



The Iain Rennie Hospice at Home Parachute Jump Information Sheet



Help us raise funds by making an exhilarating 10,000 feet tandem freefall parachute jump. No experience is required and you can jump on any weekend of the year from Weston Airfield near Bicester.

1) Why jump for The Iain Rennie Hospice at Home?

The Iain Rennie Hospice at Home (IRHH) is a registered charity that provides specialist palliative nursing care at home to patients with terminal illnesses in the Chiltern region of Hertfordshire and Buckinghamshire. We care for around 850 patients each year and our service is free of charge to patients and their families. This year our budget is £3.2m and with less than 16% of this coming from the NHS we rely heavily on the generosity of our supporters who are kind enough to fundraise for us.

2) Why a Tandem Skydive?

Tandem skydiving is the best way to experience the thrill of freefalling from 10,000ft whilst strapped to a qualified instructor giving you the peace of mind of having someone else in total control whilst you enjoy the view!

The whole experience from take off to landing is about 25 minutes. You will experience 40 seconds in freefall and you will have approximately 5 minutes under the parachute. Just imagine freefalling at 120mph, even falling past or through clouds, it's just like flying! When the canopy opens you might even be allowed to help with the steering, all under the guidance of your tandem master or just simply enjoy the beautiful scenery of Oxfordshire. There is no better feeling than skydiving from an aeroplane especially when you are raising money for The Iain Rennie Hospice at Home!

3) Am I eligible to Skydive?

Tandem skydiving is available to anyone over the age of 16 (parental consent is required if you are under 18). Anyone aged 40 and over will require a doctor's certificate to be signed and stamped. The maximum weight for a tandem jump is 15 stone.

The principal medical restrictions for a parachute jump are diabetes, epilepsy, fits, recurrent blackouts, heart or lung disease, mental illness and some cases of asthma however you will be required to sign a medical form prior to the jump which you will be sent on booking a jump

Pre-existing physical conditions will not necessarily prevent you from taking part but please contact us to discuss any concerns you have on 01442 890222 / fundraising@irhh.org

4) How much will it cost?

Option A: Self-funded

£50 deposit (on booking), £160 to the airfield (on the day), pledge to raise £130 sponsorship for IRHH (after the jump)

Through this funding option the participant will fund the cost of the parachute jump through their personal funds and will pledge to raise at least £140 in sponsorship for IRHH

Option B: Minimum Sponsorship

£50 deposit (on booking), £160 to the airfield (on the day), pledge to raise £130 sponsorship for IRHH (after the jump)

Through this funding option the participant will raise sponsorship to cover the cost of their jump and the pledged sponsorship amount of £140 to The Iain Rennie Hospice at Home.

Option C: Group Rate

If you can gather together a group of 5 - 10 friends to jump, we may be able to negotiate a discounted rate for your group - please call IRHH Fundraising to discuss this further on 01442 890222.

5) Photography

You can also purchase a DVD of your jump on the day to keep as a memento and show your friends and family which will cost approximately £100 which can be paid by cash or cheque only to the cameraman.

6) Do I need insurance?

Personal insurance is not required as you will be covered by the airfield's 3rd party insurance cover however you will NOT be covered for personal injury. If you do choose to take out insurance contact your own insurance broker or visit The British Parachute Association website for advice: www.bpa.org.uk/insurance

I've caught the bug! How do I book a jump?

Simply complete the enclosed booking form and return it to the address on the form along with your booking deposit of £50 then we will get up you up in the air in no time!