

keeping in touch with

Doorstep

SUMMER 2003

THE
LAIN RENNIE
HOSPICE
AT
HOME



Awarded for excellence

TRING MILLENNIUM WOODLAND SECOND PLANTING

We are thrilled to announce that the Tring Millennium Woodland is to be extended and a further 1000 trees will be planted on the site at Duckmore Lane, Tring early in 2004. The IRHH worked with Tring Town Council on the establishment of the woodland in the Millennium year and hundreds of people sponsored trees or came along to help with the planting. Many also came along to a special Dedication Ceremony later in the year when the trees were in leaf.

Iain Rennie supporters will again have the opportunity to sponsor trees in the new woodland in return for a donation. A leaflet and application form giving full details is enclosed with this issue of Doorstep.

Tring Town Council voted to extend the woodland and will fund and manage the project with support from Dacorum Borough Council and Countryside Management Services. The Mayor of Tring, Helen Armstrong, who has been supporting the IRHH over the last year, announced the second planting which will raise substantial funds for the IRHH.



RECORD-BREAKERS

It wasn't only Paula Radcliffe who smashed a record in the 2003 Flora London Marathon on Sunday 13th April. Iain Rennie's biggest ever team of 19 runners are on target to raise over £30,000! They all completed the race safely and with very respectable times.

If you didn't get a place in the London Marathon, but still want to run for Iain Rennie, turn to the back page.



• IRHH runner, Steve Hudson, catches his breath at the 17 mile mark.

CYCLE AUSTRALIA: MIKE HILL COMPLETES HIS TRIP ROUND OZ

MIKE HILL, the man who decided to cycle round the coast of Australia to raise funds for the Iain Rennie Hospice At Home, has successfully completed his amazing journey. Mike, aged 28, left Bovingdon Green,



Hemel Hempstead on 9th April 2002 and completed his 10,000 mile solo cycle ride two months early. Mike also found the extra time and energy to cycle round Tasmania. He hopes that his efforts will have raised over £14,000.

KNOCKOUT!

THE GRAFFITI GIRLS knocked 2002 winners, the Tylers Green Terrors, into fourth place at our Knockout Challenge Kids' Competition in High Wycombe. The sunny bank holiday weather suited the "vacation" theme, and our best-ever mix of foam, fun and inflatables was enjoyed by participants and spectators alike. The Adults competition was won by the "Green Goons". Scores, pictures and more on our website www.irhh.org.

Graffiti Girl, Sarah Simmons, slides her team into first place



WELCOME TO YOUR SUMMER DOORSTEP!

Inside this issue:

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DOORSTEP ON-LINE AT WWW.IRHH.ORG: A Celebration of Fundraising Achievements, Chrysalis Club, Knockout Challenge & more on our website

Each time I sit down to write this piece for Doorstep I find that my first thoughts are around financial matters. So much of my time over the last twelve months has been occupied with the issue of funding from government and the Primary Care Trusts. Now we are in a new financial year with a higher budget and the funding discussions are still underway and unresolved.

The Iain Rennie Hospice at Home will be caring for well over 750 patients and their families and carers in the coming year. We are currently caring for 17% more people than at the same stage last year. Yet our costs per patient are not increasing by the same percentage which is a good indication that we are managing to control our expenditure and maintain basic efficiencies. IRHH manages the non-core business of its operation very effectively through a combination of basic essential posts combined with a significant volunteer input. We can certainly justify the expenditure we allocate to a relatively small support staff base.

Statutory funding - or rather the paucity of it - is still an issue for many hospices despite the Government making an additional £50m available for specialist palliative care. My mild note of optimism in the last newsletter may not be completely unjustified, but what is still not clear is the amount of money that will be allocated to sustain existing hospice services. No hospice can take on service developments even if additional funds were provided for this purpose unless and until the current service provision is supported. Strong

IRHH Chief Executive, ROWENA DEAN, writes



• Making a point at a recent conference to promote Charter Mark

messages along these lines have been sent to the Department of Health and the Cancer Networks and as a result some reallocation of the funds has been discussed so that current service provision is addressed. In the meantime the general service agreements are being uplifted by around 3.5%, when the cost pressures on salaries alone are running at around 6.5% - 7% - you don't need to be a statistician to see that the gap is increasing markedly.

IRHH did benefit from the £10m allocation for 2002/03 and at the end of the financial year had received £30,000 from 3 PCTs. This was however non-recurrent funding and there is therefore no guarantee that it will be forthcoming in future years.

A few facts and figures about the financial year

Overall we have had a fortunate year and anticipate a surplus of some £200k when the accounts are finalised, which will give a

welcome strength to our reserves. We have achieved our strategic aim of maintaining 6 months reserves through the year but need to continue to sustain this level despite the financial goal posts moving ever upwards.

- In the year to 31st March the IRHH nursing teams have cared for 737 patients. This represents a 17% rise from the previous year.
- The full cost of the IRHH service per patient is approximately £2,300
- Last year this cost was £2,245
- Many of our costs are sponsored through Trusts or general donations. You are all aware of the support of our Pepper Nursing Team but another four nurses are also sponsored this year through Grant Making Trusts.
- Legacies this year to date total £163,423
- 728 home box owners have this year to date contributed £7,602. If we add pub and shop boxes the total rises to £19,263
- Committed givers now total over 200 and this year we have received a total Tax Recovery of £31,580 on all personal donations.

Pledged giving = welcome recurrent income

Pledged giving currently funds two nursing salaries

Please use the pledge form below if you are able to help in this way.

CUT ALONG THE DOTTED LINE AND RETURN TO IRHH, FREEPOST, 52A WESTERN ROAD, TRING, HERTS HP23 4BB

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Regular Donor Gift Aid Declaration and Standing Order Form

HELP US TO RECLAIM TAX PAID ON YOUR DONATIONS!

If you pay income or capital gains tax we can probably reclaim 28p for every £1 you donate. This substantially increases the value of your gift.

DONOR DETAILS

Title _____ Forename(s) _____ Surname _____

Address _____

Postcode _____ Telephone _____

I want the Iain Rennie Hospice At Home (IRHH) to treat all donations I make from the date of this declaration until I notify IRHH otherwise as Gift Aid donations. I am a taxpayer.

Signed _____

Date _____

STANDING ORDER

To: the Manager _____ Bank _____

Branch Address _____

Postcode _____

Please pay The Iain Rennie Hospice At Home £ _____ every year/month (delete as appropriate)

starting on _____ (date) to _____

Barclays Bank plc (Windsor Branch A/c No. 10523208 - Sort Code 20 97 09) PO Box 1368, Windsor, Berkshire SL4 1PG

Customer Name _____ Customer A/c No _____

Customer Address _____

Postcode _____ Signature _____ Date _____

Helped my husband Col from the water and, with him watching from the pool side, took our two young children in for a swim. A few moments later, Col was dead. That was six weeks ago."

Hilary sat in her living room, the terrible pain of the memory showing on her face, yet her voice calm and strong. "But that, of course," she continued, "was exactly what he wanted.

