saturday 9 July	WENDOVER
Saturday 23 July	CHESHAM
Saturday 10 September	PRESTWOOD
Saturday 17 September	GERRARDS CROSS
Saturday 24 September	FARNHAM COMMON
Saturday 1 October	FLACKWELL HEATH
Saturday 8 October	LITTLE CHALFONT

We usually collect between 9am and 1pm. If you can help spread awareness of IRHH while raising much needed funds in the fresh air, please call Jenny Moloney or Sandra Preston on 01442 890222. Thank you.