"Col and I met when we were teenagers. We were just friends for ages, but later we got married and had two wonderful children, Charlotte (8 years) and Mattie (5 years old). Col was always so active. He used to spend hours playing with the children and he was the original Mr DIY. He loved his job as a manager at DHL, and was part of a warm, lovely team.

"At the end of 1999, when he was just 35 years old, Col started getting pains in his leg. Our GP referred him to a specialist who treated Col for a probable blood clot and then, when things weren't improving, performed a biopsy.

"That was when our previous life abruptly ended; when normality stopped and we were plunged into a terrifying and unreal nightmare. We had to wait two weeks for the biopsy result and, when it came through, they said it was cancer.

"From that point, things went from bad to worse. The cancer diagnosis went from low grade to high grade in the space of a week. Col seemed to be constantly at the hospital: first it was chemotherapy, then radiotherapy, and then a total hip replacement. In September that year, new tumours were discovered and he had two operations to remove them.

"At the beginning of 2002, Col and I decided to visit Australia, somewhere we had been on holiday 10 years ago. We were away for a month and had a wonderful time. But, immediately on our return, Col went downhill again. By September, the doctors were telling us that nothing further could be done and, shortly afterwards, we were referred to Iain Rennie.

"The Iain Rennie nurses, and Maureen in particular, were wonderful and made a huge difference to both of us. We were devastated by the prognosis but suddenly we had support 24 hours a day to help us cope.

"Straight away the Iain Rennie nurses adjusted Col's medication so that he was pain-free. That made such a difference to

COLIN'S CHOICE

Hilary Edmonds tells Amanda King the remarkable story of how her husband chose to live life his own way, right to the very end.



Colin with his Mum at The Ritz

him: for most of the previous two years he had been in severe pain and it had exhausted him.

"For the first time since Col had been ill, we felt that we had people totally on our side who just wanted to help us. Iain Rennie offered all sorts of practical aid: things like a disabled sticker and disability allowance just got organised by them, something we hadn't known about before. They arranged for Col to have his blood transfusions locally instead of in London and, when he started to need oxygen, they provided that too. Iain Rennie even arranged for both Col and me to have an aromatherapy massage. They provided someone independent for Col to talk to, especially about his funeral arrangements, and just generally instilled confidence in both of us.

"On the Monday of the week Col died, he, his brother and his mother went to the Ritz to celebrate her birthday. It took us all morning to get Col ready. He was on oxygen and couldn't walk at all. But he rose to the occasion.

"Then on the Friday, Col and I had planned to take the kids to Centre Parcs. He was obviously very ill and, on that morning, the doctor and I sat on either side of his bed trying to dissuade him from going. Finally I said, "OK, if you want to go, we'll go" and by 3pm the doctor, Maureen from Iain Rennie and I

managed to get him into the car and, with our friend Fliss, we were off.

"On the Saturday morning, the kids cried "Pool, pool, pool!" so, with Col still connected up to his oxygen, that is where we went. At first Col sat on the side, but then he said "I want to go in the water too", so I took him in. It was a real struggle getting him out of the pool but, once I had settled Col by the pool, the children wanted to go in the water again so I went in with them.

"When we came out, I went over to Col but he had left us and had slipped into a coma. I just cried out: "He's gone, Fliss, he's gone". The holiday park doctor arrived quickly and moved him to the Medical Centre where I and the children said our final goodbyes.

"Even in my despair at his death, at least I know that Col died exactly in the way that he wanted. Even his funeral was as he wished: we scattered his ashes on Dunstable Downs with lots of children releasing coloured balloons into the sky. Col lived his life to the full, right up to end. He never let cancer dominate his life and he certainly didn't let it dominate his death. Iain Rennie helped him to achieve that."

The Iain Rennie Hospice At Home is committed to respecting patients' freedom of choice. Enshrined in the IRHH 'Philosophy of Care' is the belief that the patient and their family should have the right to choose the place of death and to be cared for and supported in the way that they wish. "We work hard to treat every patient as an individual," says IRHH nurse, Maureen Bryant. "When a patient has a strong desire to follow a particular course of action, we will do all we can to offer the appropriate support to help them do so."

"When patients wish to travel away from home, we can liaise with local medical services to ensure that cover is available. We can anticipate the types of problems they might experience and provide equipment such as wheelchairs, specialist mattresses, extra oxygen etc, and assist the patient and their family to prepare for their trip." All Iain Rennie Nurses are committed to building up a close relationship with each patient and their immediate family and to help them achieve a full, dignified and pain-free life for as long as possible.

COMINGS&GOINGS

Welcome to: JAMES FISHER, Specialist Support Nurse with the Ridgeway team; SONYA O'LEARY, new Pepper Paediatric Team Leader; JILL AMSBURY, Specialist Support Nurse with the Dacorum team; SUSANNA NEWMAN, PA to Director of Nursing; JOHN CLARK, Volunteer Mobile Information Unit Co-ordinator; SHONA DRUMMOND, SUSAN SOLOMON, SUE LAMBERT, MAGGIE PARKINS, new volunteers with the Fundraising Department. CHRIS KENNEDY (Specialist Support Nurse with the Dacorum team) who has become a Bank Nurse.

Goodbye to: HEATHER PHILPOTTS, Pepper Paediatric Team Leader; LIZ GRESHAM, Clinical Nurse Specialist, AUDREY HEDGECOCK, Specialist Support Nurse both with the South Bucks team; CHRIS GLENNON, Specialist Support Nurse with the Wycombe team.

Congratulations to: EMILY SMITH (née SHORTHOUSE), our Voluntary Services Manager, and JAMES who were married on 22nd March.



IRHH PAST & FUTURE – CELEBRATING 20 YEARS OF CARING

In 2005 the IRHH will be celebrating its 20th anniversary. Even at this early stage, ideas and plans are emerging and we are keen to hear from anyone who would like to help in any way. We have a lot to celebrate and a challenging future ahead. Please contact Rowena Dean rdean@irhh.org on 01442 890222 if you would like to get involved.

CHRYSALIS CLUB 2003

Our annual Chrysalis workshop for bereaved children has been acclaimed as one of the most successful so far. Funded by The Pepper Foundation, the two day event is designed to complement the bereavement service offered by the IRHH and uses a variety of activities to help children and young people come to terms with the loss of a close family member. Amanda King went along to the event for Doorstep On-line and you can read her report and see a selection of photographs by Kevin Sansbury at www.irhh.org.



Music Therapist, Peter Blackett, works with bereaved young people at Chrysalis Club 2003



THANK YOU, HEATHER

The Iain Rennie Hospice At Home celebrated the achievements of Heather Philpotts, the first Pepper Paediatric Nurse, who has left the IRHH as her family has moved from the area. A reception was attended by colleagues past and present, as well as trustees from the IRHH and The Pepper Foundation which has provided funding for the pioneering nursing service for children with life limiting illnesses since it started.

COMPUTER SYSTEMS

This year we need to make improvements to the IT function within IRHH. At the moment we rely very heavily on a somewhat creaking IT system, which depends on PCs working to full stretch and on the skills of staff who also have 'day jobs'. We have undertaken an IT review this year with the help of some very dedicated volunteers, and now have to face the challenge of replacing both hardware and systems with the inevitable cost implication. We are, however, looking to cover the costs through sponsorship and we are confident that we will be able to mitigate the budget effect in this way. If you know of any possible source of sponsorship, we would love to hear from you.

HAVE YOU JOINED THE HOSPICE LOTTERY YET?

Just £1 per week helps the Hospice and gives you the chance to win £1000! Call 0870 3300218 for details.



AUDIT UPDATE

SARAH WALLINGTON-SMITH, IRHH Clinical Audit Facilitator, introduces a new, regular Doorstep feature which feeds back on our audit findings.

What do you mean "audit"? How do you do that?

Audit is the way in which we measure the quality of the work we do. This involves measuring our performance against nationally and locally agreed standards, together with asking the users of our service whether we are meeting their needs.

We do this in many ways. The following are examples of some of the work we have undertaken in the past six months, together with comments made by our "users", the main findings of the audits, and the actions we have pledged to undertake as a result.

Oh, no, not another survey....

We all know that sinking feeling when yet another questionnaire drops out of the envelope. Is it really worth filling them in? Does anyone read them? Or is it just another ticked box on someone's list of things to do?

Here at Iain Rennie we have to plead guilty to using surveys as a key means of monitoring and improving what we do, so our special thanks go to the 84 patients and carers who took the time to respond to our latest Patient and Family Experience Survey.

We use the survey to check that we are achieving our service standards and to invite users to tell us what is important to them.

You told us that the most important ways we help you are:

- By allowing you to know that help is at hand 24 hours a day
- Through the caring attitudes and abilities of the IRHH nurses

With all the staffing shortages and pressure on time that our NHS colleagues have to endure, it was reassuring to know that

- 98% of our respondents felt that their Iain Rennie nurses took the time to listen to their concerns
- 100% said they had a prompt response to their requests for help
- 90% agreed that they were given the right amount of information at the right time
- 99% considered their nurses to be calm and reassuring

But it is not all good news. There were some delays in acknowledging receipt and thanking those who most generously sent donations in with their completed survey forms. We have identified where those delays have occurred, and will administer the survey from just one of our offices in future to speed up the process.

The comment "I never knew that such a service existed" has led us to update the IRHH information packs which we give to our District Nursing colleagues, and to map the distribution of our IRHH information leaflets.

We also wish to thank the parents of the children our paediatric team is helping to care for who completed a family experience survey.

- 100% of the respondents felt supported in caring for their child by the IRHH nurses.

There were suggestions for:

- More toys and sensory equipment
- More time to be spent in play with some children

We are pleased to announce the arrival of Lindsay Lillywhite our Play Therapist, and to report that plans are underway for a resource cupboard to be developed and funded by the Pepper Foundation.

It wasn't all surveys though! We undertook an audit of the compliments, comments, and complaints that we had

received over a ten month period.

- Number of compliments 35
- Number of complaints 22
- Number of comments 2

5 of the 7 administration complaints received concerned inaccuracies with the nursing database. We have identified where those problems occur, raised awareness of the problem with all IRHH staff, and are pleased to be able to report improvement already.

The main findings of an audit of the problems with messages at IRHH showed us:

FINDING: The majority of problems occurred with phone messages.

ACTION: A nurse will attend the regular receptionist meetings

FINDING: There are certain areas where both mobile phone and pager reception is poor.

ACTION: Nurses will inform the receptionists when they are entering these areas

We do appreciate your help with this work, and assure you that we do listen to your comments and act on them.

Future work in 2003 will include:

- Audit of the first nursing assessment visit
- Carer satisfaction survey
- Audit of bereavement support services
- Professional satisfaction survey
- Audit of the use of Graseby Syringe Drivers

If you would like further details about any of our audit work, please check our website, www.irhh.org, or contact Sarah Wallington-Smith, Clinical Audit Facilitator, sarahw-s@irhh.org on 01442 890444.

Irene & Joyce Are Preparing Another Quiz for 2003/4!

A huge thank you to Irene Cammegh and Joyce Bailey for compiling this year's Quiz and many congratulations for producing yet another brain teaser! If you'd like to receive a copy as soon as it is released, please send £1 to Suzie Lalé at our Tring Office.

Iain Rennie Hospice At Home Annual Quiz Champion

Mrs Sheila Coates of Chesham scored a magnificent 238 points out of a possible 240 in this year's annual Iain Rennie Hospice at Home Quiz and wins £50 worth of Marks & Spencer vouchers. Marion Ford of Tring, Robert Jones of Long Marston, Lowri Mulholland of Princes Risborough, Edna Williams of Berkhamsted and J Worley of London W10 each received a Kodak camera as the 5 "lucky quizzes" drawn out of the hat. We are thrilled to advise that they raised over £1,000 and we would like to thank Irene & Joyce and everyone who took part.

INTERESTED IN FUNDRAISING?

We are always pleased to provide practical help and support for anyone who raises funds for us. Please call us on 01442 890222 if we can help in any way.

SHOP TALK

Retail Manager, Lesley Gorton, reports on the latest news from the IRHH shops.

Staggering Sales

As the financial year has drawn to a close I am delighted to report record profits from the shops and trading operation. From the shops the princely sum of £193,500 has been added to Iain Rennie funds to help support the nursing service. Trading yielded a profit of £16,000.

Such splendid results bear testament to both the professionalism of the Shop Management Team and the hard work and dedication of the Shop and Office Volunteers.

I never fail to be amazed at how successful the shops are and how we manage to increase turnover and profits year after year.

New Shops

After a few hiccups along the way we are now confident that two new shops, in Beaconsfield and Little Chalfont, will be open in the next few months. It will be quite a challenge to open two new shops at the same time and inevitably I will be looking for some help!

We will also be looking for shop volunteers. I am aware that we are very well supported in the south of our area, so now is the time to come out of the woodwork and help in one of the shops. We will be enormously grateful for any time you can spare, even if it is just a few hours per week and in return we can promise you fun, companionship and plenty of laughs.

If you feel you could help, please contact either myself, Lesley Gorton lgorton@irhh.org at

the Tring office or Emily Smith esmith@irhh.org at Gillian King House.

Hidden Treasures

It is a little known fact that Charity Shop Managers and volunteers have to be experts in all sorts of matters! Quite aside from the day to day running of the shop, administration and banking, they have to be experts in textiles, antiques and collectibles - the list goes on forever. We are often given items of significant value and these need to be recognised and sold on for their true worth. At the Tring shop you will often see Peggy Bainbridge sorting through apparently worthless bric a brac searching for elusive treasures, and she finds them!

Over the years we have built up a marvellous relationship with Tring Market Auctions and in particular we are especially grateful to Steven Hearn and his staff who offer expert advice on the items Peggy finds. Amersham Auction Rooms offer a similar advice to the Princes Risborough shop. During the past year we have raised over £13,000 through the auctions.

Branching Out

We are always on the lookout for original ways to sell the huge quantity of goods that are donated to us, in particular we are given more books than we can possibly sell and the Shop Managers hate throwing things away. We have been given the opportunity to have a stall at weekly markets in Amersham, Chesham and Aylesbury. We are looking for a team of volunteers who would be interested in running a market stall in one or all of these locations. Ideally one or more of the team would be a car driver, although we do have plans to purchase

a van that could be used for the purpose in the near future.

Once again if you feel this might be for you please contact either myself or Emily Smith.

Christmas Marketing

I know it is difficult to believe, but all this year's Christmas cards have been selected and ordered and we are expecting delivery of the brochure in the next few months! This year we are planning an even bigger and better Christmas Card operation. We will have a presence in Cards for Good Causes in Beaconsfield and Marlow and will, of course, be selling cards through the shops. However, historically, one third of our Christmas Card revenue comes through sales and initiatives organised by volunteers.

This is where our supporters come in: do you have any wonderful marketing ideas? Are you organising a Christmas Fair or Fete? Do you have a contact in a company who may market our cards to their employees or use our personalised Christmas Card service? All ideas gratefully received, as indeed are offers of help to assist with the packing and posting operation. This commences in October and the last orders are despatched the week before Christmas.

In Conclusion

I am aware that much of this article is taken up with appeals for volunteers. This is a very exciting time for Shops and Trading and I have never been more aware of how much we depend and rely on the time and expertise of our volunteers. There are many new challenges to be faced this year and WE NEED YOUR HELP!

NEWS FROM OUR FUNDRAISING GROUPS

- We were delighted to receive a cheque for £2,000 from the **COLESHILL GROUP**. This fantastic sum was raised from the coffee morning, sales of amazing hand-made Christmas Crackers and the annual pub supper with Christmas Carol singing. Many thanks to everyone involved.

- The **FARNHAMS GROUP** are making plans to participate in Tea at Three on Friday 20th June and also a Cream Tea Party in August. More details to follow.

- The **HEMEL HEMPSTEAD GROUP** are working with the Hemel Hempstead Community Policing Team to organise their Charity Golf Day at Mentmore Golf & Country Club on 27th June 2003. See "What's On" for more details.

- The Bucks Supper Evening organised by **SPEEN SUPPORTERS GROUP** raised over £1,500 for the IRHH and four other local hospices. Thank you to everyone for their hard work.

- Members of the **ASTON CLINTON** group appeared on TV's "Car Boot Challenge" having been filmed last year when contestants bought a Chinese clock and other items from the group's IRHH stall at "Big Ben's" Car Boot Sale at Bledlow Ridge. The group regularly organises stalls at events and will be out and about at various locations throughout the coming months.

- **BEACONSFIELD GROUP** have a near sell-out on their hands with just a few tickets remaining for "A Midsummer Night's Ball" on 27th June. See "What's On" for details

- The team is also planning an Open Garden event in June and a Craft Fair in November. Watch our website www.irhh.org for details.

- The annual St George's Day Clay Shoot arranged by Norman and Frances Grundon was once again a huge success at the end

of April. Nearly 100 competitors took part in this event and their generous support raised over £22,000.

- Don't forget to get your tickets for the **HIGH WYCOMBE & AMERSHAM GROUP's** major event with Terry Lightfoot. See "What's On" for details. As well as organising the Street Collection in High Wycombe, the group is planning a musical event with Michael Dewis at Penn House and their annual Wildlife Evening on 25th October.

Sales of RHYME & REASON's annual poetry anthology have resulted in a donation of £1500 this year. We send our thanks to everyone involved for the hard work that goes into producing this excellent book. Former group chairman, Jan Moran Neil, allowed us to benefit from a highly successful production of her play "Blackberry Promises" which raised £220.

FUNDRAISING NEWS

GOURMET OCCASIONS

THAMES TRADITIONAL BOAT RALLY Sunday 20th July



Enjoy an idyllic day on the banks of the Thames at the heart of the THAMES TRADITIONAL BOAT RALLY at Fawley Meadows, Henley. Sponsored by the Michael Shanly Group, tickets for this prestigious occasion are £55 or £550 for a table of 10 and include a Champagne Reception, 3 Course Lunch, Afternoon Tea in our private marquee and a cruise on the river in the traditional wooden Thames launch, Lady Florence. Contact Steve Grudgings sgrudgings@irhh.org on 01442 890222 for details.

CHARITY GOURMET NIGHT AT FORNO VIVO Sunday 12th October

If you enjoy Italian food, then make sure you book early for what promises to be a memorable evening at Tring's most popular restaurant. FORNO VIVO has generously invited IRHH supporters to a special Charity Gourmet Night with the entire ticket price coming to the IRHH! If you would like to receive an invitation then call Suzie Lalé slale@irhh.org on 01442 890222 or contact Forno Vivo direct on 01442 890005.



GOURMET RAFFLE 2004

We will be launching our raffle just after Christmas based on a 'Gourmet' theme and we're looking for prizes. Would your favourite restaurant or local pub consider donating a prize, such as a dinner/lunch for two or four people? Please contact Rozina Ahmad on 01442 890222 or email rahmad@irhh.org if you can help.

A CELEBRATION OF FUNDRAISING ACHIEVEMENTS: The IRHH Says "Thank You" To Its Supporters

The Iain Rennie Hospice At Home hosted a reception at Tring Park Cricket Club on Friday 4th April to pay tribute to the many people who had raised money in aid of its work caring for the terminally ill. IRHH Vice Chairman, Tom Johnson and Appeals Director, Robert Breakwell, spoke of the imagination, enthusiasm and commitment of all those who had done something to raise funds. Their support was recognised through the presentation of 94 new Fundraising Achievement badges to people who have supported us over the last year. A full report and pictures of A Celebration of Fundraising Achievements can be found on our website www.irhh.org.



FREE WINE TASTINGS 2003

We are already taking Wine Tasting bookings for this year. The idea is simple: you provide the venue and the guests and we provide the wine and Champagne. We also provide a magnum of bubbly for a raffle, print invitations and posters, and bring along a team of people to run the evening for you. Last year we organised successful tastings for clubs and organisations as well as private events. Please contact Robert Breakwell rbreakwell@irhh.org on 01442 890222



THE HOSPICE LOTTERY: There's Never Been A Better Time to Join!

With an increased weekly prize fund, and more prizes than ever before, the Hospice Lottery really is a great way to support the IRHH and other local hospices. Over 9000 people now take part and the lottery is set to raise well over £200,000 for the 4 Hospice Lottery partners this year. You will find an application form enclosed with Doorstep or join on-line at www.hospice-lottery.co.uk.

CHARITY GOLF DAYS 2003

Further details and application forms are available from our website www.irhh.org or call us on 01442 890222.

Friday 6th June

The Rotary Club of Berkhamsted Bulbourne

11th Annual Charity Golf Day
Mentmore Golf & Country Club
18 hole Stableford competition for amateur golfers. Open to ladies, gentlemen and mixed teams. Buffet supper.

12noon – 8.00pm
Teams of 4 £240.00

Further details from John Simpson on 01442 234347

Friday 27th June

Hemel Hempstead Community Police and IRHH Hemel Hempstead Fundraising Group

3rd Annual Charity Golf Day
Mentmore Golf & Country Club
Please call Nick & Dee Potts on 01442 871466 for further details

Friday 20th June

*Berkhamsted Lions Club
Charity Golf Day*

Whipsnade Park Golf Club, Dunstable
9.00am – 10.00pm
£300.00 per team of 3. Details from Peter Gent on 01442 864472.

Friday 19th September

*Chris Mullan Memorial Charity Golf Day
Bushey Hall Golf Club, Bushey*
Teams of 4 play 18 holes. Running buffet with entertainment.
Further details from Marion Mullan on 01494 786132

The imagination of Iain Rennie supporters knows no bounds and we are constantly delighted by the generosity and ingenuity of so many people. It's impossible to include everything here, but we hope we manage to give a flavour of what's been going on over the last few months.

- Thanks to everybody who sent in stamps with their Questionnaire to the value of £776!
- A big thank you to everyone who allowed us to benefit from wedding, birthday and anniversary celebrations. Particular thanks to MR ROGERS of Leighton Buzzard who donated £700 from his 60th birthday and to HAYLEY and JOHN SANDERS who requested gifts to IRHH instead of wedding presents which raised over £850.
- MABEL FLETCHER organised her annual Quiz at Potten End Village Hall. An enjoyable evening resulted in a donation to IRHH of £157.
- We are grateful to the WYCOMBE CHAMBER OF COMMERCE for organising a Race Night which raised £2,500 for the IRHH and the charity, Sign.
- Our thanks to MICHAELA and her colleagues for raising an amazing £989 by entering two teams in the 'Great River Rowing Race' which was sponsored by ITN.
- And congratulations to MATHEW GALE who took part in 'Rowers' Revenge' - a 25/30 mile Triathlon of rowing, running and cycling. Mathew's team sent a wonderful donation of over £670!
- MRS BRAIDEN received tremendous support from friends and colleagues when she decided upon a Sponsored Diet and raised over £750!
- NEIL MCCLUSKEY and eight colleagues played 100 holes of golf at Denham Golf Club! Their dawn to dusk match raised £5,000 in total with £1,000 coming to IRHH. Thanks to all who took part.
- GERRARDS CROSS GOLF CLUB donated £574 with the Veterans' Section kindly sending £25. OAKLANDS PARK GOLF CLUB sent a gift of £1,000. The LAMBOURNE CLUB sent a welcome cheque for £220 and the Lady members of CHORLEYWOOD GOLF CLUB kindly donated £84 from their Winter Eclectic competition. Thank you also to BARRY CAPEL, Captain of Chiltern Forest Golf Club who raised £1,782 during his year as Captain.
- We are grateful for donations from FARNHAM & HEDGERLEY TREFOIL GUILD, ADEYFIELD BOWLERS CLUB, HEMEL HEMPSTEAD CYCLING CLUB and TRING BOWLS CLUB. The CATENIAN ASSOCIATION SOUTH BUCKS CIRCLE donated £600 and LEIGHTON BUZZARD CIRCLE of The Regnal League chose IRHH as its charity for 2002 donating £740. Our thanks to one and all.
- We would like to thank BUCKS SHORT MAT BOWLING CLUB who sent a very welcome donation of £532 and the Heath Singers for their donation of £500 from the proceeds of their Christmas Concerts.
- We thank students at DR CHALLONER'S SCHOOL who supported us once again and donated £150 following their trip to Mongolia. KINGS WOOD COUNTY FIRST SCHOOL once again braved the elements at Christmas and raised over £100 singing carols in their area.
- We have received another generous donation of £500 and offer our thanks once again to the staff and customers at the ROBIN HOOD for their continued support.
- Thanks to EMMA WILLIAMS who held a 'School Dance' at The Lambert Arms - this was Emma's first event and she raised £165!
- The Manager at THE DUCK INN in Aston Clinton kindly raffled a Jeroboam of Champagne raising £265. Our thanks go to the staff and customers.
- Thanks also to the HEMEL HEMPSTEAD & DISTRICT LICENSED VICTUALLERS ASSOCIATION for their donation of £250.
- We continue to receive tremendous support from churches within our community and our thanks go to ST LEONARDS PAROCHIAL COUNCIL; the PARISH OF HAZLEMERE; the PARISH OF CHINNOR WITH EMMINGTON & SYDENHAM & ASTON ROWANT; NORTHCHURCH BAPTIST CHURCH; HOLY TRINITY CHURCH, BERKHAMSTED; FLACKWELL HEATH METHODIST CHURCH; TRINITY UNITED REFORMED CHURCH, HIGH WYCOMBE; SPEEN BAPTIST CHURCH; LITTLE KIMBLE; AND THE FRIDAY FRIENDSHIP CLUB OF NASH MILLS METHODIST CHURCH, HEMEL HEMPSTEAD. Gifts from these churches came to more than £3,700!
- We received a welcome gift of £50 from MISBOURNE VALLEY WI and HAZLEMERE MORNING WI kindly supported us with a donation of £100. We were also delighted to receive £275 from EVENING BRANCH OF RICKMANSWORTH TOWNSWOMEN'S GUILD
- As always we offer our thanks to the tremendous support we receive from the Service Clubs. THE ROTARY CLUB OF BURNHAM held a Donkey Derby in 2002 AND SENT £500; WATFORD CLARENDON sent £500 and CHESHAM £1,244 from various fundraising activities.
- AMERSHAM AND HIGH WYCOMBE ROUND TABLE have each very kindly donated £500.
- TRING LIONS celebrated their 30th Charter Night and presented us with a gift of £500.
- AYDDOC RECEPTIONISTS (who handle our out-of-hours nursing calls) held a raffle and raised over £333 which they kindly donated towards the work of our nursing teams.
- MRS CLARK sent a cheque for £45 which was coffee money collected at one of St Martha's Church House Groups and Mrs Ibell held a coffee morning and donated a welcome £161. MRS CAVEILL held a Whist Drive in Pitstone and sent us £55.
- The HEATH SINGERS spread the Christmas spirit performing in three Concerts in Flackwell Heath and donated a fantastic £500.
- MRS SALLY TAYLOR opened her home and sold greetings cards and clothes and raised £115.
- Sale of the 'Cameo in Watercolours' CD raised a fantastic £634. A big thank you to MARGARET BARNARD, JOHN FOX and KEN HARRATT for producing this CD in aid of the Iain Rennie Hospice at Home.
- We would like to thank MRS C SKINGLEY who has, to date, raised £900 by selling cakes, jam and marmalade to the customers of Church Coffee Shop in Castle St High Wycombe. (Best cup of coffee in town! 9.30am - 12.30pm)
- WAVERLEY WINES & SPIRITS in Hemel Hempstead kindly donated £243 raised through a raffle at their Staff Christmas Dinner. MENTMORE FOODS also held a raffle and sent a gift of £50 and PINKS FLORISTS brought a bit of love into our lives by holding a Valentine Raffle raising £50. MARINA OFFICE SUPPLIES sent £63 and AGRICULTURAL CENTRAL TRADING LTD £50. ADDO, a company created under the Young Enterprise Scheme and run by Luke Baker of J F Kennedy School, raised over £100 for us.
- Masonic support included CESTREHAM LODGE and NESTOR LODGE both donating £100 and DACORUM LODGE £200. We also received donations of £500 each from HEMELHEMSTEDE LODGE and EVENING STAR LODGE.

Hyatt Studios

are proud to offer
a very special summer invitation
in association with
IAIN RENNIE HOSPICE AT HOME

When you make a donation of £20
we will give you a family studio
experience and gramed gift portrait
worth £95 with our compliments.



Call Jane on 01442 824747
to make your donation
and book your portrait sitting

WOULD YOU LIKE TO SUPPORT AND GUIDE THE WORK OF THE IAIN RENNIE HOSPICE AT HOME?

Your opinions are important to us and help us to
plan the future of the Hospice At Home.

We have two consultation groups:

IRHH COMMUNITY CONSULTATION GROUP

whose 12 members are
bereaved carers and
volunteers. We meet quarterly
in the evening for 1½ hours.

IRHH PATIENT THINK TANK

whose 10 members are
patients and current carers.
We meet 3 times a year in
the afternoon for 1½ hours.

Both groups meet in Amersham to discuss and comment on a wide variety of topics given to us by the Iain Rennie nurses, fundraisers and administrators. The feedback we give provides valuable guidance and helps to improve the service that the IRHH provides. Any out of pocket expenses will be covered and we would love to welcome you to either of our lively groups.

For further information please contact Sarah Wallington-Smith
sarahw-s@irhh.org on 01442 890222

JIGSAW INFORMATION SESSIONS

If you want to find out more about how the IRHH works, then come along to one of our Jigsaw Information Sessions. In an afternoon you will find out how the service was established, how the nurses work, how the IRHH is funded and what we believe in. In short – how the Iain Rennie Jigsaw pieces fit together! Anyone interested in the work of our Hospice at Home is welcome. The next session will be on 29th September in

Tring. If you would like to attend please contact Emily Smith on 01494 877200 or email esmith@irhh.org to book a place.

COMMENTS FROM JIGSAW ATTENDEES

"I found whole afternoon very helpful and informative"

"I learnt about all aspects of the Iain Rennie organisation"

"Congratulations to all on a very useful afternoon"



HIGH WYCOMBE AND AMERSHAM FUNDRAISING GROUP

Christmas Markets in Holland & Germany

Mon 1st - Thurs 4th December 2003

Your Holiday Price Includes:

- Return Coach travel from various joining points in Bucks.
- Return ferry from Dover to Calais.

Half board, to include:

- Buffet Breakfasts.
- Rooms with Private Facilities.
- All gratuities.
- Excursion to Aachen Christmas Market and Cathedral.

Not included:

- Single room supplement £36.
- Personal Travel Insurance £18.
- Meals and drinks en route.

**Cost:
£174**

For a full itinerary please contact:
Christine Nisbet, Pipers Haunt, Sandpits Lane,
Penn, High Wycombe, Bucks. HP10 8HD
Telephone: 01494 812458
or download a copy from: www.irhh.org

HIDDEN TALENTS

In the first of a series of articles which looks at volunteers whose contribution may easily go unnoticed, Amanda King meets IRHH's webmaster and IT expert, MIKE TANT

Seated in the study of his delightful home, tucked away in a sleepy Buckinghamshire village, Mike Tant is very much a hidden volunteer. Yet, whether you are an IRHH patient, relative, donor, supporter, employee, volunteer or simply on the Doorstep mailing list, you will have benefited from his immense contributions to IRHH's computing function.

"My involvement with Iain Rennie started when the nurses looked after my first wife in 1993-4 and gave bereavement support to me and the boys, who were then aged 17 and 21 years," Mike remembered. "In 1994, Robert Breakwell joined the organisation and wanted help with computerising IRHH's systems. Since I have a background in computing, and had just taken early retirement, he asked me if I would become involved. I had time on my hands and wanted to put something back in return for all the help we had received. So it was all a happy coincidence."

"Back then, information was stored all over the place and Robert decided to consolidate everything onto one large contacts database." Mike smiled ruefully. "I still remember my very first meeting with Robert. As I left, he gave me an armful of computer manuals and it was then that I realised this was serious!"

Since then, Mike has contributed many thousands of hours to IRHH and the



Mike Tant Master of the Web

database he set up has grown into a vital tool holding information on each of the IRHH's 15,000 fundraisers, supporters and friends. The level of detail held, and the user-friendly nature of the database, allows IRHH to communicate with all their many contacts in a highly individual, yet economical, manner, despite the vast numbers involved.

One example is the mailing of this magazine, Doorstep. "When the system prints out Doorstep's mailing labels, we programme it to print them in postcode order which gives us a big discount on postage costs. It also automatically sorts out those that can be delivered by hand" Mike noted. "Also, some people prefer only to receive the Christmas edition and, because this information is recorded on

the database, those individuals are saved from the frustration of receiving unwanted editions and IRHH saves unnecessary printing and postage costs."

Mike also looks after Iain Rennie's website, www.irhh.org. "The main thing with a website is to get people to revisit regularly." Mike explained, "We do that by keeping it regularly updated so that the information is topical, immediate and up to date. For example, this week we had runners in the Flora London Marathon, held on Sunday. On Monday, Robert sent me copy and a selection of digital photographs and by Wednesday I had laid the article out and posted the story up on the web. Very quickly, the runners could tell their friends that the pictures were up there and it just encourages more people to log on and have a look."

Mike continued, "Although my involvement as a volunteer with Iain Rennie started largely as a means to pay something back, it has turned out to be stimulating in its own right: an intellectual challenge where I have had the opportunity to learn new skills and put them to good use."

The Iain Rennie organisation, its patients, families, friends and supporters, can only be thankful for Mike's enthusiasm and commitment. He may be hidden, but Mike's impact has been immense and is very much appreciated.

IRHH CHURCH LINKS

Could you help us by keeping your congregation up to date with news from the IRHH? We have a growing number of Church Links who put up posters, replenish leaflets and generally act as a point of contact for church members on behalf of the Hospice At Home. If you can help, please contact Rozina Ahmad rahmad@irhh.org on 01442 890222.

MOBILE INFORMATION UNIT

Our new volunteer MIU Co-ordinator, John Clark, would love to hear from anybody who can spare a few hours to either tow or man the unit as it begins its 2003 programme of events. Call John jclark@irhh.org on 01442 890222.

JOIN TRING'S FRIENDLY RECEPTION TEAM

Can you spare a half day a week to join our team of volunteer Receptionists at our Tring office? Our excellent team has a couple of vacant slots and would also benefit from a couple of people who would help cover holidays and absences. If you are interested, contact Delia Orbell dorbell@irhh.org on 01442 890222 or call in to our Western Road office.



Saturday 24th May

Sally Williams' Annual Garden Sale Council Green, Beaconsfield
From 8.00am until 1.00pm
Sales of plants, jams, cakes etc.
All welcome

Rotary Club of Burnham Beeches 12th Annual Donkey Derby
Burnham Park, Burnham
12 noon until 5.00pm - all Welcome

IRHH Aston Clinton Fundraising Group IRHH Stall at Wilstone Village Fete
Wilstone, near Tring
2.00pm - All welcome

Thursday 29th and Friday 30th May

Flanders & Swann Drop Another Hat A revival of Flanders & Swann songs in the company of Michael Bernstein and Colin Stevens. Live recording
Pendley Court Theatre, Station Road, Tring
8.00pm

Tickets £10.00 (payable to "Tring Festival Company") from Michael Edmunds Insurance Brokers, 2 Church Yard, Tring on 01442 824673/4 or call IRHH on 01442 890222

Saturday 31st May

Book Browse
Anglican/Methodist Church Hall, Tring
10.00am to 4.00pm
Iain Rennie's famous sale of bargain books, records, CDs and tapes. Refreshments and live music from Patrick Gibson and Archie Eager and Mike Burnett from Jazz and Blues combo, "Toad"!
20p admission at the door

Sunday 1st June

Filmscape
The Swan Theatre, High Wycombe
Performances 6.00pm and 8.30pm
The Jackie Palmer Stage School presents "Filmscape". Students of all ages will be joined by West End artists for an evening of music and dance
Tickets £10.00 all seats from the Swan Box Office on 01494 512000

Tuesday 3rd June

IRHH High Wycombe & Amersham Fundraisers Market Stall at Amersham Market
8.00am - 12 noon - All welcome

Saturday 14th June

IRHH High Wycombe & Amersham Fundraisers Sunflower Saturday
All Saints Church, High Wycombe
9.00am - 12.30pm
Fun for everyone - All welcome

Sunday 15th June

Cheddington WI Cream Teas in the Garden
48 High Street, Cheddington
3.30pm - 6.00pm
Cream Teas £1.50 - All welcome

Wednesday 18th June

Tring Running Club Tring Midsummer Fun Run
Tring Park Cricket Club, Tring
Runners of all ages are invited to join us for this increasingly popular event with special guest Peter Drury, Premiership and World Cup commentator
Call 01442 890222 for details or visit www.irhh.org

Friday 20th to Sunday 22nd June

Great Missenden Craft Fair
IRHH Mobile Information Unit will be attending.
10.00am - 5.00pm - All welcome

Friday 27th June

Beaconsfield Fundraising Group A Midsummer Night's Ball
Hall Barn, Beaconsfield
Black Tie. Supper menu by Andrew Clark (caterer to the Queen at Henley) with dancing to the highly recommended band "Innovations"
Champagne Reception 7.30pm. Carriages 1.00am
£75.00 per ticket or £750.00 per table. Please contact Mary Bischoff, 9 Westfield Road, Beaconsfield, Bucks HP9 1EG. Tel No. 01494 671441.

Saturday 28th June

IRHH Aston Clinton Fundraisers IRHH Stall at Wigginton Fete
Wigginton, Nr Tring
12noon - All welcome

Beaconsfield Lions Club

Donkey Derby
St Mary & All Saints Combined School, Maxwell Road, Beaconsfield
2.00pm
IRHH Mobile Information Unit attending
All welcome

Saturday 5th July

IRHH High Wycombe & Amersham Fundraisers An Evening with Terry Lightfoot & his Band
Lancaster Arts Centre, Wycombe Abbey School, High Wycombe
Performances at 2.30pm and 7.30pm
Picnic by the lake and then enjoy an evening of Jazz with Terry Lightfoot and his Band.
Call 01494 812458 for further details.

Friday 11th - Saturday 19th July

Pepper Events Ltd presents Pepper's Rock Circus
Performances:
Friday 11th July gates open 6.30pm. All tickets £15.00
Saturday 12th July gates open 1.00pm. Tickets £12.00 and £7.00 (concessions)
Saturday 12th July gates open 6.30pm. All tickets £17.50
Wednesday 16th July gates open 6.30pm. Tickets £12.00 and £7.00 (concessions)
Thursday 17th July gates open 6.30pm. Tickets £12.00 and £7.00 (concessions)
Friday 18th July gates open 6.30pm. All tickets £15.00
Saturday 19th July gates open 6.30pm. All tickets £17.50
Tickets from Acorn Pharmacy, High Street, Berkhamsted. Pepper Ticket Hotline (from 9th June) 01442 877292

Sunday 13th July

Hemel Hempstead Carnival
12.00noon - 6.00pm
Gadebridge Park, Hemel Hempstead
Stalls & entertainment. IRHH MIU will be there
All welcome

Friday 18th July

IRHH Aston Clinton Fundraisers IRHH Stall at Charity Market
Church Square, Tring
From 9.00am - All Welcome

Sunday 20th July

Thames Traditional Boat Rally Champagne Reception, 3 Course Lunch & Afternoon Tea in a private marquee plus River Cruise
Sponsored by the Michael Shanly Group
Tickets £55 or £550 for a table of 10
Contact Steve Grudgings sgrudgings@irhh.org on 01442 890222 for details.

Wednesday 23rd July

Hazel Connor's Ploughman's Lunch
15 Stepnells, Marsworth, Tring
12.noon - 2.00pm
Once again we are delighted to extend an invitation from Hazel Connor to join her for lunch in aid of IRHH
Tickets (on the door) £6.00 including Ploughman's Lunch and a glass of wine.

Sunday 27th July

Cheddington WI Cream Teas in the Garden
8 Mentmore Road Cheddington
3.30pm - 6.00pm
All welcome

Saturday 16th August

IRHH Aston Clinton Fundraisers IRHH Stall at Aston Clinton Horticultural Show
Aston Clinton School, Twitchell Lane
2.00pm
All welcome

Saturday 23rd to Bank Holiday Monday 25th August

Tring Craft Fair
Tring Park Mansion, Tring
10.30am-6.00pm
IRHH Mobile Information Unit will be attending
All welcome.

Bank Holiday Monday 25th August

The John Howard Fun Day
Gadebridge Park, Hemel Hempstead
12.00pm-5.00pm
A great day out for all the family.
All welcome

Thursday 28th August

Bucks County Show
Weedon Park, Nr Aylesbury
9.00am - 6.00pm
IRHH Mobile Information Unit will be attending
All welcome

Tuesday 16th September

Charity Auction of Paintings
Reading Room, Chalfont St Giles
Viewing commences at 5.00pm on Tuesday 16 September 2003 and the auction takes place at 8.00pm. All proceeds to the IRHH.
Painting Challenge - The Greengage Gallery announces a Painting Challenge and September Charity Auction to anyone living in Bucks postal area. In any style, with any material, paint a "Sporting Moment" depicting an event taking place during this Summer.
Further queries please contact Peter Goodchild on 01494 876855 at The Greengage Gallery

Friday 26th September

IRHH Aston Clinton Fundraisers IRHH Stall at Charity Market
Church Square, Tring
From 9.00am - All welcome

Friday 10th October

The Mayor of Dacorum's Charity Wine Tasting Evening
The Gade & Bulbourne Rooms, Civic Centre, Marlowes, Hemel Hempstead
7.300pm
Hosted by the Mayor of the Borough of Dacorum. Wines and Champagnes selected for the BP Beaujolais Champagne Challenge 2003 will be available to taste and order.
Tickets £5.00 from the IRHH office on 01442 890222

Saturday 11th October

Berkhamsted Lions Community Fair
Berkhamsted Town Hall
9.00am-1.00pm
Information displays from local voluntary and charitable groups. IRHH will be there!
All welcome.

Sunday 12th October

Forno Vivo Charity Gourmet Night
Forno Vivo, The Old Post Office, 65 High Street, Tring
Enjoy a great 3 course dinner plus coffee at Tring's most popular restaurant with the entire ticket price coming to IRHH. Book early to avoid disappointment.
£30.00 per person. Please telephone Forno Vivo on 01442 890005 to book or call IRHH on 01442 890222.

Saturday 25th October

IRHH High Wycombe & Amersham Fundraisers Wildlife Talk
Coleshill Village Hall
7.00pm - 11.30pm
5th Annual Nature Talk: an event not to be missed. This year the guest speakers will be Robert Strachan whose speciality is water voles and Alastair Mackay who will talk about the London Wet Lands Centre.
Details from Christine Nisbet on 01494 812458

Saturday 15th November

IRHH High Wycombe & Amersham Fundraisers Musical Evening at Penn House
Penn House, Penn Street
7.00pm - 12.00midnight
An evening with Michael Dewis (Baritone) and Belinda Yates (Soprano) Raffle and IRHH merchandise.
Tickets £35.00 from Christine Nisbet on 01494 812458

Street Collections 2003

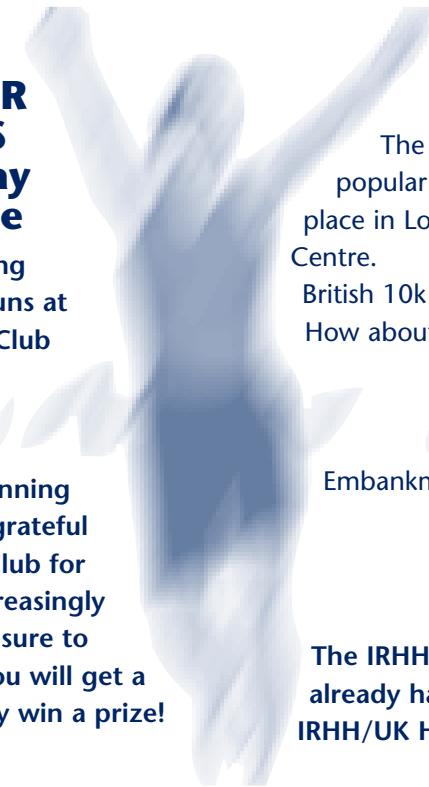
We had a brilliant response to our request for help with this year's street collections although extra collectors are always needed. If you can spare an hour, contact Steve Grudgings sgrudgings@irhh.org on 01442 890222. Amersham collection raised £463 - up more than £100 on 2002 and a collection at Sainsbury's in Beaconsfield produced £1,067.

6th June	Princes Risborough
28th June	Kings Langley, Aylesbury and Wendover
12th July	Berkhamsted
26th July	Chesham
6th September	Chorleywood
13th September	Gerrards Cross*
4th October	Farnham Common, Chalfont St Giles & Chalfont St Peter
25th October	Beaconsfield*
18th October	Little Chalfont
6th December	Collection at Tesco, Loudwater, High Wycombe

*Please note change of date.

TRING MIDSUMMER FUN RUNS Wednesday 18th June

The 3rd annual Tring Midsummer Fun Runs at Tring Park Cricket Club will be a great opportunity for runners of all ages to enjoy a great running occasion. We are grateful to Tring Running Club for organising this increasingly popular event. Be sure to join us this year; you will get a medal and you may win a prize!



FLORA LIGHT CHALLENGE FOR WOMEN - Sunday 14th September

The search is on for runners for the increasingly popular Flora Light Challenge for Women, which takes place in London's Hyde Park and Birmingham City Centre.

British 10k London – Sunday 13th July

How about a nice gentle 10K run (only 6 miles) around some of the best streets in Central

London? The course starts at Hyde Park Corner and takes in Trafalgar Square, the Houses of Parliament,

Embankment, St Paul's Cathedral before finishing opposite the London



NEW YORK MARATHON Sunday 2nd November

The IRHH has guaranteed places in this world class event and we already have one runner travelling to the Big Apple as part of the IRHH/UK Hospice team.

**For further information about any of these events, contact Tony Yates
tyates@irhh.org on 01442 890222**

BEAUJOLAIS CHAMPAGNE CHALLENGE BOOSTS WYCOMBE MAYOR'S APPEAL



The Mayor of High Wycombe, Ian McEnnis, is set to end his year as Mayor on a high following a series of substantial donations. The biggest boost to his appeal has come following his participation in the BP Beaujolais Champagne Challenge which raised an amazing

£28,000. Donations of £8,900 from the Wycombe Court Help Desk and £1,500 from the Rhyme & Reason group, which produces an annual poetry anthology, put the appeal on target to raise well over £50,000 for us.

ROLL UP FOR PEPPER'S ROCK CIRCUS!

SGT PEPPER'S 15TH SUMMER CONCERT hits Berkhamsted for only 7 performances this July at the Collegiate School all in aid of the Pepper

Nursing Service and other sick children's causes.

There'll be 4 stupendous Pepper bands, 21 fantastic vocalists, 122 exhilarating members of Pepper Youth and the phenomenal Mr Kite fully supported by a team of jugglers, acrobats, Blue Angel Majorettes and of course the Flying Elvis's!

Tickets go on sale on Sunday 8th June at Berkhamsted Town Hall from 10am to 12noon and "What's On" lists full details of performances and ticket prices.



**THE
IAIN RENNIE
HOSPICE
AT
HOME**

REGISTERED CHARITY 297847

Caring for patients across the Chilterns

Head Office

52a Western Road, Tring, Hertfordshire HP23 4BB
Telephone 01442 890222 Fax 01442 891276
Email info@irhh.org

South Bucks Office

Gillian King House, Hodgemoor View, Three Households,
Chalfont St Giles, Buckinghamshire HP8 4LS
Telephone: 01494 877200 Fax: 01494 875820
Email: gkhouse@irhh.org

Visit our website www.irhh.org



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